Selective serotonin reuptake inhibitors (SSRIs) versus other antidepressants for depression (Review)

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ABSTRACT

Background

The relatively new class of antidepressant, the selective serotonin reputake inhibitors (SSRIs), may be better tolerated than the older tricyclic antidepressants. This review compares the efficacy of SSRIs with other antidepressants.

Objectives

To examine the relative efficacy of selective serotonin reuptake inhibitors (SSRIs) compared to other antidepressants.

Search strategy

The search strategy included a search of (a) Electronic bibliographic databases (MEDLINE, EMBASE); (b) reference lists of related reviews (c) reference lists of all located studies (d) contact with the manufacturer and (e) the Cochrane Group register of controlled trials

Selection criteria

Randomised controlled trials comparing selective serotonin reuptake inhibitors with other kinds of antidepressants in the treatment of patients with depressive disorders. The outcome measures assessed included measures of the severity of depression.

Data collection and analysis

Data were collected from each study the main outcome measurefrom each study. These included: mean Hamilton depression rating scale, mean Montgomery & Asberg depression rating scale, Clinical Global Impression rating scale. An analysis of standardised mean difference of these scales was performed using Review Manager 3.1 software. The presence of heterogeneity of treatment effect was assessed

Main results

Ninety-eight trials contributed data to the analysis of the relative efficacy of SSRIs and related drugs with comparator antidepressants (Figure 3 & Appendix 3). Analysis of efficacy was based upon 5044 patients treated with an SSRI or related drug, and 4510 treated with an alternative antidepressant. The standardised effect size for SSRIs and related drugs together versus alternative antidepressants using a fixed effects model was 0.035 (95% CI -0.006 to 0.076; Q = 149.25, df = 97, p < 0.001).

Authors' conclusions

There are no clinically significant differences in effectiveness between selective serotonin reuptake inhibitors and tricyclic antidepressants. Treatment decisions need to be based on considerations of relative patient acceptability, toxicity and cost.

PLAIN LANGUAGE SUMMARY

The efficacy of a new group of antidepressants (selective serotonin reuptake inhibitors-SSRIs), were compared to other tricyclic antidepressants (TCAs) for the treatment of depressive illness.

Ninety-eight randomised comparative trials were undertaken, where neither the patient nor the treating doctor knew which treatment was being given. This method provides the best estimates of treatment effect. Pooling the results from the trials, no clinically significant differences in efficacy were found between SSRIs and tricyclic antidepressants. Thus, the researchers suggest that treatment decisions between the two types of drug are to be based on considerations of drug toxicity, patient acceptability, and cost.

BACKGROUND

The development of a new and innovative group of antidepressants, the selective serotonin reuptake inhibitors, led to considerable interest in their relative effectiveness and efficiency in the treatment of depressive illness (EHC 1993; Song 1993 ; Freemantle 1994; Montgomery 1994; Montgomery 1994; Jonsson 1994; Owens 1994; Harrison 1994; Anon 1993; Anderson 1996; Hotopf 1996). Depressive disorders are common, affecting 5% of people seen in primary care settings in the UK (Blacker 1988). Depressive disorders are the fourth most important cause of disability world wide and are expected to become the second most important cause by 2020 (Murray 1997a; Murray 1997b). For the majority of people episodes of depression are short lived, but a minority experience a range of severe psychological and biological symptoms which may persist. Depression is one of the most common single reasons for attending a general practitioner and the majority of depressed people who receive treatment do so in the primary care setting (Goldberg 1992).

Although the relative tolerability of antidepressants has been examined by a number of investigators in meta analyses the issue of relative efficacy has received little attention (Song 1993). While it appears that SSRIs may be better tolerated than tricyclic antidepressants (Anderson 1996), it is not clear whether this may be at the cost of reduced efficacy (Song 1993).

OBJECTIVES

The objective of this review is to examine the relative efficacy of SSRIs compared to other antidepressant drugs. The main hypothesis to be tested is that SSRIs are more effective than alternative antidepressants.

CRITERIA FOR CONSIDERING STUDIES FOR THIS REVIEW

Types of studies

High quality randomised comparative trials that are conducted double blind (i.e. where neither the patient nor treating health professional knows which treatment is given) provide the best estimates of treatment effect of different pharmaceuticals as they enable comparisons to be made across groups that differ only in the exact compound ingested, and the play of chance. One investigation of the effects of blinding in systematic reviews found a 17% difference in the effect size between double blind and unblinded studies (Schulz 1995). The comparison of effects across trials (e.g. between two separate placebo controlled trials of different pharmaceuticals) is open to substantial bias, and unlikely to provide reliable estimates of treatment effect (Pocock 1983). Therefore, only double blind randomised controlled trials that compare directly an SSRI or related drug and a different antidepressant in the treatment of depression were included.

Types of participants

Patients suffering from major depressive illnesses diagnosed according to explicit criteria in a range of health care settings (primary/secondary/ inpatient/outpatient). This review focuses on the studies examining efficacy in uncomplicated major depressive disorder. In general studies in this area exclude patients with significant comorbidity. Although the reviewers did not plan a priori to exclude any age group, the majority of studies in this area focused on the 18-65 age group

Types of intervention

Trials were selected that directly compared a selective serotonin reuptake inhibitor (SSRI) or related drug and a different antidepressant.

Types of outcome measures

The main outcome measures used for the review were those used by the majority of studies as the primary endpoints. These included: mean Hamilton depression rating scale, mean Montgomery & Asberg depression rating scale, Clinical Global Impression rating scale.

SEARCH METHODS FOR IDENTIFICATION OF STUDIES

See: methods used in reviews.

a) Primary research

Electronic bibliographic databases was searched using optimally sensitive search terms:

1. text word '<SSRI drug name>' in title or abstracts without language restrictions in MEDLINE (from 1966-1998). Animal studies were excluded.

2. text word '<SSRI drug name>' across the basic index fields without language restrictions in EMBASE(from 1974-1998).

All studies that appeared to meet our entry criteria on the basis of the title and abstract were located and assessed. Where data necessary for the analyses or describing the context of a trial were not reported, the study authors were be written to, with reminders sent to non-responders after approximately one month.

(b) Secondary research

Reviews of related topics as a potential source of additional citations were identified.

(c) Citation lists

The reference lists of all located articles were checked for relevant references.

(d) Manufacturer

The manufacturers of all available SSRIs were contacted - data from any additional unpublished studies was requested.

(e) Cochrane Group Register of Trials

The Cochrane Group's register of trials was searched using the phrase '<SSRI drug name>'

METHODS OF THE REVIEW

DATA COLLECTION

In addition to including only randomised comparative double blind trials, the quality of included studies was assessed by NF primarily through the assessment of concealment of allocation during the randomisation process (Schulz 1995). Deviations from study protocols (such as inclusion of different patients from those stated in the protocol) is reported in the included trials table. Where studies are so compromised by faults in design or implementation (such as lack of randomisation) these were excluded from the analysis, and details reported in the excluded trials table.

Data were collected directly onto a computer database from each study using a checklist of items derived for this purpose. Questions include: mode of randomisation, comparison made, country, number randomised to each group, number discontinuing trial before end of treatment protocol, mean and standard deviation of main depression outcome scale for each patient group, setting of care (e.g. inpatient), planned age range.

STUDY QUALITY

The main quality criteria noted was reporting of the concealment of random allocation, which has been found to be related to study effect (Schulz 1995). Studies were given a quality rating ranging from C

(poorest quality) to A (best quality). C = inadequately concealed (e.g. via alternation or reference to an open random number table). B = no adequate details about how the randomisation procedure was carried out were given a rating of B. A = trials that were reported to have taken adequate measures to conceal allocation (e.g. serially numbered, opaque, sealed envelopes; numbered or coded bottles or containers).

DATA SYNTHESIS

An analysis of standardised mean difference of the primary study outcome measure (Cochrane Handbook 1996) was performed using Review Manager 3.1 software. The presence of heterogeneity of treatment effect was assessed using the Q statistic which approximates the chi square statistic with n - 1 degrees of freedom (DerSimonian 1986). A fixed effects model was used as the primary analysis, unless substantial heterogeneity was discovered in which case a random effects model was used as the primary analysis. The robustness of findings to the analysis used was assessed through sensitivity analyses.

Although the primary analyses examined comparisons between SSRIs and both tricyclic and other more recently developed drugs, we also undertook sensitivity analyses of this approach to determine the robustness of the analyses to the assumptions made, particularly limiting the comparison group to tricyclics.

DESCRIPTION OF STUDIES

We identified 126 studies, of which 98 contributed usable data for this review. The majority of the studies were small, phase three, double-blind randomised controlled trials. The duration was short - rarely longer than 6 weeks. There were 38 studies comparing fluoxetine to other antidepressants, 25 studies investigating the effectiveness of fluvoxamine, 8 studies on citalopram, 2 studies on nefazodone, 18 on paroxetine, 4 on venlafaxine and 4 on sertraline. Comparator antidepressants used in the trials included amineptine (1 study); amitriptyline (23 studies); clomipramine (12 studies); desipramine (2 studies); dothiepin (3 studies); imipramine (23 studies); lofepramine (1 study); maprotiline (6 studies); mianserin (8 studies); moclobemide (8 studies); trazodone (3 studies).

The majority of studies used on or other version of the Hamilton rating scale although the Mntgomery-Asberg and Clinical Global Impression scale were also used in a small minority of studies.

Out of a total of 7032 (27.7%) treated with an SSRI or related drug, 1948 patients dropped out of a trial prematurely, compared with 2072 treated with an alternative antidepressant out of a total treated of 6334 (32.7%); relative risk 0.87 (95% CI 0.80 to 0.95). That is a pooled risk difference using a random effects model of 4.1% (95% CI: 1.5% to 6.8%; Q = 376.95, df = 122, p < 0.0001) in absolute rate of drop-out (North of England Guidelines, in press).

METHODOLOGICAL QUALITY

Description of concealment of allocation was rated as B in all studies. We are currently obtaining the unpublished company reports for the trials - those we have obtained so far suggest that an adequate method of centrally concealed allocation was often used. Our findings will be reported in a future version of this review.

RESULTS

Comparative Efficacy

In the analyses, negative standardised mean differences (falling to the left of the midline) favour SSRIs. Positive standardised mean differences favour the alternative.

Ninety-nine trials contributed data to the analysis of the relative efficacy of SSRIs and related drugs with comparator antidepressants. Analysis of efficacy was based upon 5044 patients treated with an SSRI or related drug, and 4510 treated with an alternative antidepressant. The standardised effect size for SSRIs and related drugs together versus alternative antidepressants using a fixed effects model was 0.035 (95% CI -0.006 to 0.076; Q = 149.25, df = 97, p < 0.001).

This result was fairly robust to the assumptions on inclusion: the standardised effect size for SSRIs alone compared with tricyclics was 0.030 (95% CI -0.018 to 0.092; Q = 88.64, df = 66, p = 0.03). Results were also robust to the type of analysis used, with a standardised effect size for SSRIs and related antidepressants versus alternative antidepressants using a random effects model of 0.046 (95%CI -0.010 to 0.103), and the standardised effect size for SSRIs alone versus tricyclic antidepressants of 0.044 (95% CI -0.020 to 0.107). There was therefore no evidence of statistically or clinically significant differences between the drugs.

Analysis of the comparative efficacy of SSRIs and tricyclic antidepressants in inpatients (judged likely to be a more severely affected group) provided a slightly larger estimate of effect favouring tricyclic antidepressants, though this may be explained merely by chance. The overall estimate of effect in this grouping of studies (using a random effects model) was 0.10 (95% CI: -0.072 to 0.272; Q = 49.1, df = 22, p = 0.0008), equivalent to about one Hamilton Depression Rating Scale point.

We undertook further analyses comparing the 5 SSRIs currently licensed in the UK (citalopram, fluoxetine, fluvoxamine, paroxetine, sertraline) as a group, with individual alternative antidepressants. Twenty-three trials compared an SSRI with amitriptyline, and 23 with imipramine. The pooled standardised effect size for SSRIs versus amitriptyline was 0.057 (95% CI -0.027 to 0.140: Q = 21.03, df = 22, p = 0.49 - fixed effects), and for SSRIs versus imipramine was -0.040, (95% CI -0.126 to 0.046: Q = 25.47, df = 21, p = 0.227 - fixed effects).

Comparative efficacy data of last observation carried forward (closest to intention to treat, since the last available data from patients contributes to the final result, regardless of completion of the full trial period) were available only for 18 out of 64 trials of SSRIs versus tricyclics (these trials contributed nearly half of the statistical information in the meta analyses). Three studies had to be excluded from this analysis because it was not possible to detect if their analyses were last observation carried forward of endpoint. Although in some ways preferable to endpoint analysis, as all patients with some outcome data available contribute to the analysis, the results by last observation carried forward are confounded by the substantial improvement over time experienced by all patients regardless of treatment allocation, and the small systematic difference in treatment tolerability between SSRIs and related drugs and older antidepressants. These results are also further confounded when using a dimensionless outcome, as standardised effect sizes are based upon the trial variance which may be increased in those trials where a mixture of endpoints measured at different times in treatment are used. Consequently, we further analysed trials grouped by method of analysis (e.g. endpoint or last observation carried forward), and found a possible, but non-significant trend towards a greater effect in trials analysed by endpoint: standardised effect size 0.011 (95% CI -0.060 to 0.081: Q = 22.48, df = 17; p = 0.167) for last observation carried forward versus 0.045 (95% CI -0.023 to 0.113: Q = 55.74, df = 45, p = 0.13) for endpoint (see Figure 5). Thus, it is likely that high drop-out in the last observation carried forward trials (intention to treat) has lead to an underestimate of the true treatment effect at a common time period.

The sub-analysis comparing SSRIs with sedating (standardised mean difference 0.058; 95% CI -0.012 to 0.128) and non-sedating tricyclic drugs (standardised mean difference 0.005; 95% CI - 0.080 to 0.090) revealed no clinically important effects.

In view of the substantial heterogeneity in the overall principal analysis of SSRIs v. alternative antidepressants, it is noteworthy that the sub-analyses of the individual SSRIs did not reveal any important differences between the drugs.

DISCUSSION

1. Methodological considerations

The majority of studies used continuous measure of depressive symptomatology as the primary outcome measure. It is uncertain how these translate into clinically meaningful measures. Some studies dichotomised the continuous measures into participants who experienced an arbitrary percentage reduction in symptoms. For example, a greater than 50% reduction in the total Hamilton score is often used. We have not used this approach in this review because, apart from being basically arbitrary and of uncertain clinical relevance, this approach sacrifices statistical power. In view of the relatively small differences that it would be realistic to expect between TCAs and SSRIs, we chose to use the most powerful method of analysis to give us a better chance of picking up any small, but clinically significant, differences.

However, there is a need for the use of more clinically meaningful, valid outcome measures in trials of antidepressants. "Hard" outcomes, such as suicide, are probably too rare to use. However deliberate self harm might be feasible to use in some studies, especially

in high risk samples. But other outcomes such as ability to work or admission to hospital are events which may be more clinically meaningful to patients and clinicians. Another approach which has sometimes been used is to count the number of participants who score below a prestated level on the continuous measure (for example <7 on the Hamilton) and to consider these as 'recovered'. The Macarthur Foundation Research Network have proposed an approach to defining remission, recovery, relapse and recurrence in depressive disorder and have also suggested cut points on commonly used scales such as the Hamilton and Beck for rating these events (Frank 1991). This approach may be fruitful because it avoids the arbitrary and relative nature of dichotomising around a percentage reduction.

Despite the large number of comparative trials, the total number of patients randomised is under 10,000. The mean size of each trial is therefore less than one hundred participants. Individually, each trial is underpowered for the purposes of demonstrating equivalence. Furthermore, most trials are very short - usually 6 weeks or less. This review highlights the need for better designed studies in this area. Other studies of the quality of this population of trials have been performed with similar findings (Hotopf 1996). It is possible that long-term differences would emerge in controlled trials of longer duration.

2. Quantitative findings

In the short-term, there does not appear to be a clinically significant difference in the effectiveness of selective serotonin reuptake inhibitors and any of the older antidepressants (including tricyclics such as clomipramine that are sometimes believed to be particularly effective). Treatment decisions therefore need to be based on the relative toxicity of the drugs, their tolerability and side effect profiles, and their costs.

In a separate review, we have used drop-out from trials as a proxy measure for patient acceptability, SSRIs appear to be slightly more acceptable (Eccles 1999). However, the difference is small: about 25 patients would need to be treated with an SSRI compared to an alternative drug to prevent one drop-out. A Cochrane systematic review of the relative drop-out from SSRI and alternative antidepressants is currently underway.

We have not assessed the relative costs of SSRIs and other antidepressants in this review. Previous economic studies (North of England Guidelines Group, in press; Trindade 1997) have concluded that the increased acquisition costs of SSRIs with limited benefit do not justify their routine first-line use. A more cost-effective strategy seems to be to use TCAs as a first-line treatment and to reserve SSRIs for patients in whom TCAs are medically contraindicated, who cannot tolerate them or, perhaps, those who have failed to respond to first-line SSRI treatment.

AUTHORS' CONCLUSIONS

Implications for practice

The main conclusion of this review is that there are no large differences between selective serotonin reuptake inhibitors and tricyclic antidepressants in terms of efficacy in the short-term treatment of depression. It is possible that differences may emerge in the longer term - we plan to investigate this issue in a future review of maintenance phase treatment of depression.

We have not investigated the comparative acceptability to patients and/or tolerability of these drugs in this review. These issues are the subjects of a complementary Cochrane review by Barbui et al (in preparation)

Implications for research

Trials comparing two or more active treatments need to be much larger than the studies that we identified for this review. Primary outcome measures in trials need to be clinically meaningful. In summary, there is a need for large, simple trials with meaningful outcome measures and heterogeneous subjects to ensure that the results are reliable and relevant to as many future patients as possible.

NOTES

This review is currently being updated, and is being split into a number of separate reviews of head to head drug comparisons.

POTENTIAL CONFLICT OF

JG has received research funding and support from Sanofi-Aventis and GlaxoSmithKline and is currently in discussion with several other companies that manufacture SSRIs about collaboration on planned independent trials and systematic reviews.

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TABLES

Study	Ahlfors 1988
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Endpoint
	Active Treatment: 4 weeks
Participants	Inclusion Criteria: 'patients of either sex referred to a psychiatric hospital for a depression requiring treat-
	ment'
	Age: 18-70
	Country: Finland
	Setting: Inpatients & outpatients
Interventions	Citalopram versus mianserin
Outcomes	MADRS*
	Drop Out*

Characteristics of included studies

* includes unpublished data Notes Allocation concealment В Study Amin 1984 Methods Double Blind RCT Concealment of Allocation: Unclear Analysis: Intention to treat Active Treatment: 6 weeks Participants Inclusion Criteria: DSM III R Depression (Major depression single or recurrent episodes, bipolar disorder with or without melancholia), 15+ HMD Age: 18+ Country: Canada, USA, UK, Netherlands Setting: Inpatients & outpatients Interventions Fluvoxamine versus imipramine Outcomes HMD Drop Out Notes Allocation concealment В Study Amore 1989 Methods Double Blind RCT Concealment of Allocation: Unclear Analysis: Not Applicable Active Treatment: 4 weeks Participants Inclusion Criteria: DSM III R Major Depression without psychotic features. 21+ on 21 item HMD Age: 20-70 Country: Italy Setting: Inpatients Interventions Fluvoxamine versus imipramine Outcomes Drop Out Notes Allocation concealment В Study Anonymous 1986 Methods Double Blind RCT Concealment of Allocation: Unclear Analysis: Not Applicable Active Treatment: 5 weeks Participants Inclusion Criteria: HMD 18+ Age: 19-65 Country: Denmark Setting: Inpatients (some with outpatient follow up) Interventions Citalopram versus clomipramine

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Drop Out

В

Outcomes

Allocation concealment

Notes

Study	Anonymous 1988
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Endpoint
	Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III major depressive episode, 17+ HMD
	Age: 16-70
	Country: Wales
	Setting: Inpatients & outpatients
Interventions	Fluoxetine versus dothiepin
Outcomes	HMD
	Drop Out
Notes	
Allocation concealment	В

Study	Anonymous 1990
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Endpoint
	Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R major depressive disorder, 18+ HMD, 9+ Hamilton depression subscale
	Age: 19-68
	Country: Denmark
	Setting: Inpatient
Interventions	Paroxetine versus clomipramine
Outcomes	HMD*
	Drop Out
Notes	*Includes unpublished data
Allocation concealment	В

Study	Ansseau 1994
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Intention to treat
	Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R moderate or severe major depression or bipolar disorder depressed, and 27+
	MADRS
	Age: 24-79
	Country: Belgium
	Setting: Inpatients
Interventions	Nefazodone versus amitriptyline
Outcomes	HMD
	Drop Out
Notes	
Allocation concealment	В
Study	Arminen 1992

Methods Double Blind RCT

	Concealment of Allocation: Unclear
	Analysis: Endpoint
	Active Treatment: 12 weeks
Participants	Inclusion Criteria: DSM III R major depression, 18+ HMD
	Age: 18-70
	Country: Finland
	Setting: Inpatients
Interventions	Paroxetine versus imipramine
Outcomes	*HMD
	*Drop Out
Notes	Includes unpublished data
Allocation concealment	В

Study	Barrelet 1991
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Intention to treat
	Active Treatment: 4 weeks
Participants	Inclusion Criteria: DSM III Major Depression, 18+ points on HMD
	Age: mean 54 years
	Country: Switzerland
	Setting: Inpatients & outpatients
Interventions	Fluvoxamine versus moclobemide
Outcomes	HMD
	Drop Out
Notes	
Allocation concealment	В

Study	Bascara 1989
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Not Applicable
	Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R major depressive episode, 18+ HMD (21 item)
	Age: mean age 33
	Country: Phillipines
	Setting: Not Clear
Interventions	Paroxetine versus amitriptyline
Outcomes	Drop Out
Notes	
Allocation concealment	В
Study	Battegay 1985

Study	Battegay 1985
Methods	Double Blind RCT Concealment of Allocation: Unclear
	Analysis: Intention to treat
	Active Treatment: 6 weeks

Participants	Inclusion Criteria: DSM III R major depressive episode, 20+ HMD Age: 18-60 Country: Switzerland Setting: Outpatients
Interventions	Paroxetine versus amitryptline
Outcomes	HMD* Drop Out
Notes	* includes unpublished data

Allocation concealment B

Study	Beasley 1991
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Intention to treat
	Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III criteria for nonpsychotic major depressive episode for 4 weeks, 20 + HMD(21), >20 HMD 21 at end of wash out period, and less than 20% improvement.
	Age: 18+
	Country: US
	Setting: Outpatients
Interventions	Fluoxetine versus trazodone
Outcomes	HMD (21 item)
	Drop Out
Notes	
Allocation concealment	В

Study	Beasley 1993a
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Intention to treat
	Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III major depressive disorder, 20+ HMD (21 item), no more than 20% decrease in
	HMD during placebo week, Raskin score of at least 8, and higher than covi score
	Age: 18-70
	Country: US
	Setting: Inpatients for at least 3 days
Interventions	Fluoxetine versus imipramine
Outcomes	HMD (21 item)
	Drop Out
Notes	
Allocation concealment	В
Study	Beasley 1993b
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Intention to treat
	Active Treatment: 5 weeks

Participants	Inclusion Criteria: RDC Major depressive disorder, 20+ HMD (21 item), no more than 20% decrease in HMD during placebo week, Raskin score of at least 8, and higher than Covi score Age: 21-70 Country: US & Canada Setting: Outpatients
Interventions	Fluoxetine versus amitriptyline
Outcomes	HMD Drop Out
Notes	

Allocation	concealment	В
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Study	Benkert 1996
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Not Applicable
	Active Treatment: 6 weeks
Participants	Inclusion Criteria: Major Depression DSM III R. 30+ MADRS at baseline & symptoms of depression for
	at least 1 month.
	Age: 18-70
	Country: Germany
	Setting: Inpatients
Interventions	Venlafaxine versus imipramine
Outcomes	Drop Out*
Notes	* Unpublished data
Allocation concealment	В

Study	Bersani 1994
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Endpoint
	Active Treatment: 8 weeks
Participants	Inclusion Criteria: DSM III R, major depression
	Age: 21-69
	Country: Italy
	Setting: Outpatients
Interventions	Sertraline versus amitriptyline
Outcomes	HMD (21 item)
	Drop Out
Notes	
Allocation concealment	В
Study	Besancon 1993
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Endpoint

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Inclusion Criteria: DSM III major depressive episode, 25+ MADRS

Active Treatment: 8 weeks

Participants

	Age: 18-65 Country: France Setting: Outpatients
Interventions	Fluoxetine versus mianserin
Outcomes	MADRS
	Drop Out
Notes	

Allocation concealment B

Study	Bocksberger 1993
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Endpoint
	Active Treatment: 4 weeks
Participants	Inclusion Criteria: DSM III R, major Depression, and 20+ MADRS
	Age: over 65
	Country: Switzerland
	Setting: inpatient
Interventions	Fluvoxamine versus moclobemide
Outcomes	MADRS
	Drop Out
Notes	

Allocation concealment B

Study	Bouchard 1987
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Endpoint
	Active Treatment: 6 weeks
Participants	Inclusion Criteria: 'patients who suffered from a depression which required drug treatment', 15+ on the
	MADRS post wash out
	Age: 18-75
	Country: France
	Setting: Inpatients for at least the first 2 weeks.
Interventions	Citalopram versus maprotiline
Outcomes	MADRS
	Drop Out
Notes	
Allocation concealment	В

Study	Bougerol 1992
Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Intention to treat
	Active Treatment: 4 weeks
Participants	Inclusion Criteria: DSM III R, major depression, 17+ on HMD Age: 18+ Country: Switzerland & France

	Setting: Inpatients & outpatients
Interventions	Fluvoxamine versus moclobemide
Outcomes	HMD
	Drop Out
Notes	
Allocation concealment	В

Study	Bowden 1993
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Not Applicable
	Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R major depressive disorder, 20+ HMD (21) at admission to study, 18+ HMD
	(21) at begining of active treatment phase, less than a 20% decrease in HMD (21) during washout phase.
	Age: 18-60
	Country: US
	Setting: Inpatients & outpatients
Interventions	Fluoxetine versus desiparmine
Outcomes	Drop Out
Notes	
Allocation concealment	В

Study	Bramanti 1988
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Intention to treat
	Active Treatment: 4 weeks
Participants	Inclusion Criteria: DSM III R major depression, 18+ 21 item HMD
	Age: 18+
	Country: Italy
	Setting: Not Clear
Interventions	Fluvoxamine versus imipramine.
Outcomes	HMD 21 item
	Drop Out
Notes	
Allocation concealment	В

Study	Bremner 1994
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Endpoint
	Active Treatment: 5 weeks
Participants	Inclusion Criteria: RDC major depressive disorder, at least 'moderately depressed', 20+ HMD (version unclear), 8+ Raskin and greater than Covi.
	Age: 23-69
	Country: US
	Setting: Outpatients

Interventions	Fluoxetine versus imipramine
Outcomes	CGI
	Drop Out
Notes	
Allocation concealment	В
Study	Byerley 1988
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Endpoint
	Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R major depression of at least 1 month
	20+ HMD (21)
	Age: mean age 39
	Country: US
	Setting: Outpatients
Interventions	Fluoxetine versus imipramine
Outcomes	HMD (21 item)
	Drop Out
Notes	
Allocation concealment	В
Study	Cohn 1984
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Endpoint
	Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III major depression, 18+ HMD, less than 20% reduction in HMD during washout
	period.
	Age: Mean 42
	Country: US Setting: Outpatients
Interventions	
	Fluoxetine versus imipramine
Outcomes	HMD Drop out
Notes	
Allocation concealment	В
Study	Cohn 1985
Methods	Double Blind RCT
withious	Concealment of Allocation: Unclear
	Analysis: Not Applicable
	Active Treatment: 6 weeks

Inclusion Criteria: DSM III R major depression for 1 month, 20+ HMD (version unclear)

Country: US Setting: Outpatients

Age: 20-64

Participants

Interventions	Fluoxetine versus imipramine
Outcomes	Drop Out
Notes	
Allocation concealment	В
Study	Cohn 1989
Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Not Applicable Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III bipolar disorder, 20+ HMD (21), 8+ Raskin score, At least 1 distinct manie episode in last 5 years. Age: 18-70 Country: US Setting: Outpatients
Interventions	Fluoxetine versus imipramine
Outcomes	Drop Out
Notes	
Allocation concealment	В
Study	Cohn 1990
Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Endpoint Active Treatment: 8 weeks
Participants	Inclusion Criteria: DSM III R major depressive episode, 18+ HMD (17) without 25% reduction during washout, higher score on Raskin than Covi. Age: 65+ Country: US Setting: Outpatients
Interventions	Sertraline versus amitriptyline
Outcomes	HMD Drop Out
Notes	
Allocation concealment	В
Study	Cohn 1990a
Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Endpoint

	Analysis: Endpoint
	Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III r major depressive disorder, recurrent or single episode
	18 + HMD (no more than 20% improvement during washout period)
	Age: 18+
	Country: US
	Setting: outpatients
Interventions	Paroxetine versus imipramine

Outcomes HMD* Drop Out* Notes *Includes unpublished data Allocation concealment D Corne 1989 Study Double Blind RCT Methods Concealment of Allocation: Unclear Analysis: Endpoint Active Treatment: 6 weeks Inclusion Criteria: RDC primary unipolar major depressive disorder, 17+ HMD Participants Age: 18-70 Country: UK Setting: Family practice Interventions Fluoxetine versus dothiepin Outcomes HMD Drop Out Notes Allocation concealment В

Study	Cunningham 1994
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Not Applicable
	Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R major Depression, HMD 21 item 20+
	Age: 18+
	Country: USA + Canada
	Setting: Not Clear
Interventions	Venlafaxine versus trazodone
Outcomes	HMD (21 item)*
	Drop Out
Notes	* includes unpublished data
Allocation concealment	В

Study	Dalery 1992	
Methods	Double Blind RCT	
	Concealment of Allocation: Unclear	
	Analysis: Endpoint	
	Active Treatment: 90 days	
Participants	Inclusion Criteria: DSM III R major depressive disorder, single or recurrent episode	
	Age: 18-70	
	Country: France	
	Setting: Outpatients	
Interventions	Fluoxetine versus amineptine	
Outcomes	MADRS	
	Drop Out	

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Characteristics of included studies (Continued)

Notes

Allocation concoolmont	D
Allocation concealment	В
Study	De Wilde 1983
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Endpoint
	Active Treatment: 4 weeks
Participants	Inclusion Criteria: 4+ Feighner Criteria, 16+ HMD, Endogenously depressed
	Age: 18-70
	Country: Belgium
	Setting: Outpatients
Interventions	Fluvoxamine versus clomipramine
Outcomes	HMD*
	Drop Out*
Notes	* includes unpublished data
Allocation concealment	D
Study	De Wilde 1985
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Intention to treat
	Active Treatment: 6 weeks
Participants	Inclusion Criteria: RDC Endogenous depression or chronic dystymic disorder. 25+ on 10 item CPRS.
	Age: 18-70
	Country: Belgium
	Setting: Inpatients
Interventions	Citalopram versus mainserin
Outcomes	CGI
	Drop Out
Notes	
Allocation concealment	В
Study	Dick 1983
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Endpoint
D	Active Treatment: 4 weeks
Participants	Inclusion Criteria: 16+ HMD, Persistent depressed mood accompanied by at least 5 Feighner Criteria
	Age: mean 49
	Country: Switzerland
. .	Setting: Inpatients
Interventions	Fluvoxamine versus clomipramine
Outcomes	HMD
	Drop Out
Notes	
Allocation concealment	В

Study	Dominguez 1985
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Endpoint
	Active Treatment: 4 weeks
Participants	Inclusion Criteria: DSM III R major depressive disorder (single or recurrent), 15+ HMD
	Age: 21-65
	Country: US
	Setting: Outpatients
Interventions	Fluvoxamine versus imipramine
Outcomes	CGI
	Drop Out
Notes	
Allocation concealment	В

Study	Dorman 1992
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Endpoint
	Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R unipolar depression, 17+ HMD
	Age: 65+
	Country: UK
	Setting: Outpatients
Interventions	Paroxetine versus mainserin
Outcomes	HMD*
	Drop Out
Notes	*Includes unpublished data
Allocation concealment	В

Study	Dowling 1990
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Not Applicable
	Active Treatment: 6 weeks
Participants	Inclusion Criteria:DSM III major depressive disorder, unipolar illness. 17+ HMD (version unclear)
	Age: mean 43
	Country: Eire
	Setting: Not Clear
Interventions	Fluoxetine versus dothiepin
Outcomes	Drop Out
Notes	
Allocation concealment	В
Study	Fabre 1991
Methods	Double Blind RCT
	Concealment of Allocation: Unclear

	Analysis: Not Applicable
	Active Treatment: 5 weeks
Participants	Inclusion Criteria: DSM III R major depression (single episode or recurrent), 18-27 HMD (number of items unclear) Age: 18-65 Country: US Setting: Outpatients
Interventions	Fluoxetine versus nortriptyline
Outcomes	Drop Out
Notes	
Allocation concealment	В

Study	Falk 1989
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Intention to treat
	Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III major depressive episode, unipolar either single or recurrent, current episode at
*	least 4 weeks, 20+ 21 item HMD
	Age: 62+
	Country: US
	Setting: Outpatients
Interventions	Fluoxetine versus trazodone
Outcomes	HMD (21 item)
	Drop Out
Notes	
Allocation concealment	В

Study	Feighner 1985a
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Not Applicable
	Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R major depression, at least 1 month, 20+ HMD (number of items unclear)
	Age: 61+
	Country: US
	Setting: Outpatients
Interventions	Fluoxetine versus doxepin
Outcomes	Drop Out
Notes	
Allocation concealment	В

Study	Feighner 1989a
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Endpoint
	Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III major depression, 20+ HMD (21), 8+ Raskin scale, and greater than Covi

	Age: 18-70 Country: US Setting: Outpatients
Interventions	Fluoxetine versus imipramine
Outcomes	HMD (21 item) Drop Out
Notes	
Allocation concealment	В

Study	Feighner 1989d
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Not Applicable
	Active Treatment: 6 weeks
Participants	Inclusion Criteria: RDC Endogenous Major Depression, DSM III Major Depression with Melancholia. 18+
	HMD
	Age: 27-64
	Country: US
	Setting: Outpatients
Interventions	Nefazodone versus imipramine
Outcomes	Drop Out
Notes	
Allocation concealment	В

Study	Feighner 1993
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Not Applicable
	Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R major depressive episode, 18+ HMD, Raskin score higher than Covi score.
	Age: 18-65
	Country: US
	Setting: Outpatients
Interventions	Paroxetine versus imipramine
Outcomes	Drop Out
Notes	
Allocation concealment	В

Study	Ferreri 1989
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Not Applicable
	Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III major depressive disorder, 18-25 HMD (21)
	Age: 18-65
	Country: France
	Setting: Outpatients

Characteristics of includ	led studies (Contini	ıed)
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Interventions	Fluoxetine versus amineptine
Outcomes	Drop Out
Notes	
Allocation concealment	В

Study	Fontaine 1994
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Intention to treat
	Active Treatment: 6 weeks
Participants	Inclusion Criteria: RDC Major Depressive Disorder, 22+ HMD
	Age: 18-65
	Country: Canada
	Setting: Outpatients
Interventions	Nefazodone versus imipramine
Outcomes	HMD*
	Drop Out
Notes	* unpublished data
Allocation concealment	В

Study	Fudge 1990
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Endpoint
	Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III Major depressive disorder unipolar affective illness, 20+ HMD (21)
	Age: 18+
	Country: USA
	Setting: Outpatientsu
Interventions	Fluoxetine versus trazodone
Outcomes	HMD*
	Drop Out*
Notes	* Includes unpublished data
Allocation concealment	В

Study	Gattaz 1995
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Intention to treat
	Active Treatment: 4 weeks
Participants	Inclusion Criteria: DSM III R Major Depression, and HMD 18 +
	Age: 18-65
	Country: Germany
	Setting: Inpatients
Interventions	Fluoxetine versus moclobemide
Outcomes	HMD
	Drop Out

Notes

Allocation concealment	В
Study	Geerts 1994
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Endpoint
	Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R Major Depression without psychotic features. 17+ on 17 item HMD
	Age: 18 - 70
	Country: Belgium
	Setting: inpatients & outpatients
Interventions	Fluoxetine versus moclobemide
Outcomes	HMD
	Drop Out
Notes	
Allocation concealment	В
Study	Geretsegger 1995
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Endpoint
	Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R major depressive episode, 18+ HMD, Inpatient at least 3 weeks
	Age: 65+
	Country: Germany & Austria
	Setting: Inpatient for at least 3 weeks
Interventions	Paroxetine versus amitriptyline
Outcomes	HMD*
	Drop Out
Notes	* Includes unpublished data
Allocation concealment	В
Study	Ginestet 1989
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Not Clear
	Active Treatment: 8 weeks
Participants	Inclusion Criteria: DSM III major depressive disorder with melancholia, 20+ HMD 21
	Age: 18-70
	Country: France
	Setting: Inpatients

Outcomes Notes

Interventions

Allocation concealment

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Fluoxetine versus clomipramine.

HMD (21 item)

В

Study	Gonella 1990
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Intention to treat
	Active Treatment: 4 weeks
Participants	Inclusion Criteria: DSM III R major depressive episode, 15+ HMD (21 item)
	Age: 20-70
	Country: Italy
	Setting: Outpatients
Interventions	Fluvoxamine versus imipramine
Outcomes	HMD (21 item)
	Drop Out
Notes	
Allocation concealment	В

Study	Gravem 1987
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Endpoint
	Active Treatment: 6 weeks
Participants	Inclusion Criteria: 'all patients can be regarded as severely depressed.'
	Age: 19-74
	Country: Norway
	Setting: Inpatients & outpatients
Interventions	Citalopram versus amitriptyline
Outcomes	CGI
	Drop Out
Notes	
Allocation concealment	В

Study	Guelfi 1983
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Endpoint
	Active Treatment: 4 weeks
Participants	Inclusion Criteria: Depressed patients 'with a clear and relatively persistent major depression', 25+ HMD
	(26 item)
	Age: Not Clear
	Country: France
	Setting: Inpatients
Interventions	Fluvoxamine versus imipramine
Outcomes	HMD (26 item)
	Drop Out
Notes	
Allocation concealment	В

Study	Guillibert 1989	
Methods	Double Blind RCT	

	Concealment of Allocation: Unclear Analysis: Not Applicable Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R major depressive disorder, 20+ HMD (21 itemn) - declining less than 20% in washout period, Newcastle Scale score 6+ Age: 65+ Country: France Setting: Outpatients
Interventions	Paroxetine versus clomipramine
Outcomes	HMD* Drop Out
Notes	*Includes unpublished data
Allocation concealment	В

Study	Harris 1991
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Endpoint
	Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R Major Depressive Episode, 17+ HMD
	Age: 18-65
	Country: UK
	Setting: Outpatients
Interventions	Fluvoxamine versus amitriptyline
Outcomes	HMD
	Drop Out
Notes	
Allocation concealment	В

Study	Hutchinson 1992
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Endpoint
	Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R major depressive episode, 18+ hmd (21 ITEM)
	Age: 65+
	Country: UK
	Setting: Family practice
Interventions	Paroxetine versus amitriptyline.
Outcomes	HMD*
	Drop Out
Notes	*Includes unpublished data
Allocation concealment	В
Study	Itil 1983
Methods	Double Blind RCT
	Concealment of Allocation: Unclear

	Analysis: Endpoint
	Active Treatment: 4 weeks
Participants	Inclusion Criteria: RDC Major Affective Disorder
	Age: 21-68
	Country: US
	Setting: Outpatients
Interventions	Fluvoxamine versus imipramine
Outcomes	HMD (16 item)
	Drop Out
Notes	
Allocation concealment	В

Study	Judd 1993
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Endpoint
	Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R major depressive disorder, 1 month episode minimum, 17+ on HMD
	Age: 21-63
	Country: Australia
	Setting: Inpatients and outpatients
Interventions	Fluoxetine versus amitriptyline
Outcomes	HMD
	Drop Out
Notes	
Allocation concealment	В

Study	Kasper 1990
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Intention to treat
	Active Treatment: 4 weeks
Participants	Inclusion Criteria:
	Age: 28-71
	Country: Germany
	Setting: Inpatients
Interventions	Fluvoxamine versus maprotiline
Outcomes	HMD (version unclear)
	Drop Out
Notes	Total sleep deprivation at day 1 and 8 for all patients (why?)
Allocation concealment	В
Study	Keegan 1991
Methods	Double Blind RCT
	Concealment of Allocation: Unclear

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Analysis: Not Applicable Active Treatment: 6 weeks

Participants	Inclusion Criteria: unipolar major depression on DSM III R or DIS, 20+ HMD (21) on entry to active treatment, and no more than 20% decrease during washout period, Raskin had to be higher than Covi Age: 18-70 Country: Canada Setting: Not Clear
Interventions	Fluoxetine versus amitriptyline
Outcomes	Drop Out
Notes	
Allocation concealment	В

Study	Kerkhofs 1990
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Endpoint
	Active Treatment: 6 weeks
Participants	Inclusion Criteria: RDC, 17+ HMD (?) and less than 20% improvement during washout phase, Not receiving
	oxazepam within 5 days of sleep assessment.
	Age: 18-64
	Country: Belgium
	Setting: Inpatient for at least part of time
Interventions	Fluoxetine versus amitriptyline
Outcomes	HMD (version unclear)
	Drop Out
Notes	
Allocation concealment	В

Study	Klok 1981
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Endpoint
	Active Treatment: 4 weeks
Participants	Inclusion Criteria: 'vital depressive syndrom' comparable to endogenous depression, female
-	Age: 23-66
	Country: Netherlands
	Setting: Inpatients
Interventions	Fluvoxamine versus clomipramine
Outcomes	Drop Out
	HMD*
Notes	* Unpublished data
Allocation concealment	В

Study	Kuha 1991	
Methods	Double Blind RCT	
	Concealment of Allocation: Unclear	
	Analysis: Not Applicable	
	Active Treatment: 5 weeks	
Participants	Inclusion Criteria: RDC unipolar major depressive disorders, 17+ HMD, 8+ Raskin	

	Age: 18-65 Country: Finland Setting: inpatients & outpatients
Interventions	Fluoxetine versus maprotiline
Outcomes	Drop Out
Notes	
Allocation concealment	В

Study	Kuhs 1989
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Endpoint
	Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R major depressive illness, 18+ HMD (21 item)
	Age: 18-65
	Country: Germany
	Setting: Inpatients
Interventions	Paroxetine versus amitriptyline.
Outcomes	HMD*
	Drop Out
Notes	* includes unpublished data
Allocation concealment	В

Study	La Pia 1992
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Endpoint
	Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R major depressive disoders, 18+ HMD 21, 20+ Mini Mental State.
	Age: 60-80
	Country: Italy
	Setting: Outpatients & inpatients
Interventions	Fluoxetine versus mianserin
Outcomes	HMD*
	Drop Out
Notes	* includes unpublished data
Allocation concealment	В

Laakmann 1988	
Double Blind RCT	
Concealment of Allocation: Unclear	
Analysis: Endpoint	
Active Treatment: 5 weeks	
Inclusion Criteria: depressive syndromes, 17+ HMD (17 item), 8+ raskin.	
Age: 19-74	
Country: Germany	
Setting: Outpatients	
	Double Blind RCT Concealment of Allocation: Unclear Analysis: Endpoint Active Treatment: 5 weeks Inclusion Criteria: depressive syndromes, 17+ HMD (17 item), 8+ raskin. Age: 19-74 Country: Germany

Interventions	Fluoxetine vs amitriptyline
Outcomes	HMD (21 item)* Drop Out*
Notes	* includes unpublished data
Allocation concealment	В

Study	Laakmann 1991
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Endpoint
	Active Treatment: 6 weeks
Participants	Inclusion Criteria: ICD 9 Endogenous Depression, HMD 17+, Raskin 8+
	Age: 18-70
	Country: Germany
	Setting: Inpatients
Interventions	Fluoxetine versus amitriptyline
Outcomes	HMD*
	Drop Out*
Notes	Includes unpublished data
Allocation concealment	В

Study	Lapierre 1987
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Endpoint
	Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R major depressive disorder, 15+ HMD
	Age: 20-69
	Country: Canada
	Setting: Inpatients
Interventions	Fluvoxamine versus imipramine
Outcomes	HMD*
	Drop Out
Notes	* includes unpublished data
Allocation concealment	В

Laursen 1985
Double Blind RCT
Concealment of Allocation: Unclear
Analysis: Endpoint
Active Treatment: 6 weeks
Inclusion Criteria: ICD 8 manic depressive psychoses, 15+ HMD
Age: 18+
Country: Denmark
Setting: Inpatients initially
Paroxetine versus amitriptyline.

Outcomes	HMD
	Drop Out
Notes	
Allocation concealment	В
a 1	
Study	Levine 1989
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Not Applicable
	Active Treatment: 6 weeks
Participants	Inclusion Criteria: RDC major depressive illness, 17+ HMD (?)
	Age: Not Clear
	Country: UK
	Setting: Not Clear
Interventions	Fluoxetine versus imipramine
Outcomes	Drop Out
Notes	
Allocation concealment	В
Study	Lonnqvist 1994
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Intention to treat
	Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R predominantly Major Depression, 16+ HMD
	Age: 18+ years
	Country: Finland
	Setting: Mostly outpatients
Interventions	Fluoxetine versus moclobemide
Outcomes	HMD
	Drop Out
Notes	
Allocation concealment	В
Study	Lydiard 1989
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Endpoint
	Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R Major Depression, 22+ HMD
I	Age: 18+
	Country: US

 Country: US

 Setting: Outpatients

 Interventions
 Fluvoxamine versus imipramine

 Outcomes
 HMD*

 Drop Out*

 Notes
 * includes unpublished data

Allocation concealment B

Study	Mahapatra 1996
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Intention to treat Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R major depression with symptoms of depression for at least one month prior to study entry, at least 18 on HMD 21 item, minimum prestudy score of 23 on the Mini-Mental Status Examination Age: 64-87 Country: UK & Netherlands Setting: Inpatients, Outpatients, day treatment centre patients
Interventions	Venlafaxine versus dothiepin
Outcomes	HMD* Drop Out*
Notes	* includes unpublished data
Allocation concealment	D
Study	Manna 1989
Methods	Double Blind RCT Concealment of Allocation: Unclear
	Analysis: Intention to treat
	Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III major depressive disorder, 18+ HMD
1	Age: mean 48
	Country: Italy
	Setting: Inpatients
Interventions	Fluoxetine versus clomipramine
Outcomes	HMD
Notes	
Allocation concealment	В
Study	March 1990
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Not Applicable
	Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R major affective disorder, illness duration 1-18 months, 22+ HMD
	Age: 18-67
	Country: US
	Setting: Outpatients
Interventions	Fluvoxamine versus imipramine
Outcomes	Drop Out
Notes	
Allocation concealment	В

Study	Mertens 1988
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Intention to treat
	Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R major depressive episode - unipolar or bipolar, HMD (21 item) 18+
	Age: 18-80
	Country: Belgium
	Setting: Inpatient initially
Interventions	Paroxetine versus mianserin.
Outcomes	HMD (21 item)
	Drop Out
Notes	
Allocation concealment	В

Study	Moller 1993
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Endpoint
	Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R major depression, 18+ HMD (21 item)
	Age: Not Clear
	Country: Germany + Hungary
	Setting: Inpatients
Interventions	Paroxetine versus amitriptyline
Outcomes	HMD
	Drop Out
Notes	
Allocation concealment	В

Study	Moon 1994
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Not Applicable
	Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM IIIR Major Depressive Disorder, 18+ HMD, 16+ Hamilton Rating Scale for Anxiety,
	Age: 18-70
	Country: England
	Setting: Family Practice
Interventions	Sertraline versus clomipramine
Outcomes	Drop Out
Notes	
Allocation concealment	В
Study	Muijen 1988
Methods	Double Blind RCT

Concealment of Allocation: Unclear

	Analysis: Endpoint
	Active Treatment: 6 weeks
Participants	Inclusion Criteria: RDC major depressive illness or bipolar illness depressive phase, 17+ HMD
	Age: 18-65
	Country: UK
	Setting: Outpatients
Interventions	Fluoxetine versus mianserin
Outcomes	HMD
	Drop Out
Notes	

Allocation concealment B

Study	Mullin 1988
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Endpoint
	Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R major depressive episode, 17+ HMD
	Age: 18-70
	Country: UK
	Setting: Outpatients
Interventions	Fluvoxamine versus dothiepin
Outcomes	HMD*
	Drop Out
Notes	* includes unpublished data
Allocation concealment	В

Study	Nathan 1990
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Not Clear
	Active Treatment: 4 weeks
Participants	Inclusion Criteria: DSM III R major depressive episode, 15+ HMD, 7+ Rasking Severity of Depression Scale
	Age: mean 39.7
	Country: US
	Setting: Inpatients
Interventions	Fluvoxamine versus desipramine
Outcomes	HMD
Notes	
Allocation concealment	В

Study	Nielsen 1991
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Endpoint
	Active Treatment: 12 weeks*
Participants	Inclusion Criteria: DSM III Major depressive episode, 18+ HMD
	Age: 18-70

	Country: Denmark Setting: Inpatient & oupatients
Interventions	Paroxetine versus imipramine
Outcomes	HMD Drop Out
Notes	*Efficacy result at 4 weeks
Allocation concealment	В

Study	Nielsen 1993
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Not Applicable
	Active Treatment: 8 weeks
Participants	Inclusion Criteria: DSM III major depressive disorder, Bech-Rafaelsen Melancholia Scale, 18+ HMD (21), remains 18+ after washout period, or less than 20% improvement.
	Age: 18-70
	Country: Denmark
	Setting: Outpatients
Interventions	Fluoxetine versus imipramine
Outcomes	Drop Out
Notes	
Allocation concealment	В

Study	Noguera 1991
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Intention to treat
	Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III major unipolar depression, 17+ HMD, less than 20% reduction in hmd during
-	washout period, 8+ Raskin, and > covi.
	Age: 18-65
	Country: Spain
	Setting: Outpatients
Interventions	Fluoxetine versus clomipramine
Outcomes	HMD
	Drop Out
Notes	
Allocation concealment	В

Study	Norton 1984
Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Endpoint Active Treatment: 4 weeks
Participants	Inclusion Criteria: RDC for Major Depressive Disorder (probable or definite), 15+ HMD Age: 18-65 Country: UK

	Setting: Outpatients
Interventions	Fluvoxamine versus imipramine
Outcomes	HMD* Drop Out
Notes	* includes unpublished data
Allocation concealment	В

Study	Ohrberg 1992
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Endpoint
	Active Treatment: 6 weeks
Participants	Inclusion Criteria: Depressed patients of either sex requiring medical treatment
	Age: 18-70
	Country: Denmark
	Setting: Outpatients
Interventions	Paroxetine versus imipramine
Outcomes	HMD*
	Drop Out
Notes	*Includes unpublished data
Allocation concealment	В

Study	Ottevanger 1995
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Intention to treat
	Active Treatment: 4 weeks
Participants	Inclusion Criteria: Depression (Feighner Criteria), 17+ HMD,
-	Age: mean 49
	Country: Netherlands
	Setting: Inpatients
Interventions	Fluvoxamine versus clomipramine
Outcomes	HMD
	Drop Out
Notes	

Allocation concealment B

Study	Pakesch 1991
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Last observation carried forward
	Active Treatment: 4 weeks
Participants	Inclusion Criteria: Kielholz/Poeldinger scheme for depression, 11+ on 14 item HMD, 20% improvement
-	in HMD during washout phase led to exclusion.
	Age: 19-79
	Country: Germany
	Setting: Outpatients

Allocation concealment B

Interventions	Fluoxetine versus clomipramine
Outcomes	HMD*
	Drop Out*
Notes	* unpublished data
Allocation concealment	В

Study	Pelicier 1993
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Not Applicable
	Active Treatment: 5 weeks
Participants	Inclusion Criteria: Reactive Depression according to Feighner criteria
	Age: 60+
	Country: France
	Setting: Outpatients
Interventions	Paroxetine versus clomipramine
Outcomes	Drop Out
Notes	

Study	Perez 1990
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Not Applicable
	Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R major depressive episode, 30+ MADRS
	Age: 18+
	Country: UK
	Setting: Not Clear
Interventions	Fluvoxamine versus mianserin
Outcomes	Drop Out
Notes	
Allocation concealment	В

Study	Peselow 1989
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Not Applicable
	Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R major depressive disorder, 18+ HMD, 9+ Raskin score, which is higher than
	covi score.
	Age: Not Clear
	Country: US
	Setting: Not Clear
Interventions	Paroxetine versus imipramine
Outcomes	Drop Out
Notes	

Allocation concealment B

Study	Peters 1990
Methods	Double Blind RCT Concealment of Allocation: Unclear
	Analysis: Endpoint
	Active Treatment: 5 weeks
Participants	Inclusion Criteria: 17+ HMD, 8+ Raskin, higher than Covi
	Age: 25-63
	Country: Germany Setting: Outpatients
Interventions	Fluoxetine versus amitriptyline
Outcomes	HMD
	Drop Out
Notes	
Allocation concealment	В
Study	Phanjoo 1991
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Endpoint
	Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R Major Depression, 30+ MADRS
	Age: 65+
	Country: Scotland Setting: Inpatients & outpatients
Interventions	Fluvoxamine versus mianserin
Outcomes	MADRS*
	Drop Out
Notes	* includes unpublished data
Allocation concealment	В
Study	Poelinger 1989
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Intention to treat
	Active Treatment: 4 weeks
Participants	Inclusion Criteria: Kielholz/Poeldinger scheme for depression, 14+ on 14 item HMD
	Age: 21-67 Country: Switzerland and Austria
	Setting: Outpatients & family practice
Interventions	Fluoxetine vs maprotiline
Outcomes	HMD (14 item)
	Drop Out
Notes	

Study	Rahman 1991
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Endpoint
	Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R Major Depression, 30+ MADRS
	Age: 65+
	Country: UK
	Setting: Inpatients
Interventions	Fluvoxamine versus dothiepin
Outcomes	MADRS*
	Drop Out
Notes	* includes unpublished data
Allocation concealment	В
Study	Ravindran 1995
Methods	Double Blind RCT
	Concealment of Allocation: Unclear

Study	Ravindran 1995
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Endpoint
	Active Treatment: 8 weeks
Participants	Inclusion Criteria: DSM III R major depression (mild to moderate severity), 15+ on HMD
	Age: 18-65
	Country: Canada
	Setting: Outpatients
Interventions	Sertraline versus desipramine
Outcomes	HMD*
	Drop Out
Notes	* includes unpublished data
Allocation concealment	В

Study	Ravindran 1997
Methods	Double-blind RCT
Participants	Patients with depression and associated anxiety MADRS score >20 and Clinical Anxiety score >11
Interventions	Paroxetine 20-40mg/day Clomipramine 75-150mg/day
Outcomes	MADRS CGI
Notes	
Allocation concealment	В

Study	Reimherr 1990
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Intention to treat
	Active Treatment: 8 weeks

Participants	Inclusion Criteria: DSM III R major depressive episode, 18+ HMD (18) without 25% reduction during washout, higher score on Raskin than Covi Age: 18-65 Country: US Setting: Outpatients
Interventions	Sertraline versus amitriptyline
Outcomes	HMD Drop Out
Notes	

Allocation concealment B

Study	Remick 1989
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Not Applicable
	Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III major depressive disorder, 20+ HMD (21) (including after washout week)
	Age: mean 43
	Country: Canada
	Setting: Outpatients & inpatients
Interventions	Fluoxetine versus doxepin
Outcomes	Drop Out
Notes	
Allocation concealment	В

Study	Remick 1993
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Endpoint
	Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R major depressive disorder for 1 month minimum, 20+ HMD (21), 20% or
	below 20 on HMD after wash out led to exclusion.
	Age: 18-65
	Country: Canada
	Setting: Outpatients & inpatients
Interventions	Fluoxetine versus desipramine
Outcomes	HMD (21 item)*
	Drop Out
Notes	* includes unpublished data
Allocation concealment	В
Study	Remick 1994

Study	Remick 1994
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Intention to treat
	Active Treatment: 7 weeks
Participants	Inclusion Criteria: DSM III R major depressive episode, 20+ HMD

	Age: 18-65 Country: Canada Setting: Outpatients
Interventions	Fluvoxamine versus amitriptyline
Outcomes	HMD* Drop Out
Notes	* unpublished data
Allocation concealment	В

Study	Reynaert 1995
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Endpoint
	Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R Major Depression, 16+ on 17 item HMD
-	Age: mean 47 year
	Country: Belgium
	Setting: Inpatients & outpatientst
Interventions	Fluoxetine versus moclobemide
Outcomes	HMD
	Drop Out
Notes	
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Allocation concealment B

Study	Rickels 1994
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Not Applicable
	Active Treatment: 8 weeks
Participants	Inclusion Criteria: 20+ HMD, DSM III R moderate to severe major depressive disorder or bipolar disorder
	depressed type but without rapid cycling.
	Age: 18+
	Country: US
	Setting: Private psychiatric & family practice
Interventions	Nefazodone versus imipramine
Outcomes	Drop Out
Notes	
Allocation concealment	В

Study	Robertson 1994
Methods	Double Blind RCT Concealment of Allocation: Unclear
	Analysis: Intention to treat Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R major depression, or bipolar disorder 18+ HMD Age: 18-70

	Country: UK Setting: Inpatients & outpatients
Interventions	Fluoxetine versus lofepramine
Outcomes	HMD
	Drop Out
Notes	
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Allocation concealment B

Study	Ropert 1989
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Endpoint
	Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III major depressive disorders, 18-25 HMD (21)
	Age: 18+
	Country: France
	Setting: Outpatients
Interventions	Fluoxetine versus clomipramine
Outcomes	HMD (21 item)
	Drop Out
Notes	
Allocation concealment	В

Study	Rosenberg 1994
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Intention to treat
	Active Treatment: 6 weeks
Participants	Inclusion Criteria: Assessed as being in need of antidepressant treatment, 14+ HMD
-	Age: 18-65
	Country: Denmark, Norway, Sweden, Finland.
	Setting: Family practice
Interventions	Citalopram 10 mg versus imipramine
	Citalopram 20 mg versus imipramine
Outcomes	HMD*
	Drop Out
Notes	* includes unpublished data
	Data combined across doses
Allocation concealment	В
Study	Roth 1990

Study	Kotii 1990
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Endpoint
	Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R major depressive epidosde, 22+ HMD
	Age: 18+
In the second	

	Country: USA
	Setting: Outpatients
Interventions	Fluvoxamine versus desipramine
Outcomes	HMD
	Drop Out
Notes	
Allocation concealment	В
Study	Schweizer 1994
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Intention to treat
	Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R Major depression, 20+ 21 item HMD
	Age: 18+
	Country: US
	Setting: Outpatients
Interventions	Venlafaxine versus imipramine
Outcomes	HMD (21 item)
	Drop Out
Notes	
Allocation concealment	В
Study	Shaw 1986
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Intention to treat
	Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R major depressive illness. 18+ HMD
	Age: 18-70
	Country: South Wales
	Setting: Inpatients & outpatients
Interventions	Citalopram versus amitriptyline.
Outcomes	HMD
	Drop Out
Notes	
Allocation concealment	В

Study	Shillingford 1990
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Not Applicable
	Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R major depressive disorder, 18+ on HMD
	Age: Not Clear
	Country: UK
	Setting: Family practice

Characteristics of included studies (Continued)	
Interventions	Paroxetine versus dothiepin
Outcomes	Drop Out
Notes	
Allocation concealment	В
Study	Shrivastava 1994
Methods	Double Blind RCT
wiethous	Concealment of Allocation: Unclear
	Analysis: Intention to treat
	Active Treatment: 12 months
Participants	Inclusion Criteria: DSM III R Major depression
1	Age: 18+
	Country: US
	Setting: Outpatients
Interventions	Venlafaxine versus imipramine
Outcomes	CGI*
	Drop Out
Notes	*includes unpublished data
Allocation concealment	В
Study	Staner 1995
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Intention to treat Active Treatment: 34 days
Participants	Inclusion Criteria: RDC major Depression, 18+ HMD
i ai ticipants	Age: 18-65
	Country: Belgium
	Setting: Inpatients
Interventions	Paroxetine versus amitriptyline
Outcomes	HMD
Outcomes	Drop Out
Notes	
Allocation concealment	В
Study	Stark 1985
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Intention to treat
	Active Treatment: 6 weeks

Participants	Inclusion Criteria: DSM III major depressive disorder for 4 weeks, 20+ HMD (21), less than 20% reduction
	in HMD during wash out period, 8+ on Raskin Scale, and greater than Covi scale.
	Age: 18-70
	Country: US

	Setting: Outpatients
Interventions	Fluoxetine versus imipramine
Outcomes	HMD (21 item)

	Drop Out
Notes	
Allocation concealment	В
Study	Stott 1993
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Endpoint
	Active Treatment: 8 weeks
Participants	Inclusion Criteria: depression and associated anxiety, 16+ MADRS, 11+ Clinical Anxiety Scale
	Age: 18-65
	Country: UK
	Setting: Family practice
Interventions	Paroxetine versus amitriptyline
Outcomes	MADRS*
	Drop Out
Notes	*Includes unpublished data
Allocation concealment	В
Study	Stratta 1991
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Endpoint
	Active Treatment: 6 weeks
Participants	Inclusion Criteria: atypical depression
	Age: mean 35
	Country: Italy
	Setting: Not Clear
Interventions	Fluoxetine versus imipramine
Outcomes	HMD (not clear which version)
	Drop Out
Notes	
Allocation concealment	В
Study	Stuppaeck 1994
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Endpoint
	Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III major depression, melancholic subtype, 18+ HMD (21item)
	Age: 18-65
	Country: Austria & Germany
	Setting: Inpatients
Interventions	Paroxetine versus amitriptyline
Outcomes	HMD (21 item)
Outcomes	Drop Out

Allocation concealment B

Study	Tapani 1989						
Methods	Double Blind RCT						
	Concealment of Allocation: Unclear						
	Analysis: Not Applicable						
	Active Treatment: 5 weeks						
Participants	Inclusion Criteria: RDC unipolar major depression, 17+ on HMD, Raskin at least 8, and equal or highe						
	than Covi						
	Age: 30-55 Country: Finland						
	Setting: Inpatients & outpatients						
Interventions	Fluoxetine versus doxepin						
Outcomes	Drop Out						
Notes							
Allocation concealment	В						
	D						
Study	Thompson 1991						
Methods	Double Blind RCT						
	Concealment of Allocation: Unclear						
	Analysis: Not Applicable						
	Active Treatment: 6 weeks						
Participants	Inclusion Criteria: DSM III R major depressive disorder						
	Age: Not clear						
	Country: UK						
T	Setting: Not Clear						
Interventions	Sertraline versus dothiepin						
Outcomes	Drop Out						
Notes							
Allocation concealment	В						
Study	Timmerman 1987						
Methods	Double Blind RCT						
	Concealment of Allocation: Unclear						
	Analysis: Endpoint						
	Active Treatment: 4 weeks						
Participants	Inclusion Criteria: DSM III R major depressive disorder, 18+ HMD						
	Age: 18-69 Country Notherlands						
	Country: Netherlands Setting: Inpatients (all women)						
Interventions	Citalopram versus maprotiline						
Outcomes	HMD						
C acconico	Drop Out						
Notes							
	В						

Study	Tollefson 1994
Methods	Double Blind RCT
	Concealment of Allocation: Unclear
	Analysis: Intention to treat
	Active Treatment: 8 weeks
Participants	Inclusion Criteria: DSM III R major depressive disorder (unipolar, non psychotic depressed) for 1 month +
	sub tag 'agitated' according to RDC, 14+ HMD at washout and for first 2 visits, 2+ score on at least 2 items
	on agitation rating scale.
	Age: 18-65
	Country: US
	Setting: Outpatients
Interventions	Fluoxetine versus imipramine.
Outcomes	HMD
	Drop Out
Notes	
Allocation concealment	В
Study	Upward 1988
Methods	Double Blind RCT
Methods	Concealment of Allocation: Unclear
	Analysis: Not Applicable
	Active Treatment: 4 weeks
Participants	Inclusion Criteria: depressed patients
Turteipunto	Age: 24-63
	Country: UK
	Setting: Outpatients
Interventions	Fluoxetine versus amitriptyline
Outcomes	Drop Out
Notes	
Allocation concealment	В
Study	Williams 1993
Methods	Double Blind RCT
Wiethous	Concealment of Allocation: Unclear
	Analysis: Endpoint
	Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R Major Depression, 17+ on 21 item HMD
1	Age: 20-86
	Country: New Zealand
	Setting: Not Clear
Interventions	Fluoxetine versus moclobemide
Outcomes	HMD*
	Drop Out
Notes	* unpublished data
Allocation concealment	В
Study	Young 1987
Methods	Double Blind RCT

	Concealment of Allocation: Unclear						
	Analysis: Endpoint Active Treatment: 6 weeks						
Participants	Inclusion Criteria: RDC moderately severe unipolar depression, 18+ HMD Age: 20-65 Country: UK Setting: Outpatients						
Interventions	Fluoxetine versus amitriptyline						
Outcomes	Drop Out HMD*						
Notes	* unpublished data						
Allocation concealment	В						

Study	de Jonghe 1991a				
Methods	Double Blind RCT				
	Concealment of Allocation: Unclear				
	Analysis: Endpoint				
	Active Treatment: 6 weeks				
Participants	Inclusion Criteria: DSM III major depression without psychotic features, 18+ HMD (including after washout period), no more than 20% reductions in HMD during washout period				
	Age: 18-70				
	Country: Netherlands				
	Setting: Inpatients for first 3 weeks				
Interventions	Fluoxetine versus maprotiline				
Outcomes	HMD				
	Drop Out				
Notes					
Allocation concealment	В				

Study	de Jonghe 1991b					
Methods	Double Blind RCT					
	Concealment of Allocation: Unclear					
	Analysis: Endpoint					
	Active Treatment: 6 weeks					
Participants	Inclusion Criteria: DSM III R Major Depression or Dysthymic Disorder					
	Age: 18-60					
	Country: Netherlands					
	Setting: Outpatients					
Interventions	Fluvoxamine versus maprotiline					
Outcomes	HMD					
	Drop Out					
Notes						
Allocation concealm	nent B					
HMD: Hamilton Dep	pression Rating Scale- 17 item unless stated					
MADRS: Montgomer	y & Asberg Depression Rating Scale					
RDC: Research Diagn						

CGI: Clinical Global Impression

Characteristics of excluded studies

Study	Reason for exclusion
Altamura 1989	No interpretable data available
Blanchard 1995	No interpretable data availalbe
Bressa 1989	No interpretable data available No address for correspondence
Chouinard 1985	Included in Beasley 1993b
De Wilde 1982	Repeated in De Wilde 1983
Debus 1988	Included in Beasley 1991
Doogan 1994	No interpretable data available
Dunbar 1991	Included in Feighner 1993
Entsuah 1994	Same study as Schwiezer 1994
Fairweather 1993	No interpretable data available
Feighner 1985b	Included in Beasley 1993b
Feighner 1989b	No interpretable data available
Feighner 1989c	Included in Feighner 1993
Fontaine 1991	No interpretable data available
Gagiano 1989	No interpretable data available
Guy 1984	No interpretable data available
Hewer 1994	No interpretable data available
Loeb 1989	No interpretable data available No address for correspondence
Masco 1985	Included in Beasley 1993b
Moon 1989	No interpretable data available
Perry 1989	Included in Beasley 1991
Taneri 1989	No interpretable data available No address for correspondence
Van Moffaert 1994	No interpretable data available

ANALYSES

Comparison 01. SSRIs versus alternative antidepressants

Outcome title	No. of studies	No. of participants	Statistical method	Effect size
01 Efficacy	98	9469	Weighted Mean Difference (Fixed) 95% CI	-0.06 [-0.28, 0.17]

Comparison 02. SSRIs versus tricyclic antidepressants

Outcome title	No. of studies 66	No. of participants 6767	Statistical method Weighted Mean Difference (Fixed) 95% CI	Effect size	
01 Efficacy Comparison 03. SSRI versus		-, -,		-0.09 [-0.37, 0.19]	
Comparison 05. 5510 versus	meyenes	in inpatients	5		
Outcome title	No. of studies	No. of participants	Statistical method	Effect size	
01 Efficacy	23	1347	Weighted Mean Difference (Fixed) 95% CI	0.13 [-0.36, 0.62]	
Comparison 04. Tricyclics an	d related	drugs versus	SSRIs		
Outcome title	No. of studies	No. of participants	Statistical method	Effect size	
01 Efficacy	89	8478	Weighted Mean Difference (Fixed) 95% CI	-0.12 [-0.37, 0.13]	
Comparison 05. SSRIs v. Tricyclics					
Outcome title	No. of studies	No. of participants	Statistical method	Effect size	
01 Drug efficacy by trial design	64	6674	Weighted Mean Difference (Fixed) 95% CI	-0.12 [-0.39, 0.16]	
Comparison 06. SSRIs v. sedating/non-sedating tricyclic antidepressants					
Outcome title	No. of studies	No. of participants	Statistical method	Effect size	
01 SSRIs v. TCAs group in sedating v. non-sedating categories	63	5571	Weighted Mean Difference (Fixed) 95% CI	-0.11 [-0.40, 0.18]	

INDEX TERMS

Medical Subject Headings (MeSH)

Antidepressive Agents [*therapeutic use]; Depressive Disorder [*drug therapy]; Serotonin Uptake Inhibitors [*therapeutic use]

MeSH check words

Humans

COVER SHEET

Title	Selective serotonin reuptake inhibitors (SSRIs) versus other antidepressants for depression
Authors	Geddes JR, Freemantle N, Mason J, Eccles MP, Boynton J
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What's New	Information not supplied by author
Date new studies sought but none found	Information not supplied by author
Date new studies found but not yet included/excluded	Information not supplied by author
Date new studies found and included/excluded	Information not supplied by author
Date authors' conclusions section amended	Information not supplied by author
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GRAPHS AND OTHER TABLES

Analysis 01.01. Comparison 01 SSRIs versus alternative antidepressants, Outcome 01 Efficacy

Review: Selective serotonin reuptake inhibitors (SSRIs) versus other antidepressants for depression

Comparison: 01 SSRIs versus alternative antidepressants

Outcome: 01 Efficacy

Study	N	SSRI		Alternative	Weighted Mean Difference (Fixed)	Weight	Weighted Mean Difference (Fixed
	Ν	Mean(SD)	Ν	Mean(SD)	95% Cl	(%)	95% CI
01 Citalopram Ahlfors 1988	37	20.00 (12.00)	34	3.00 (0.00)		0.2	7.00 [1.88, 12.12]
Bouchard 1987	39	9.50 (10.30)	34	9.40 (8.50)		0.3	0.10 [-4.21, 4.41]
De Wilde 1985	29	1.20 (1.60)	29	2.00 (2.00)		5.9	-0.80 [-1.73, 0.13]
Gravem 1987	12	1.92 (1.08)	14	2.21 (1.05)	-	7.6	-0.29 [-1.11, 0.53]
Rosenberg 1994	380	10.65 (6.80)	85	10.70 (6.40)	-	2.2	-0.05 [-1.57, 1.47]
Shaw 1986	24	.50 (4.00)	20	12.50 (11.20)		0.1	-1.00 [-8.45, 6.45]
Timmerman 1987	14	16.60 (9.70)	13	14.60 (10.10)		0.1	2.00 [-5.48, 9.48]
Subtotal (95% CI)	535		229		•	16.4	-0.34 [-0.90, 0.22]
Test for heterogeneity of	hi-square	e=9.42 df=6 p=0.1	5 =36.3	3%			
Test for overall effect z=	=1.19 p	=0.2					
02 Fluoxetine							
Anonymous 1988	16	9.50 (8.00)	21	10.00 (9.20)		0.2	-0.50 [-6.05, 5.05]
Beasley 1991	63	.20 (7.20)	57	10.40 (7.70)		0.7	0.80 [-1.88, 3.48]
Beasley 1993a	54	19.50 (9.90)	60	15.10 (9.00)		0.4	4.40 [0.91, 7.89]
Beasley 1993b	65	15.60 (9.90)	71	16.40 (10.30)		0.4	-0.80 [-4.20, 2.60]
Besancon 1993	33	11.00 (4.50)	32	8.00 (5.00)		1.0	3.00 [0.69, 5.31]
Bremner 1994	16	1.69 (0.87)	19	2.89 (0.94)	-	14.2	-1.20 [-1.80, -0.60]
Byerley 1988	20	12.80 (7.70)	24	3.70 (8.50)		0.2	-0.90 [-5.69, 3.89]
Cohn 1984	35	14.72 (8.81)	31	14.54 (8.85)		0.3	0.18 [-4.09, 4.45]
Come 1989	34	11.60 (6.20)	44	9.10 (5.80)	— ·	0.7	2.50 [-0.20, 5.20]
Dalery 1992	73	10.50 (12.40)	68	9.50 (8.50)		0.4	1.00 [-2.49, 4.49]
de Jonghe 1991a	28	19.00 (8.34)	34	16.38 (7.60)		0.3	2.62 [-1.39, 6.63]
Falk 1989	13	10.08 (7.57)	12	16.08 (8.53)	← →→	0.1	-6.00 [-12.34, 0.34]
Feighner 1989a	52	17.69 (9.20)	45	16.04 (9.20)		0.4	1.65 [-2.02, 5.32]
Fudge 1990	17	8.40 (9.00)	15	6.50 (5.10)		0.2	1.90 [-3.10, 6.90]
Gattaz 1995	34	2.00 (2.00)	36	3.00 (4.00)		0.1	-1.00 [-7.10, 5.10]
Geerts 1994	13	9.80 (6.20)	15	9.10 (7.30)		0.2	0.70 [-4.30, 5.70]

-10.0 -5.0 0 5.0 10.0 Favours SSRI Favours alternative

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Study	Ν	SSRI Mean(SD)	N	Alternative Mean(SD)	Weighted Mean Difference (Fixed) 95% Cl	Weight (%)	Weighted Mean Difference (Fix 95% Cl
Ginestet 1989	28	10.40 (7.20)	26	5.30 (3.40)		0.6	5.10 [2.13, 8.07]
Judd 1993	23	9.60 (6.20)	23	11.60 (6.00)		0.4	-2.00 [-5.53, 1.53]
Kerkhofs 1990	9	8.44 (6.20)	10	9.80 (4.60)		0.2	-1.36 [-6.31, 3.59]
La Pia 1992	19	14.52 (6.65)	16	16.37 (4.92)		0.3	-1.85 [-5.69, 1.99]
Laakmann 1988	39	9.60 (6.30)	46	6.70 (4.70)		0.9	2.90 [0.50, 5.30]
Laakmann 1991	62	9.65 (7.86)	62	9.47 (7.56)		0.7	0.18 [-2.53, 2.89]
Lonnqvist 1994	107	10.60 (6.00)	102	9.60 (5.50)		2.1	1.00 [-0.56, 2.56]
Manna 1989	15	8.50 (5.00)	15	10.00 (5.00)		0.4	-1.50 [-5.08, 2.08]
Muijen 1988	14	10.50 (7.50)	14	14.50 (10.20)	←	0.1	-4.00 [-10.63, 2.63]
Noguera 1991	60	10.12 (8.66)	60	13.20 (9.09)		0.5	-3.08 [-6.26, 0.10]
Pakesch 1991	91	7.93 (6.19)	48	7.86 (7.52)		0.8	0.07 [-2.41, 2.55]
Peters 1990	40	11.00 (9.00)	41	10.00 (6.00)		0.5	1.00 [-2.34, 4.34]
Poelinger 1989	73	9.00 (8.00)	69	11.00 (8.00)		0.7	-2.00 [-4.63, 0.63]
Remick 1993	24	13.04 (8.20)	15	6.93 (5.92)		0.3	6. [.67, 0.55]
Reynaert 1995	42	12.90 (9.00)	38	12.20 (7.60)		0.4	0.70 [-2.94, 4.34]
Robertson 1994	76	14.10 (7.20)	77	13.20 (6.80)		1.0	0.90 [-1.32, 3.12]
Ropert 1989	55	8.20 (4.50)	48	9.60 (5.30)		1.4	-1.40 [-3.31, 0.51]
Stark 1985	185	6.50 (0. 0)	186	6.20 (0.10)		1.2	0.30 [-1.76, 2.36]
Stratta 1991	14	7.10 (4.80)	9	7.40 (11.70)		0.1	-0.30 [-8.35, 7.75]
Tollefson 1994	62	11.60 (7.60)	62	12.20 (7.90)		0.7	-0.60 [-3.33, 2.13]
Williams 1993	45	8.62 (7.27)	47	7.80 (6.67)		0.6	0.82 [-2.03, 3.67]
Young 1987	25	11.96 (5.24)	25	11.32 (6.76)		0.5	0.64 [-2.71, 3.99]
Subtotal (95% CI) Test for heterogeneity c Test for overall effect z=			623 <0.000	I =52.8%	•	34.4	-0.15 [-0.53, 0.24]
03 Fluvoxamine Amin 1984	105	13.90 (8.90)	106	14.90 (8.80)		0.9	-1.00 [-3.39, 1.39]
Barrelet 1991	30	.00 (0.00)	31	9.40 (8.20)		0.2	1.60 [-3.00, 6.20]
Bocksberger 1993	18	23.50 (14.20)	18	11.90 (10.10)		0.1	.60 [3.55, 9.65]
Bougerol 1992	63	3.02 (8.18)	67	12.71 (8.00)		0.7	0.31 [-2.47, 3.09]
Bramanti 1988	28	14.10 (4.83)	29	11.45 (4.28)		0.9	2.65 [0.28, 5.02]
de Jonghe 1991b	21	3.60 (6.10)	21	13.70 (7.80)		0.3	-0.10 [-4.34, 4.14]
De Wilde 1983	15	7.90 (6.70)	15	11.10 (8.50)		0.2	-3.20 [-8.68, 2.28]

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Study	Ν	SSRI Mean(SD)	Ν	Alternative Mean(SD)	Weighted Mean Difference (Fixed) 95% Cl	Weight (%)	Weighted Mean Difference (Fix 95% Cl
Dick 1983	13	9.60 (5.60)	13	7.80 (6.30)		0.2	1.80 [-2.78, 6.38]
Dominguez 1985	16	2.40 (1.30)	19	2.70 (1.00)	*	8.4	-0.30 [-1.08, 0.48]
Gonella 1990	20	19.00 (9.51)	20	20.90 (7.56)		0.2	-1.90 [-7.22, 3.42]
Guelfi 1983	59	11.00 (9.00)	68	3.60 (2.20)		0.4	-2.60 [-6.30, 1.10]
Harris 1991	24	10.40 (8.10)	26	6.00 (5.70)		0.3	4.40 [0.49, 8.31]
Itil 1983	9	12.70 (8.20)	14	10.40 (6.80)		0.1	2.30 [-4.13, 8.73]
Kasper 1990	21	13.50 (6.30)	20	13.20 (5.40)		0.4	0.30 [-3.29, 3.89]
Klok 98	13	9.20 (6.80)	15	6.80 (6.70)		0.2	2.40 [-2.62, 7.42]
Lapierre 1987	7	6.14 (3.48)	2	16.50 (21.92)	←	0.0	-10.36 [-40.85, 20.13]
Lydiard 1989	17	12.59 (8.52)	15	10.07 (7.87)		0.2	2.52 [-3.16, 8.20]
Mullin 1988	26	8.31 (2.07)	24	8.46 (5.24)	_	1.0	-0.15 [-2.39, 2.09]
Nathan 1990	17	.00 (8. 0)	18	11.61 (7.55)		0.2	-0.61 [-5.81, 4.59]
Norton 1984	33	11.45 (6.48)	30	.3 (6.38)		0.5	0.14 [-3.04, 3.32]
Ottevanger 1995	20	13.00 (9.07)	20	12.00 (7.20)		0.2	1.00 [-4.08, 6.08]
Phanjoo 1991	16	23.20 (10.90)	15	19.90 (7.62)		0.1	3.30 [-3.29, 9.89]
Rahman 1991	17	22.16 (10.09)	19	20.90 (10.05)		0.1	1.26 [-5.33, 7.85]
Remick 1994	16	11.25 (8.33)	17	12.00 (7.39)		0.2	-0.75 [-6.14, 4.64]
Roth 1990	27	17.20 (9.00)	24	18.40 (9.30)		0.2	-1.20 [-6.24, 3.84]
Subtotal (95% CI) Test for heterogeneity c Test for overall effect z=			666 0.27 I =	13.5%	•	16.2	0.12 [-0.44, 0.68]
04 Nefazodone Ansseau 1994	55	18.20 (9.50)	51	.50 (8.50)		0.4	6.70 [3.27, 10.13]
Fontaine 1994	90	15.81 (8.19)	45	15.04 (8.69)		0.6	0.77 [-2.28, 3.82]
Subtotal (95% CI)	145		96		•	1.0	3.39 [1.11, 5.67]
Test for heterogeneity of Test for overall effect z=) =84.	4%			
05 Paroxetine Anonymous 1990	34	9.20 (4.80)	36	6.20 (4.50)		1.1	3.00 [0.82, 5.18]
Arminen 1992	21	8.76 (5.63)	29	11.21 (9.45)		0.3	-2.45 [-6.65, 1.75]
Battegay 1985	8	4.88 (2.80)	6	4.50 (5.05)		0.3	0.38 [-4.10, 4.86]
Cohn 1990a	35	15.90 (7.36)	31	14.15 (7.29)		0.4	1.75 [-1.79, 5.29]
Dorman 1992	24	12.00 (6.00)	25	15.90 (5.50)		0.5	-3.90 [-7.13, -0.67]
Geretsegger 1995	28	10.20 (8.90)	31	12.00 (9.60)		0.2	-1.80 [-6.52, 2.92]
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Study	Ν	SSRI Mean(SD)	N	Alternative Mean(SD)	Weighted Mean Difference (Fixed) 95% Cl	Weight (%)	Weighted Mean Difference (Fi 95% Cl
Guillibert 1989	40	8.40 (5.90)	39	8.20 (6.60)		0.7	0.20 [-2.56, 2.96]
Hutchinson 1992	46	8.20 (6.90)	21	8.20 (7.90)		0.3	0.00 [-3.92, 3.92]
Kuhs 1989	14	7.50 (4.90)	17	7.10 (5.00)		0.4	0.40 [-3.10, 3.90]
Laursen 1985	16	7.00 (8.00)	14	6.50 (6.50)		0.2	0.50 [-4.69, 5.69]
Mertens 1988	36	.50 (6.00)	31	17.80 (16.00)	←	0.1	-6.30 [-13.98, 1.38]
Moller 1993	72	.50 (8.30)	68	9.30 (6.30)		0.9	2.20 [-0.23, 4.63]
Nielsen 1991	11	13.00 (7.00)	12	13.00 (5.00)		0.2	0.00 [-5.01, 5.01]
Ohrberg 1992	61	8.59 (7.00)	59	9.10 (6.67)		0.9	-0.5 [-2.96, .94]
Ravindran 1997	500	12.40 (8.70)	502	12.60 (9.40)	-	4.1	-0.20 [-1.32, 0.92]
Staner 1995	21	17.80 (11.30)	19	10.70 (7.90)		0.1	7.10 [1.10, 13.10]
Stott 1993	243	3.80 (0.40)	262	3.90 (0.20)		1.6	-0.10 [-1.90, 1.70]
Stuppaeck 1994	68	9.10 (6.00)	66	9.40 (6.00)		1.2	-0.30 [-2.33, 1.73]
Subtotal (95% CI)	1278		1268		•	13.4	0.15 [-0.47, 0.77]
06 Sertraline Bersani 1994	31	6.00 (6.50)	30	16.00 (6.10)		0.5	0.00 [-3.16, 3.16]
	31	16.00 (6.50)	30	16.00 (6.10)		0.5	0.00 [-3.16, 3.16]
Cohn 1990	121	10.40 (8.96)	64	11.00 (8.96)		0.7	-0.60 [-3.31, 2.11]
Ravindran 1995	34	10.65 (7.78)	30	9.40 (8.21)	-	0.3	1.25 [-2.68, 5.18]
Reimherr 1990	142	.62 (8.24)	44	10.54 (7.97)		1.5	1.08 [-0.80, 2.96]
Subtotal (95% CI) Test for heterogeneity o Test for overall effect z:			268 75 =0.09	%	•	3.0	0.52 [-0.79, 1.83]
07 Venlafaxine Cunningham 1994	65	13.09 (6.90)	71	13.97 (8.56)		0.8	-0.88 [-3.48, 1.72]
0	42	12.50 (9.72)	47	10.70 (9.60)		0.3	1.80 [-2.22, 5.82]
Mahapatra 1996	-	11.50 (7.10)	73	13.70 (6.80)		1.0	-2.20 [-4.46, 0.06]
Mahapatra 1996 Schweizer 1994	73						
Schweizer 1994	73 253		84	2 70 (2 50)	+	135	-0 2 [-0 74 0 50]
Schweizer 1994 Shrivastava 1994	253	2.58 (2.50)	84 275	2.70 (2.50)	+	13.5	-0.12 [-0.74, 0.50]
Schweizer 1994	253 433 chi-square	2.58 (2.50) e=4.27 df=3 p=0.2	275			3.5 5.6 00.0	-0.12 [-0.74, 0.50] -0.25 [-0.83, 0.32] -0.06 [-0.28, 0.17]

Analysis 02.01. Comparison 02 SSRIs versus tricyclic antidepressants, Outcome 01 Efficacy

Review: Selective serotonin reuptake inhibitors (SSRIs) versus other antidepressants for depression

Comparison: 02 SSRIs versus tricyclic antidepressants

Outcome: 01 Efficacy

Study	Ν	Mean(SD)	Ν	Mean(SD)	Weighted Mean Difference (Fixed) 95% Cl	Weight (%)	Weighted Mean Difference (Fixed 95% Cl
01 Citalopram							
Gravem 1987	12	1.92 (1.08)	14	2.21 (1.05)	+	.3	-0.29 [-1.11, 0.53]
Rosenberg 1994	380	10.65 (6.80)	85	10.70 (6.40)	-	3.3	-0.05 [-1.57, 1.47]
Shaw 1986	24	.50 (4.00)	20	2.50 (.20)		0.1	-1.00 [-8.45, 6.45]
Subtotal (95% Cl) Test for heterogeneity	416 chi-square	e=0.11 df=2 p=0.9	9 94 =0.09	%	•	4.8	-0.24 [-0.96, 0.48]
Test for overall effect z	=0.66 p	=0.5					
02 Fluoxetine							
Anonymous 1988	16	9.50 (8.00)	21	10.00 (9.20)		0.2	-0.50 [-6.05, 5.05]
Beasley 1993a	54	19.50 (9.90)	60	15.10 (9.00)		0.6	4.40 [0.91, 7.89]
Beasley 1993b	65	15.60 (9.90)	71	16.40 (10.30)		0.7	-0.80 [-4.20, 2.60]
Bremner 1994	16	1.69 (0.87)	19	2.89 (0.94)	-	21.3	-1.20 [-1.80, -0.60]
Byerley 1988	20	12.80 (7.70)	24	13.70 (8.50)		0.3	-0.90 [-5.69, 3.89]
Cohn 1984	35	14.72 (8.81)	31	14.54 (8.85)		0.4	0.18 [-4.09, 4.45]
Come 1989	34	11.60 (6.20)	44	9.10 (5.80)		1.1	2.50 [-0.20, 5.20]
Dalery 1992	73	10.50 (12.40)	68	9.50 (8.50)		0.6	1.00 [-2.49, 4.49]
Feighner 1989a	52	17.69 (9.20)	45	16.04 (9.20)		0.6	1.65 [-2.02, 5.32]
Ginestet 1989	28	10.40 (7.20)	26	5.30 (3.40)		0.9	5.10 [2.13, 8.07]
Judd 1993	23	9.60 (6.20)	23	11.60 (6.00)		0.6	-2.00 [-5.53, 1.53]
Kerkhofs 1990	9	8.44 (6.20)	10	9.80 (4.60)		0.3	-1.36 [-6.31, 3.59]
Laakmann 1988	39	9.60 (6.30)	46	6.70 (4.70)		1.3	2.90 [0.50, 5.30]
Laakmann 1991	62	9.65 (7.86)	62	9.47 (7.56)		1.0	0.18 [-2.53, 2.89]
Manna 1989	15	8.50 (5.00)	15	10.00 (5.00)	_	0.6	-1.50 [-5.08, 2.08]
Noguera 1991	60	10.12 (8.66)	60	13.20 (9.09)	_	0.8	-3.08 [-6.26, 0.10]
Pakesch 1991	91	7.93 (6.19)	48	7.86 (7.52)		1.2	0.07 [-2.41, 2.55]
Peters 1990	40	11.00 (9.00)	41	10.00 (6.00)	_	0.7	1.00 [-2.34, 4.34]
Remick 1993	24	13.04 (8.20)	15	6.93 (5.92)		0.4	6. [.67, 0.55]
Robertson 1994	76	14.10 (7.20)	77	13.20 (6.80)		1.6	0.90 [-1.32, 3.12]

-10.0 -5.0 0 5.0 10.0 Favours SSRI Favours tricyclic

(Continued . . .)

Study	Ν	Mean(SD)	Ν	Mean(SD)	Weighted Mean Difference (Fixed) 95% Cl	Weight (%)	Weighted Mean Difference (Fixe 95% Cl
Ropert 1989	55	8.20 (4.50)	48	9.60 (5.30)		2.1	-1.40 [-3.31, 0.51]
Stark 1985	185	16.50 (10.10)	186	16.20 (10.10)	- _	1.8	0.30 [-1.76, 2.36]
Stratta 1991	14	7.10 (4.80)	9	7.40 (11.70)		0.1	-0.30 [-8.35, 7.75]
Tollefson 1994	62	11.60 (7.60)	62	12.20 (7.90)		1.0	-0.60 [-3.33, 2.13]
Young 1987	25	11.96 (5.24)	25	11.32 (6.76)		0.7	0.64 [-2.71, 3.99]
Subtotal (95% CI) Test for heterogeneity Test for overall effect z			36 0.000	=58.2%	•	40.9	-0.34 [-0.77, 0.09]
03 Fluvoxamine Amin 1984	105	13.90 (8.90)	106	14.90 (8.80)		1.3	-1.00 [-3.39, 1.39]
Bramanti 1988	28	14.10 (4.83)	29	11.45 (4.28)		1.4	2.65 [0.28, 5.02]
De Wilde 1983	15	7.90 (6.70)	15	11.10 (8.50)		0.3	-3.20 [-8.68, 2.28]
Dick 1983	13	9.60 (5.60)	13	7.80 (6.30)		0.4	1.80 [-2.78, 6.38]
Dominguez 1985	16	2.40 (1.30)	19	2.70 (1.00)	-	12.6	-0.30 [-1.08, 0.48]
Gonella 1990	20	19.00 (9.51)	20	20.90 (7.56)		0.3	-1.90 [-7.22, 3.42]
Guelfi 1983	59	11.00 (9.00)	68	3.60 (2.20)		0.6	-2.60 [-6.30, 1.10]
Harris 1991	24	10.40 (8.10)	26	6.00 (5.70)	t	0.5	4.40 [0.49, 8.31]
Itil 1983	9	12.70 (8.20)	14	10.40 (6.80)		0.2	2.30 [-4.13, 8.73]
Klok 1981	13	9.20 (6.80)	15	6.80 (6.70)		0.3	2.40 [-2.62, 7.42]
Lapierre 1987	7	6.14 (3.48)	2	16.50 (21.92)	·	0.0	-10.36 [-40.85, 20.13]
Lydiard 1989	17	12.59 (8.52)	15	10.07 (7.87)		0.2	2.52 [-3.16, 8.20]
Mullin 1988	26	8.31 (2.07)	24	8.46 (5.24)		1.5	-0.15 [-2.39, 2.09]
Nathan 1990	17	11.00 (8.10)	18	11.61 (7.55)		0.3	-0.61 [-5.81, 4.59]
Norton 1984	33	11.45 (6.48)	30	.3 (6.38)		0.8	0.14 [-3.04, 3.32]
Ottevanger 1995	20	13.00 (9.07)	20	12.00 (7.20)		0.3	1.00 [-4.08, 6.08]
Rahman 1991	17	22.16 (10.09)	19	20.90 (10.05)		0.2	1.26 [-5.33, 7.85]
Remick 1994	16	11.25 (8.33)	17	12.00 (7.39)		0.3	-0.75 [-6.14, 4.64]
Roth 1990	27	17.20 (9.00)	24	18.40 (9.30)		0.3	-1.20 [-6.24, 3.84]
ubtotal (95% CI)	482		494		•	21.6	-0.01 [-0.60, 0.59]
est for heterogeneity est for overall effect z			0.43 =2	2.3%			
14 Paroxetine Anonymous 1990	34	9.20 (4.80)	36	6.20 (4.50)		1.6	3.00 [0.82, 5.18]
Arminen 1992	21	8.76 (5.63)	29	11.21 (9.45)		0.4	-2.45 [-6.65, 1.75]
					-10.0 -5.0 0 5.0 10.0 Favours SSRI Favours tricyclic		(Continued

(... Continued)

Selective serotonin reuptake inhibitors (SSRIs) versus other antidepressants for depression (Review) Copyright © 2006 The Cochrane Collaboration. Published by John Wiley & Sons, Ltd

(Continued)
Weighted Mean Difference (Fixed)
95% CI

Study	Ν	Mean(SD)	Ν	Mean(SD)	Weighted Mean Difference (Fixed) 95% Cl	Weight (%)	Weighted Mean Difference (Fixed) 95% Cl
Battegay 1985	8	4.88 (2.80)	6	4.50 (5.05)	. <u> </u>	0.4	0.38 [-4.10, 4.86]
Cohn 1990a	35	15.90 (7.36)	31	14.15 (7.29)		0.6	1.75 [-1.79, 5.29]
Geretsegger 1995	28	10.20 (8.90)	31	12.00 (9.60)		0.3	-1.80 [-6.52, 2.92]
Hutchinson 1992	46	8.20 (6.90)	21	8.20 (7.90)		0.5	0.00 [-3.92, 3.92]
Kuhs 1989	14	7.50 (4.90)	17	7.10 (5.00)	-	0.6	0.40 [-3.10, 3.90]
Laursen 1985	16	7.00 (8.00)	14	6.50 (6.50)		0.3	0.50 [-4.69, 5.69]
Moller 1993	72	11.50 (8.30)	68	9.30 (6.30)	-	1.3	2.20 [-0.23, 4.63]
Nielsen 1991	П	13.00 (7.00)	12	13.00 (5.00)		0.3	0.00 [-5.01, 5.01]
Ohrberg 1992	61	8.58 (7.00)	59	9.10 (6.67)		1.3	-0.52 [-2.97, 1.93]
Ravindran 1997	500	12.40 (8.70)	502	12.60 (9.40)	-	6. I	-0.20 [-1.32, 0.92]
Staner 1995	21	17.80 (11.30)	19	10.70 (7.90)		0.2	7.10 [1.10, 13.10]
Stott 1993	243	13.80 (10.40)	262	13.90 (10.20)	_	2.4	-0.10 [-1.90, 1.70]
Stuppaeck 1994	68	9.10 (6.00)	66	9.40 (6.00)		1.9	-0.30 [-2.33, 1.73]
Subtotal (95% CI) Test for heterogeneity Test for overall effect z			73 0.2 =2	22.0%	•	18.2	0.35 [-0.30, 1.00]
05 Sertraline							
Bersani 1994	31	16.00 (6.50)	30	16.00 (6.10)		0.8	0.00 [-3.16, 3.16]
Cohn 1990	121	10.40 (8.96)	64	11.00 (8.96)		1.0	-0.60 [-3.31, 2.11]
Ravindran 1995	34	10.65 (7.78)	30	9.40 (8.21)		0.5	1.25 [-2.68, 5.18]
Reimherr 1990	142	11.62 (8.24)	44	10.54 (7.97)	+	2.2	1.08 [-0.80, 2.96]
Subtotal (95% CI) Test for heterogeneity Test for overall effect z			268 75 I =0.09	%	•	4.5	0.52 [-0.79, 1.83]
Total (95% Cl) Test for heterogeneity Test for overall effect z			3190 0.004 1 =	=34.5%		100.0	-0.09 [-0.37, 0.19]
					-10.0 -5.0 0 5.0 10.0 Favours SSRI Favours tricyclic		

Analysis 03.01. Comparison 03 SSRI versus Tricyclics in Inpatients, Outcome 01 Efficacy

Review: Selective serotonin reuptake inhibitors (SSRIs) versus other antidepressants for depression

Comparison: 03 SSRI versus Tricyclics in Inpatients

Outcome: 01 Efficacy

Study	Ν	Mean(SD)	Ν	Mean(SD)	Weighted Mean Difference (Fixed) 95% Cl	Weight (%)	Weighted Mean Difference (Fixe 95% Cl
) Citalopram							
De Wilde 1985	29	1.20 (1.60)	29	2.00 (2.00)	-	27.2	-0.80 [-1.73, 0.13]
Gravem 1987	12	1.92 (1.08)	14	2.21 (1.05)	+	35.0	-0.29 [-1.11, 0.53]
Subtotal (95% CI)	41		43		•	62.2	-0.51 [-1.13, 0.10]
est for heterogeneity c est for overall effect z=			42 =0.0)%			
02 Fluoxetine							
Beasley 1993a	54	19.50 (9.90)	60	15.10 (9.00)		1.9	4.40 [0.91, 7.89]
Ginestet 1989	28	10.40 (7.20)	26	5.30 (3.40)		2.7	5.10 [2.13, 8.07]
Kerkhofs 1990	9	8.44 (6.20)	10	9.80 (4.60)		1.0	-1.36 [-6.31, 3.59]
Laakmann 1991	62	9.65 (7.86)	62	9.47 (7.56)		3.2	0.18 [-2.53, 2.89]
Manna 1989	15	8.50 (5.00)	15	10.00 (5.00)	·	1.8	-1.50 [-5.08, 2.08]
ubtotal (95% Cl)	168		173		*	10.6	1.76 [0.27, 3.25]
est for heterogeneity c	hi-squar	re=13.07 df=4 p=0	0.011=6	9.4%			
θ,	=2.31 p	o=0.02					
est for overall effect z= 13 Fluvoxamine							
est for overall effect z= 13 Fluvoxamine Dick 1983	13	9.60 (5.60)	13	7.80 (6.30)		1.1	1.80 [-2.78, 6.38]
est for overall effect z= 3 Fluvoxamine			13 68	7.80 (6.30) 13.60 (12.20)	 	. .7	1.80 [-2.78, 6.38] -2.60 [-6.30, 1.10]
est for overall effect z= 3 Fluvoxamine Dick 1983	13	9.60 (5.60)		· · · ·	 		
est for overall effect z= 3 Fluvoxamine Dick 1983 Guelfi 1983	13 59	9.60 (5.60) 11.00 (9.00)	68	13.60 (12.20)		1.7	-2.60 [-6.30, 1.10]
est for overall effect z= 3 Fluvoxamine Dick 1983 Guelfi 1983 Klok 1981	13 59 13	9.60 (5.60) 11.00 (9.00) 9.20 (6.80)	68 15	13.60 (12.20) 6.80 (6.70)		1.7 0.9	-2.60 [-6.30, 1.10] 2.40 [-2.62, 7.42]
ast for overall effect z= 3 Fluvoxamine Dick 1983 Guelfi 1983 Klok 1981 Lapierre 1987	13 59 13 7	9.60 (5.60) 11.00 (9.00) 9.20 (6.80) 6.14 (3.48)	68 15 2	13.60 (12.20) 6.80 (6.70) 16.50 (21.92)		1.7 0.9 0.0	-2.60 [-6.30, 1.10] 2.40 [-2.62, 7.42] -10.36 [-40.85, 20.13]
est for overall effect z= 13 Fluvoxamine Dick 1983 Guelfi 1983 Klok 1981 Lapierre 1987 Nathan 1990	13 59 13 7 17	9.60 (5.60) 11.00 (9.00) 9.20 (6.80) 6.14 (3.48) 11.00 (8.10)	68 15 2 18	13.60 (12.20) 6.80 (6.70) 16.50 (21.92) 11.61 (7.55)		1.7 0.9 0.0 0.9	-2.60 [-6.30, 1.10] 2.40 [-2.62, 7.42] -10.36 [-40.85, 20.13] -0.61 [-5.81, 4.59]
est for overall effect z= 13 Fluvoxamine Dick 1983 Guelfi 1983 Klok 1981 Lapierre 1987 Nathan 1990 Ottevanger 1995	13 59 13 7 17 20	9.60 (5.60) 11.00 (9.00) 9.20 (6.80) 6.14 (3.48) 11.00 (8.10) 13.00 (9.07)	68 15 2 18 20	13.60 (12.20) 6.80 (6.70) 16.50 (21.92) 11.61 (7.55) 12.00 (7.20)		1.7 0.9 0.0 0.9 0.9	-2.60 [-6.30, 1.10] 2.40 [-2.62, 7.42] -10.36 [-40.85, 20.13] -0.61 [-5.81, 4.59] 1.00 [-4.08, 6.08]
est for overall effect z= 13 Fluvoxamine Dick 1983 Guelfi 1983 Klok 1981 Lapierre 1987 Nathan 1990 Ottevanger 1995 Rahman 1991	13 59 13 7 17 20 17 146 :hi-squar	9.60 (5.60) 11.00 (9.00) 9.20 (6.80) 6.14 (3.48) 11.00 (8.10) 13.00 (9.07) 22.16 (10.09) me=14.27 df=6 p=0	68 15 2 18 20 19 155	13.60 (12.20) 6.80 (6.70) 16.50 (21.92) 11.61 (7.55) 12.00 (7.20) 10.90 (10.05)		1.7 0.9 0.0 0.9 0.9 0.5	-2.60 [-6.30, 1.10] 2.40 [-2.62, 7.42] -10.36 [-40.85, 20.13] -0.61 [-5.81, 4.59] 1.00 [-4.08, 6.08] 11.26 [4.67, 17.85]
est for overall effect z= 3 Fluvoxamine Dick 1983 Guelfi 1983 Klok 1981 Lapierre 1987 Nathan 1990 Ottevanger 1995 Rahman 1991 ubtotal (95% CI) est for overall effect z= 4 Paroxetine	13 59 13 7 17 20 17 146 :hi-squar	9.60 (5.60) 11.00 (9.00) 9.20 (6.80) 6.14 (3.48) 11.00 (8.10) 13.00 (9.07) 22.16 (10.09) me=14.27 df=6 p=0	68 15 2 18 20 19 155	13.60 (12.20) 6.80 (6.70) 16.50 (21.92) 11.61 (7.55) 12.00 (7.20) 10.90 (10.05) 8.0%		 1.7 0.9 0.0 0.9 0.9 0.5 6.2 	-2.60 [-6.30, 1.10] 2.40 [-2.62, 7.42] -10.36 [-40.85, 20.13] -0.61 [-5.81, 4.59] 1.00 [-4.08, 6.08] 11.26 [4.67, 17.85] 0.98 [-0.98, 2.94]
est for overall effect z= 3 Fluvoxamine Dick 1983 Guelfi 1983 Klok 1981 Lapierre 1987 Nathan 1990 Ottevanger 1995 Rahman 1991 ubtotal (95% CI) est for overall effect z=	13 59 13 7 17 20 17 146 :hi-squar	9.60 (5.60) 11.00 (9.00) 9.20 (6.80) 6.14 (3.48) 11.00 (8.10) 13.00 (9.07) 22.16 (10.09) me=14.27 df=6 p=0	68 15 2 18 20 19 155	13.60 (12.20) 6.80 (6.70) 16.50 (21.92) 11.61 (7.55) 12.00 (7.20) 10.90 (10.05)		1.7 0.9 0.0 0.9 0.9 0.5	-2.60 [-6.30, 1.10] 2.40 [-2.62, 7.42] -10.36 [-40.85, 20.13] -0.61 [-5.81, 4.59] 1.00 [-4.08, 6.08] 11.26 [4.67, 17.85]
est for overall effect z= 13 Fluvoxamine Dick 1983 Guelfi 1983 Klok 1981 Lapierre 1987 Nathan 1990 Ottevanger 1995 Rahman 1991 ubtotal (95% CI) est for heterogeneity of est for overall effect z= 14 Paroxetine	13 59 13 7 17 20 17 146 chi-squar =0.98 p	9.60 (5.60) 11.00 (9.00) 9.20 (6.80) 6.14 (3.48) 11.00 (8.10) 13.00 (9.07) 22.16 (10.09) re=14.27 df=6 p=0 p=0.3	68 15 2 18 20 19 155 0.03 I =5	13.60 (12.20) 6.80 (6.70) 16.50 (21.92) 11.61 (7.55) 12.00 (7.20) 10.90 (10.05) 8.0%		 1.7 0.9 0.0 0.9 0.9 0.5 6.2 	-2.60 [-6.30, 1.10] 2.40 [-2.62, 7.42] -10.36 [-40.85, 20.13] -0.61 [-5.81, 4.59] 1.00 [-4.08, 6.08] 11.26 [4.67, 17.85] 0.98 [-0.98, 2.94]

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Study	Ν	Mean(SD)	Ν	Mean(SD)	Weighted Mean Difference (Fixed) 95% Cl	Weight (%)	Weighted Mean Difference (Fixed 95% Cl
Kuhs 1989	14	7.50 (4.90)	17	7.10 (5.00)		1.9	0.40 [-3.10, 3.90]
Laursen 1985	16	7.00 (8.00)	14	6.50 (6.50)		0.9	0.50 [-4.69, 5.69]
Mertens 1988	36	.50 (6.00)	31	17.80 (16.00)	·	0.4	-6.30 [-13.98, 1.38]
Moller 1993	72	11.50 (8.30)	68	9.30 (6.30)		4.0	2.20 [-0.23, 4.63]
Staner 1995	21	17.80 (11.30)	19	10.70 (7.90)		0.7	7.10 [1.10, 13.10]
Stuppaeck 1994	68	9.10 (6.00)	66	9.40 (6.00)		5.7	-0.30 [-2.33, 1.73]
Subtotal (95% CI)	310		311		•	21.0	0.96 [-0.10, 2.02]
Test for overall effect :	z=1.77 p	p=0.08					
05 Sertraline Subtotal (95% CI)	0		0			0.0	Not estimable
Test for heterogeneity	: not appl	icable					
Test for overall effect:	not applic	able					
Total (95% CI)	665		682		•	100.0	0.13 [-0.36, 0.62]
Test for heterogeneity	chi-squar	re=57.09 df=22 p=	=<0.000	=61.5%			
Test for overall effect :	z=0.52 p	p=0.6					
					-10.0 -5.0 0 5.0 10.0		
					Favours SSRI Favours tricyclic		

Analysis 04.01. Comparison 04 Tricyclics and related drugs versus SSRIs, Outcome 01 Efficacy

Review: Selective serotonin reuptake inhibitors (SSRIs) versus other antidepressants for depression

Comparison: 04 Tricyclics and related drugs versus SSRIs

Outcome: 01 Efficacy

N 68 68	Mean(SD) 9.50 (8.50)	95% CI	(%) 0.5	95% Cl I.00 [-2.49, 4.49]
	9.50 (8.50)			1.00 [-2.49, 4.49]
	9.50 (8.50)			1.00 [-2.49, 4.49]
68				
			0.5	1.00 [-2.49, 4.49]
6	4.50 (5.05)		0.3	0.38 [-4.10, 4.86]
71	16.40 (10.30)		0.5	-0.80 [-4.20, 2.60]
30	16.00 (6.10)		0.6	0.00 [-3.16, 3.16]
	71	71 16.40 (10.30) 30 16.00 (6.10)	71 16.40 (10.30)	71 16.40 (10.30) 0.5 30 16.00 (6.10) 0.6

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Study	Ν	SSRI Mean(SD)	Ν	tricyclic Mean(SD)	Weighted Mean Difference (Fixed) 95% Cl	Weight (%)	Weighted Mean Difference (Fixed) 95% Cl
Cohn 1990	121	10.40 (8.96)	64	11.00 (8.96)		0.8	-0.60 [-3.31, 2.11]
Geretsegger 1995	28	10.20 (8.90)	31	12.00 (9.60)		0.3	-1.80 [-6.52, 2.92]
Gravem 1987	12	1.92 (1.08)	14	2.21 (1.05)	-	9.1	-0.29 [-1.11, 0.53]
Harris 1991	24	10.40 (8.10)	26	6.00 (5.70)		0.4	4.40 [0.49, 8.31]
Hutchinson 1992	46	8.20 (6.90)	21	8.20 (7.90)		0.4	0.00 [-3.92, 3.92]
Judd 1993	23	9.60 (6.20)	23	11.60 (6.00)		0.5	-2.00 [-5.53, 1.53]
Kerkhofs 1990	9	8.44 (6.20)	10	9.80 (4.60)		0.3	-1.36 [-6.31, 3.59]
Kuhs 1989	14	7.50 (4.90)	17	7.10 (5.00)		0.5	0.40 [-3.10, 3.90]
Laakmann 1988	39	9.60 (6.30)	46	6.70 (4.70)		1.1	2.90 [0.50, 5.30]
Laakmann 1991	62	9.65 (7.86)	62	9.47 (7.56)		0.8	0.18 [-2.53, 2.89]
Laursen 1985	16	7.00 (8.00)	14	6.50 (6.50)		0.2	0.50 [-4.69, 5.69]
Moller 1993	72	11.50 (8.30)	68	9.30 (6.30)		1.0	2.20 [-0.23, 4.63]
Peters 1990	40	.00 (9.00)	41	10.00 (6.00)		0.6	1.00 [-2.34, 4.34]
Reimherr 1990	142	11.62 (8.24)	144	10.54 (7.97)		1.7	1.08 [-0.80, 2.96]
Remick 1994	16	11.25 (8.33)	17	12.00 (7.39)		0.2	-0.75 [-6.14, 4.64]
Shaw 1986	24	11.50 (14.00)	20	2.50 (.20)		0.1	-1.00 [-8.45, 6.45]
Staner 1995	21	17.80 (11.30)	19	10.70 (7.90)		0.2	7.10 [1.10, 13.10]
Stott 1993	243	3.80 (0.40)	262	3.90 (0.20)		1.9	-0.10 [-1.90, 1.70]
Stuppaeck 1994	68	9.10 (6.00)	66	9.40 (6.00)		1.5	-0.30 [-2.33, 1.73]
Young 1987	25	11.96 (5.24)	25	11.32 (6.76)	-	0.5	0.64 [-2.71, 3.99]
Subtotal (95% CI) Test for heterogeneity Test for overall effect z			1097 0.38 I =5	6.6%	•	23.7	0.23 [-0.28, 0.74]
03 Clomipramine Anonymous 1990	34	9.20 (4.80)	36	6.20 (4.50)		1.3	3.00 [0.82, 5.18]
De Wilde 1983	15	7.90 (6.70)	15	11.10 (8.50)		0.2	-3.20 [-8.68, 2.28]
Dick 1983	13	9.60 (5.60)	13	7.80 (6.30)		0.3	1.80 [-2.78, 6.38]
Ginestet 1989	28	10.40 (7.20)	26	5.30 (3.40)		0.7	5.10 [2.13, 8.07]
Guillibert 1989	40	8.40 (5.90)	39	8.20 (6.60)		0.8	0.20 [-2.56, 2.96]
Klok 1981	13	9.20 (6.80)	15	6.80 (6.70)		0.2	2.40 [-2.62, 7.42]
Manna 1989	15	8.50 (5.00)	15	10.00 (5.00)		0.5	-1.50 [-5.08, 2.08]
Noguera 1991	60	10.12 (8.66)	60	13.20 (9.09)		0.6	-3.08 [-6.26, 0.10]
Ottevanger 1995	20	13.00 (9.07)	20	12.00 (7.20)		0.2	1.00 [-4.08, 6.08]
					-10.0 -5.0 0 5.0 10.0 Favours SSRI Favours tricyclic		(Continued)

Study		SSRI		tricyclic	Weighted Mean Difference (Fixed)	Weight	Weighted Mean Difference (Fixe
	Ν	Mean(SD)	Ν	Mean(SD)	95% CI	(%)	95% CI
Pakesch 1991	91	7.93 (6.19)	48	7.86 (7.52)		0.1	0.07 [-2.41, 2.55]
Ravindran 1997	500	12.40 (8.70)	502	12.60 (9.40)	+	4.9	-0.20 [-1.32, 0.92]
Ropert 1989	55	8.20 (4.50)	48	9.60 (5.30)		1.7	-1.40 [-3.31, 0.51]
Subtotal (95% Cl) Test for heterogeneity Test for overall effect z			837 =0.004 I =	-60.3%	•	12.5	0.20 [-0.51, 0.90]
	–0.54 р	-0.6					
04 Desipramine Nathan 1990	17	.00 (8. 0)	18	.6 (7.55)		0.2	-0.61 [-5.81, 4.59]
Roth 1990	27	17.20 (9.00)	24	18.40 (9.30)		0.2	-1.20 [-6.24, 3.84]
Subtotal (95% CI)	44		42			0.5	-0.91 [-4.53, 2.70]
Test for heterogeneity Test for overall effect z			37 I =0.09	%			
05 Dothiepin							
Anonymous 1988	16	9.50 (8.00)	21	10.00 (9.20)		0.2	-0.50 [-6.05, 5.05]
Come 1989	34	11.60 (6.20)	44	9.10 (5.80)		0.8	2.50 [-0.20, 5.20]
Mullin 1988	26	8.31 (2.07)	24	8.46 (5.24)		1.2	-0.15 [-2.39, 2.09]
Subtotal (95% CI) Test for heterogeneity Test for overall effect z			89 30 = 7.5	5%		2.3	0.81 [-0.84, 2.45]
06 Doxepine Subtotal (95% Cl)	0		0			0.0	Not estimable
Test for heterogeneity:							
Test for overall effect: r							
Test for overall effect: r 07 Imipramine							
	105	3.90 (8.90)	106	14.90 (8.80)		1.1	-1.00 [-3.39, 1.39]
07 Imipramine	105 21	13.90 (8.90) 8.76 (5.63)	106 29	4.90 (8.80) .2 (9.45)		1.1 0.3	-1.00 [-3.39, 1.39] -2.45 [-6.65, 1.75]
07 Imipramine Amin 1984		. ,		. ,	 		
07 Imipramine Amin 1984 Arminen 1992	21	8.76 (5.63)	29	11.21 (9.45)		0.3	-2.45 [-6.65, 1.75]
07 Imipramine Amin 1984 Arminen 1992 Beasley 1993a	21 105	8.76 (5.63) 13.90 (8.90)	29 106	.2 (9.45) 4.90 (8.80)		0.3 1.1	-2.45 [-6.65, 1.75] -1.00 [-3.39, 1.39]
07 Imipramine Amin 1984 Arminen 1992 Beasley 1993a Bramanti 1988	21 105 28	8.76 (5.63) 13.90 (8.90) 14.10 (4.83)	29 106 29	11.21 (9.45) 14.90 (8.80) 11.45 (4.28)		0.3 1.1 1.1	-2.45 [-6.65, 1.75] -1.00 [-3.39, 1.39] 2.65 [0.28, 5.02]
07 Imipramine Amin 1984 Arminen 1992 Beasley 1993a Bramanti 1988 Bremner 1994	21 105 28 16	8.76 (5.63) 13.90 (8.90) 14.10 (4.83) 1.69 (0.87)	29 106 29 19	11.21 (9.45) 14.90 (8.80) 11.45 (4.28) 2.89 (0.94)		0.3 1.1 1.1 17.1	-2.45 [-6.65, 1.75] -1.00 [-3.39, 1.39] 2.65 [0.28, 5.02] -1.20 [-1.80, -0.60]
07 Imipramine Amin 1984 Arminen 1992 Beasley 1993a Bramanti 1988 Bremner 1994 Byerley 1988	21 105 28 16 20	8.76 (5.63) 13.90 (8.90) 14.10 (4.83) 1.69 (0.87) 12.80 (7.70)	29 106 29 19 24	11.21 (9.45) 14.90 (8.80) 11.45 (4.28) 2.89 (0.94) 13.70 (8.50)		0.3 1.1 1.1 17.1 0.3	-2.45 [-6.65, 1.75] -1.00 [-3.39, 1.39] 2.65 [0.28, 5.02] -1.20 [-1.80, -0.60] -0.90 [-5.69, 3.89]
07 Imipramine Amin 1984 Arminen 1992 Beasley 1993a Bramanti 1988 Bremner 1994 Byerley 1988 Cohn 1984	21 105 28 16 20 35	8.76 (5.63) 13.90 (8.90) 14.10 (4.83) 1.69 (0.87) 12.80 (7.70) 14.72 (8.81)	29 106 29 19 24 31	11.21 (9.45) 14.90 (8.80) 11.45 (4.28) 2.89 (0.94) 13.70 (8.50) 14.54 (8.85)		0.3 1.1 1.1 17.1 0.3 0.3	-2.45 [-6.65, 1.75] -1.00 [-3.39, 1.39] 2.65 [0.28, 5.02] -1.20 [-1.80, -0.60] -0.90 [-5.69, 3.89] 0.18 [-4.09, 4.45]
07 Imipramine Amin 1984 Arminen 1992 Beasley 1993a Bramanti 1988 Bremner 1994 Byerley 1988 Cohn 1984 Cohn 1990a	21 105 28 16 20 35 35	8.76 (5.63) 13.90 (8.90) 14.10 (4.83) 1.69 (0.87) 12.80 (7.70) 14.72 (8.81) 15.90 (7.36)	29 106 29 19 24 31 31	 11.21 (9.45) 14.90 (8.80) 11.45 (4.28) 2.89 (0.94) 13.70 (8.50) 14.54 (8.85) 14.15 (7.29) 		0.3 1.1 1.1 17.1 0.3 0.3 0.5	-2.45 [-6.65, 1.75] -1.00 [-3.39, 1.39] 2.65 [0.28, 5.02] -1.20 [-1.80, -0.60] -0.90 [-5.69, 3.89] 0.18 [-4.09, 4.45] 1.75 [-1.79, 5.29]
07 Imipramine Amin 1984 Arminen 1992 Beasley 1993a Bramanti 1988 Bremner 1994 Byerley 1988 Cohn 1984 Cohn 1990a Dominguez 1985	21 105 28 16 20 35 35 16	8.76 (5.63) 13.90 (8.90) 14.10 (4.83) 1.69 (0.87) 12.80 (7.70) 14.72 (8.81) 15.90 (7.36) 2.40 (1.30)	29 106 29 19 24 31 31 19	 11.21 (9.45) 14.90 (8.80) 11.45 (4.28) 2.89 (0.94) 13.70 (8.50) 14.54 (8.85) 14.15 (7.29) 2.70 (1.00) 		0.3 1.1 17.1 0.3 0.3 0.5 10.1	-2.45 [-6.65, 1.75] -1.00 [-3.39, 1.39] 2.65 [0.28, 5.02] -1.20 [-1.80, -0.60] -0.90 [-5.69, 3.89] 0.18 [-4.09, 4.45] 1.75 [-1.79, 5.29] -0.30 [-1.08, 0.48]

(.		Continued)
· · ·		

N 59 7 17 11 33 51 380	SSRI Mean(SD) 11.00 (9.00) 12.70 (8.20) 6.14 (3.48) 12.59 (8.52) 13.00 (7.00) 11.45 (6.48) 8.59 (7.00)	N 68 14 2 15 12 30	tricyclic Mean(SD) 13.60 (12.20) 10.40 (6.80) 16.50 (21.92) 10.07 (7.87) 13.00 (5.00)	Weighted Mean Difference (Fixed) 95% Cl	Weight (%) 0.5 0.1 0.0 0.2	Weighted Mean Difference (Fixe 95% Cl -2.60 [-6.30, 1.10] 2.30 [-4.13, 8.73] -10.36 [-40.85, 20.13] 2.52 [-3.16, 8.20]
9 7 1 7 1 1 3 3 5 1 3 80	12.70 (8.20) 6.14 (3.48) 12.59 (8.52) 13.00 (7.00) 11.45 (6.48) 8.59 (7.00)	14 2 15 12 30	10.40 (6.80) 16.50 (21.92) 10.07 (7.87) 13.00 (5.00)		0.1 0.0	2.30 [-4.13, 8.73] -10.36 [-40.85, 20.13]
7 17 33 51 380	6.14 (3.48) 12.59 (8.52) 13.00 (7.00) 11.45 (6.48) 8.59 (7.00)	2 15 12 30	16.50 (21.92) 10.07 (7.87) 13.00 (5.00)		0.0	-10.36 [-40.85, 20.13]
17 11 33 51 380	12.59 (8.52) 13.00 (7.00) 11.45 (6.48) 8.59 (7.00)	15 12 30	10.07 (7.87)	·		
1 1 33 5 1 380	13.00 (7.00) 11.45 (6.48) 8.59 (7.00)	12 30	13.00 (5.00)		0.2	2.52 [-3.16, 8.20]
33 51 380	11.45 (6.48) 8.59 (7.00)	30	. ,			-
51 380	8.59 (7.00)		1121 // 201		0.2	0.00 [-5.01, 5.01]
380		EO	.3 (6.38)		0.6	0.14 [-3.04, 3.32]
		59	9.10 (6.67)		1.0	-0.5 [-2.96, .94]
	10.65 (6.80)	85	10.70 (6.40)	+	2.7	-0.05 [-1.57, 1.47]
85	6.50 (0.10)	186	6.20 (0. 0)		1.5	0.30 [-1.76, 2.36]
14	7.10 (4.80)	9	7.40 (11.70)		0.1	-0.30 [-8.35, 7.75]
62	.60 (7.60)	62	12.20 (7.90)		0.8	-0.60 [-3.33, 2.13]
		1001 0.461=0	1.2%	•	40.3	-0.59 [-0.98, -0.20]
- F						
76	4. 0 (7.20)	77	13.20 (6.80)	_ 	1.3	0.90 [-1.32, 3.12]
		77		-	1.3	0.90 [-1.32, 3.12]
39	9.50 (10.30)	34	9.40 (8.50)		0.3	0.10 [-4.21, 4.41]
28	19.00 (8.34)	34	16.38 (7.60)		0.4	2.62 [-1.39, 6.63]
21	3.60 (6.10)	21	13.00 (7.80)		0.3	0.60 [-3.64, 4.84]
21	3.50 (6.30)	20	13.20 (5.40)		0.5	0.30 [-3.29, 3.89]
73	9.00 (8.00)	69	11.00 (8.00)	<u> </u>	0.9	-2.00 [-4.63, 0.63]
14	16.60 (9.70)	13	4.60 (0. 0)		0.1	2.00 [-5.48, 9.48]
196		191		+	2.5	-0.07 [-1.63, 1.49]
		2 =0.09	%			
37	20.00 (12.00)	34	13.00 (10.00)		0.2	7.00 [.88, 2. 2]
33	.00 (4.50)	32	8.00 (5.00)		1.2	3.00 [0.69, 5.31]
29	1.20 (1.60)	29	2.00 (2.00)	-#-	7.1	-0.80 [-1.73, 0.13]
24	12.00 (6.00)	25	15.90 (5.50)		0.6	-3.90 [-7.13, -0.67]
	2 291 square: 25 p= 76 applica 79 p= 39 88 21 21 33 4 96 square: 08 p= 33 33 33	32 11.60 (7.60) 291 391 $square=21.05 df=21 p=0$ $95 p=0.03$ 76 14.10 (7.20) 76 14.10 (7.20) 76 $9.50 (10.30)$ 79 $p=0.4$ 79 $p=0.0$ (8.34) $11.3.50 (6.30)$ $9.00 (8.00)$ 4 $16.60 (9.70)$ 96 $p=0.9$ 77 $20.00 (12.00)$ 73 $20.00 (12.00)$ 73 $11.00 (4.50)$ 79 $1.20 (1.60)$	i2 11.60 (7.60) 62 i001 i001 square=21.05 df=21 p=0.46 1=0 i001 77 i011 77 i011 77 i011 1010 i011 13.60 (6.10) 21 i111 13.60 (6.30) 20 i111 13.60 (6.30) 20 i111 13.60 (9.70) 13 i111 13.60 (9.70) 13 i111 13.60 (12.00) 34 i111 13.60 (12.00) 34 i211 13.60 (12.00) 34 i311 11.00 (4.50) 32 i311 11.00 (4.50) 32 i32 11.20 (1.60) 29	22 11.60 (7.60) 62 12.20 (7.90) 291 1001 square=1.05 df=21 p=0.4 19.00 29 14.10 (7.20) 77 13.20 (6.80) 26 14.10 (7.20) 77 13.20 (6.80) 26 9-50 (10.30) 34 9.40 (8.50) 29 9-50 (10.30) 34 16.38 (7.60) 29 9.50 (10.30) 34 16.38 (7.60) 20 13.60 (6.10) 21 13.00 (7.80) 21 13.60 (6.10) 21 13.00 (7.80) 21 13.60 (6.10) 21 13.00 (7.80) 23 9.00 (8.00) 69 10.00 (8.00) 23 9.00 (8.00) 13 14.60 (10.10) 23 9.00 (8.00) 13 14.60 (10.10) 26 9.00 (12.00) 34 13.00 (10.00) 28 9.00 (12.00) 34 13.00 (10.00) 29 10.00 (4.50) 32 8.00 (5.00) 29 10.00 (4.60) 29 2.00 (2.00)	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	$\begin{array}{c ccccccccccccccccccccccccccccccccccc$

Muijen 1988 Phanjoo 1991		Mean(SD) 14.52 (6.65) 11.50 (16.00) 10.50 (7.50) 23.20 (10.90)	N 16 31 14 15	Mean(SD) 16.37 (4.92) 17.80 (16.00) 14.50 (10.20)	95% Cl	(%) 0.4	95% Cl -1.85 [-5.69, 1.99]
Mertens 1988 Muijen 1988 Phanjoo 1991 Subtotal (95% CI) Test for heterogeneity chi	36 14 16 208 i-square	11.50 (16.00)	31 14	17.80 (16.00)		0.4	-1.85 [-5.69, 1.99]
Muijen 1988 Phanjoo 1991 Subtotal (95% CI) Test for heterogeneity chi	14 16 208 i-square	10.50 (7.50)	14	. ,	•		
Phanjoo 1991 Subtotal (95% CI) Test for heterogeneity chi	16 208 i-square			14.50 (10.20)		0.1	-6.30 [-13.98, 1.38]
Subtotal (95% CI) Test for heterogeneity chi	208 i-square	23.20 (10.90)	15		•	0.1	-4.00 [-10.63, 2.63]
Test for heterogeneity chi	i-square			19.90 (7.62)		0.1	3.30 [-3.29, 9.89]
			196		•	9.9	-0.45 [-1.24, 0.34]
Test for overall effect z=1	ll n	e=26.67 df=7 p=0	.0004 =	73.8%			
	P	=0.3					
I I Moclobemide							
Barrelet 1991	30	.00 (0.00)	31	9.40 (8.20)		0.3	1.60 [-3.00, 6.20]
Bocksberger 1993	18	23.50 (14.20)	18	.90 (0. 0)		0.1	.60 [3.55, 9.65]
Bougerol 1992	63	3.02 (8.18)	67	12.71 (8.00)	_	0.8	0.31 [-2.47, 3.09]
Gattaz 1995	34	2.00 (2.00)	36	3.00 (4.00)		0.2	-1.00 [-7.10, 5.10]
Geerts 1994	13	9.80 (6.20)	15	9.10 (7.30)		0.2	0.70 [-4.30, 5.70]
Lonnqvist 1994	107	10.60 (6.00)	102	9.60 (5.50)		2.5	1.00 [-0.56, 2.56]
Reynaert 1995	42	12.90 (9.00)	38	12.20 (7.60)		0.5	0.70 [-2.94, 4.34]
Williams 1993	45	8.62 (7.27)	47	7.80 (6.67)		0.8	0.82 [-2.03, 3.67]
Subtotal (95% CI)	352		354		•	5.4	0.99 [-0.08, 2.06]
Test for heterogeneity chi		e=7.43 df=7 p=0.3		%			
Test for overall effect z=1	.81 p	=0.07					
12 Nortriptyline							
. ,	0		0			0.0	Not estimable
Test for heterogeneity: no	ot applic	able					
Test for overall effect: not	t applica	able					
13 Trazodone							
Beasley 1991	63	11.20 (7.20)	57	10.40 (7.70)		0.9	0.80 [-1.88, 3.48]
Falk 1989	13	10.08 (7.57)	12	16.08 (8.53)	<u>← ; </u>	0.2	-6.00 [-12.34, 0.34]
Fudge 1990	17	8.40 (9.00)	15	6.50 (5.10)		0.2	1.90 [-3.10, 6.90]
Subtotal (95% CI)	93		84		+	1.3	0.19 [-2.02, 2.40]
Test for heterogeneity chi			2 =53.6	5%			
Test for overall effect z=0		=0.9					
()	4442		4036	22.70/		100.0	-0.12 [-0.37, 0.13]
Test for heterogeneity chi			=0.0011	=33.7%			
Test for overall effect z=0).94 p	=0.3					
					-10.0 -5.0 0 5.0 10.0		

Analysis 05.01. Comparison 05 SSRIs v. Tricyclics, Outcome 01 Drug efficacy by trial design

Review: Selective serotonin reuptake inhibitors (SSRIs) versus other antidepressants for depression

Comparison: 05 SSRIs v. Tricyclics

Outcome: 01 Drug efficacy by trial design

Study		Treatment		Control	Weighted Mean Difference (Fixed)	Weight	Weighted Mean Difference (Fixe
	Ν	Mean(SD)	Ν	Mean(SD)	95% Cl	(%)	95% CI
I Intention to treat an Amin 1984	ialysis 105	13.90 (8.90)	106	14.90 (8.30)		1.4	-1.00 [-3.32, 1.32]
Battegay 1985	8	4.88 (2.80)	6	4.50 (5.05)		0.4	0.38 [-4.10, 4.86]
Beasley 1993a	54	19.50 (9.90)	60	15.10 (9.00)	·	0.6	4.40 [0.91, 7.89]
Beasley 1993b	65	15.60 (9.90)	71	16.40 (10.30)		0.7	-0.80 [-4.20, 2.60]
Bramanti 1988	28	14.10 (4.83)	29	11.45 (4.28)		1.4	2.65 [0.28, 5.02]
Gonella 1990	20	19.00 (9.51)	20			0.3	-1.90 [-7.22, 3.42]
		· · /		20.90 (7.56)			
Manna 1989	15	8.50 (5.00)	15	10.00 (5.00)		0.6	-1.50 [-5.08, 2.08]
Noguera 1991	60	10.12 (8.66)	60	13.20 (9.09)		0.8	-3.08 [-6.26, 0.10]
Ottevanger 1995	20	13.00 (9.07)	20	12.00 (7.20)		0.3	1.00 [-4.08, 6.08]
Pakesch 1991	91	7.93 (6.19)	48	7.86 (7.52)		1.2	0.07 [-2.41, 2.55]
Ravindran 1995	500	12.40 (8.70)	502	12.60 (9.40)	-	6.1	-0.20 [-1.32, 0.92]
Reimherr 1990	142	11.62 (8.24)	144	10.54 (7.97)		2.2	1.08 [-0.80, 2.96]
Remick 1994	16	11.25 (8.33)	17	12.00 (7.93)		0.2	-0.75 [-6.31, 4.81]
Rosenberg 1994	380	10.65 (6.80)	85	10.70 (6.40)	-	3.3	-0.05 [-1.57, 1.47]
Shaw 1986	24	.50 (4.00)	20	12.50 (11.20)		0.1	-1.00 [-8.45, 6.45]
Staner 1995	21	17.80 (11.30)	19	10.70 (7.90)		0.2	7.10 [1.10, 13.10]
Stark 1985	185	16.50 (10.10)	186	16.20 (10.10)		1.8	0.30 [-1.76, 2.36]
Tollefson 1994	62	11.60 (7.60)	62	12.20 (7.90)		1.0	-0.60 [-3.33, 2.13]
ubtotal (95% CI) est for heterogeneity o est for overall effect z			470 0. 3 =2	18.4%	•	22.6	0.15 [-0.44, 0.73]
02 Endpoint analysis							
Anonymous 1988	16	9.50 (8.00)	21	10.00 (9.20)		0.2	-0.50 [-6.05, 5.05]
Anonymous 1990	34	9.20 (4.80)	36	6.20 (4.50)		1.6	3.00 [0.82, 5.18]
Arminen 1992	21	8.76 (5.63)	29	11.21 (9.45)		0.4	-2.45 [-6.65, 1.75]
Bersani 1994	31	16.00 (6.50)	30	16.00 (6.10)		0.8	0.00 [-3.16, 3.16]
Bremner 1994	16	1.69 (0.87)	19	2.89 (0.94)	-	21.2	-1.20 [-1.80, -0.60]

Selective serotonin reuptake inhibitors (SSRIs) versus other antidepressants for depression (Review) Copyright © 2006 The Cochrane Collaboration. Published by John Wiley & Sons, Ltd

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(Continued	1)

Study	Ν	Treatment Mean(SD)	Ν	Control Mean(SD)	Weighted Mean Difference (Fixed) 95% Cl	Weight (%)	Weighted Mean Difference (Fix 95% Cl
Byerley 1988	20	12.80 (7.70)	24	I 3.70 (8.50)		0.3	-0.90 [-5.69, 3.89]
Cohn 1984	35	14.72 (8.81)	31	14.54 (8.85)		0.4	0.18 [-4.09, 4.45]
Cohn 1990	121	10.40 (8.96)	64	11.00 (8.96)		0.1	-0.60 [-3.31, 2.11]
Cohn 1990a	35	15.90 (7.36)	31	14.15 (7.29)		0.6	1.75 [-1.79, 5.29]
Corne 1989	34	11.60 (6.20)	44	9.10 (5.80)		1.1	2.50 [-0.20, 5.20]
Dalery 1992	73	10.50 (12.40)	68	9.50 (8.50)		0.6	1.00 [-2.49, 4.49]
De Wilde 1983	13	9.60 (5.60)	13	7.80 (6.30)		0.4	1.80 [-2.78, 6.38]
Dick 1983	13	9.60 (5.60)	13	7.80 (6.30)	.	0.4	1.80 [-2.78, 6.38]
Dominguez 1985	16	2.40 (1.30)	19	2.70 (1.00)	+	12.6	-0.30 [-1.08, 0.48]
Feighner 1989a	52	17.69 (9.20)	45	16.04 (9.20)		0.6	1.65 [-2.02, 5.32]
Geretsegger 1995	28	10.20 (8.90)	31	12.00 (9.60)		0.3	-1.80 [-6.52, 2.92]
Gravem 1987	12	1.92 (1.08)	14	2.21 (1.05)	+	11.3	-0.29 [-1.11, 0.53]
Guelfi 1983	59	11.00 (9.00)	68	13.60 (12.20)		0.6	-2.60 [-6.30, 1.10]
Harris 1991	24	10.40 (8.10)	26	6.00 (5.70)		0.5	4.40 [0.49, 8.31]
Hutchinson 1992	46	8.20 (6.90)	21	8.20 (7.90)		0.5	0.00 [-3.92, 3.92]
ltil 1983	9	12.70 (8.20)	14	10.40 (6.80)		0.2	2.30 [-4.13, 8.73]
udd 1993	23	9.60 (6.20)	23	11.60 (6.00)	<u> </u>	0.6	-2.00 [-5.53, 1.53]
Kerkhofs 1990	9	8.44 (6.20)	10	9.80 (4.60)		0.3	-1.36 [-6.31, 3.59]
Klok 1981	13	9.20 (6.80)	15	6.80 (6.70)		0.3	2.40 [-2.62, 7.42]
Kuhs 1989	14	7.50 (4.90)	17	7.10 (5.00)	,	0.6	0.40 [-3.10, 3.90]
Laakmann 1988	39	9.60 (6.30)	46	6.70 (4.70)	_ -	1.3	2.90 [0.50, 5.30]
Laakmann 1991	62	9.65 (7.86)	62	9.47 (7.56)	_ 	0.1	0.18 [-2.53, 2.89]
Lapierre 1987	7	6.14 (3.48)	2	16.50 (21.92)	·	0.0	-10.36 [-40.85, 20.13]
Laursen 1985	16	7.00 (8.00)	14	6.50 (6.50)		0.3	0.50 [-4.69, 5.69]
Lydiard 1989	17	12.59 (8.52)	15	10.07 (7.87)		0.2	2.52 [-3.16, 8.20]
Moller 1993	72	11.50 (8.30)	68	9.30 (6.30)		1.3	2.20 [-0.23, 4.63]
Mullin 1988	26	8.31 (2.07)	24	8.46 (5.24)	-	1.5	-0.15 [-2.39, 2.09]
Nielsen 1991	11	13.00 (7.00)	12	13.00 (5.00)		0.3	0.00 [-5.01, 5.01]
Norton 1984	33	11.45 (6.48)	30	.3 (6.38)		0.8	0.14 [-3.04, 3.32]
Ohrberg 1992	61	8.59 (7.00)	59	9.10 (6.67)		1.3	-0.5 [-2.96, 1.94]
Peters 1990	40	11.00 (9.00)	41	10.00 (6.00)	·	0.7	1.00 [-2.34, 4.34]
Rahman 1991	17	22.16 (10.09)	19	20.90 (10.05)		0.2	1.26 [-5.33, 7.85]

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Study		Treatment		Control	Weighted Mean Difference (Fixed)	Weight	Weighted Mean Difference (Fixed)
	Ν	Mean(SD)	Ν	Mean(SD)	95% CI	(%)	95% CI
Ravindran 1995	34	10.65 (7.78)	30	9.40 (8.21)		0.5	1.25 [-2.68, 5.18]
Remick 1993	24	13.04 (8.20)	15	6.93 (5.92)		0.4	6.11 [1.67, 10.55]
Robertson 1994	76	14.10 (7.20)	77	13.20 (6.80)		1.6	0.90 [-1.32, 3.12]
Ropert 1989	55	8.20 (4.50)	48	9.60 (5.30)		2.1	-1.40 [-3.31, 0.51]
Roth 1990	27	17.20 (9.00)	24	18.40 (9.30)		0.3	-1.20 [-6.24, 3.84]
Stott 1993	243	3.80 (0.40)	262	13.90 (6.00)		3.4	-0.10 [-1.60, 1.40]
Stratta 1991	14	7.10 (4.80)	9	7.40 (11.70)		0.1	-0.30 [-8.35, 7.75]
Stuppaeck 1994	68	9.10 (6.00)	66	9.40 (6.00)		1.9	-0.30 [-2.33, 1.73]
Young 1987	25	11.96 (5.24)	25	11.32 (6.76)	+	0.7	0.64 [-2.71, 3.99]
Subtotal (95% Cl)	1734		1674		•	77.4	-0.19 [-0.51, 0.12]
Test for heterogeneity	chi-squar	e=62.12 df=45 p=	0.05 =2	27.6%			
Test for overall effect	z=1.21 p	=0.2					
Total (95% CI)	3530		3144		•	100.0	-0.12 [-0.39, 0.16]
Test for heterogeneity	chi-squar	e=86.87 df=63 p=	0.02 =2	27.5%			
Test for overall effect	z=0.83 p	=0.4					

-10.0 -5.0 0 5.0 10.0 Favours SSRI

Favours tricyclic

Analysis 06.01. Comparison 06 SSRIs v. sedating/non-sedating tricyclic antidepressants, Outcome 01 SSRIs v. TCAs group in sedating v. non-sedating categories

Review: Selective serotonin reuptake inhibitors (SSRIs) versus other antidepressants for depression

Comparison: 06 SSRIs v. sedating/non-sedating tricyclic antidepressants

Outcome: 01 SSRIs v. TCAs group in sedating v. non-sedating categories

Study		Treatment		Control	Weighted Mean Difference (Fixed)	Weight	Weighted Mean Difference (Fixed
	Ν	Mean(SD)	Ν	Mean(SD)	95% CI	(%)	95% CI
I Sedating tricyclics							
Anonymous 1988	16	9.50 (8.00)	21	10.00 (9.20)		0.3	-0.50 [-6.05, 5.05]
Anonymous 1990	34	9.20 (4.80)	36	6.20 (4.50)		1.7	3.00 [0.82, 5.18]
Battegay 1985	8	4.88 (2.80)	6	4.50 (5.05)	-	0.4	0.38 [-4.10, 4.86]
Beasley 1993b	65	15.60 (9.90)	71	16.40 (10.30)		0.7	-0.80 [-4.20, 2.60]
Bersani 1994	31	16.00 (6.50)	30	16.00 (6.10)		0.8	0.00 [-3.16, 3.16]
Cohn 1990	121	10.40 (8.96)	31	12.00 (9.60)		0.6	-1.60 [-5.34, 2.14]
Come 1989	34	11.60 (6.20)	44	9.10 (5.80)		1.1	2.50 [-0.20, 5.20]
Dalery 1992	73	10.50 (12.40)	68	9.50 (8.50)		0.7	1.00 [-2.49, 4.49]
De Wilde 1983	15	7.90 (6.70)	15	11.10 (8.50)		0.3	-3.20 [-8.68, 2.28]
Dick 1983	13	9.60 (5.60)	13	7.80 (6.30)	·	0.4	1.80 [-2.78, 6.38]
Geretsegger 1995	28	10.20 (8.90)	31	12.00 (9.60)		0.4	-1.80 [-6.52, 2.92]
Ginestet 1989	28	10.40 (7.20)	26	5.30 (3.40)		0.9	5.10 [2.13, 8.07]
Gravem 1987	12	1.92 (1.08)	14	2.21 (1.05)	+	12.3	-0.29 [-1.11, 0.53]
Guillibert 1989	40	8.40 (5.90)	39	8.20 (6.60)		1.1	0.20 [-2.56, 2.96]
Harris 1991	24	10.40 (8.10)	26	6.00 (5.70)		0.5	4.40 [0.49, 8.31]
Hutchinson 1992	46	8.20 (6.90)	21	8.20 (7.90)		0.5	0.00 [-3.92, 3.92]
Judd 1993	23	9.60 (6.20)	23	11.60 (6.00)		0.7	-2.00 [-5.53, 1.53]
Kerkhofs 1990	9	8.44 (6.20)	10	9.80 (4.60)		0.3	-1.36 [-6.31, 3.59]
Klok 1981	13	9.20 (6.80)	15	6.80 (6.70)		0.3	2.40 [-2.62, 7.42]
Kuhs 1989	14	7.50 (4.90)	17	7.10 (5.00)		0.7	0.40 [-3.10, 3.90]
Laakmann 1988	39	9.60 (6.30)	46	6.70 (4.70)	.	1.4	2.90 [0.50, 5.30]
Laakmann 1991	62	9.65 (7.86)	62	9.47 (7.56)		1.1	0.18 [-2.53, 2.89]
Laursen 1985	16	7.00 (8.00)	14	6.50 (6.50)		0.3	0.50 [-4.69, 5.69]
Manna 1989	15	8.50 (5.00)	15	10.00 (5.00)		0.6	-1.50 [-5.08, 2.08]
Moller 1993	72	11.50 (8.30)	68	9.30 (6.30)		1.4	2.20 [-0.23, 4.63]

Favours SSRI Favours tricyclic

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Selective serotonin reuptake inhibitors (SSRIs) versus other antidepressants for depression (Review) Copyright © 2006 The Cochrane Collaboration. Published by John Wiley & Sons, Ltd

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(Continued	1)

Study	N	Treatment Mean(SD)	Ν	Control Mean(SD)	Weighted Mean Difference (Fixed) 95% Cl	Weight (%)	Weighted Mean Difference (Fi 95% Cl
Mullin 1988	26	8.31 (2.07)	24	8.46 (5.24)		1.6	-0.15 [-2.39, 2.09]
Noguera 1991	60	10.20 (8.66)	60	13.20 (9.09)		0.8	-3.00 [-6.18, 0.18]
Ottevanger 1995	20	13.00 (9.07)	20	12.00 (7.20)		0.3	1.00 [-4.08, 6.08]
Pakesch 1991	91	7.93 (6.19)	48	7.86 (7.52)	<u> </u>	1.3	0.07 [-2.41, 2.55]
Peters 1990	40	11.00 (9.00)	41	10.00 (6.00)	·	0.7	1.00 [-2.34, 4.34]
Reimherr 1990	142	11.62 (8.24)	44	10.54 (7.97)		2.3	1.08 [-0.80, 2.96]
Remick 1994	16	11.25 (8.33)	17	12.00 (7.39)		0.3	-0.75 [-6.14, 4.64]
Ropert 1989	55	8.20 (4.50)	48	9.60 (5.30)		2.3	-1.40 [-3.31, 0.51]
Shaw 1986	24	.50 (4.00)	20	2.50 (.20)		0.1	-1.00 [-8.45, 6.45]
Staner 1995	21	17.80 (11.30)	19	10.70 (7.90)		0.2	7.10 [1.10, 13.10]
Stott 1993	243	3.80 (0.40)	262	3.90 (0.20)	-	2.6	-0.10 [-1.90, 1.70]
Stuppaeck 1994	68	9.10 (6.00)	66	9.40 (6.00)	<u> </u>	2.0	-0.30 [-2.33, 1.73]
Young 1987	25	11.96 (5.24)	25	11.32 (6.76)		0.7	0.64 [-2.71, 3.99]
Subtotal (95% CI) Test for heterogeneity Test for overall effect z			1556 0.04 I =3	81.1%		45.2	0.33 [-0.10, 0.76]
	lice						
2 Non-sedating tricyc Amin 1984		1390 (890)	106	1490 (880)	+_	15	-100[-339]39]
Amin 1984	105	13.90 (8.90) 8 76 (5 63)	106 29	14.90 (8.80)		1.5 0.5	-1.00 [-3.39, 1.39]
Amin 1984 Arminen 1992	105 21	8.76 (5.63)	29	11.21 (9.45)	 	0.5	-2.45 [-6.65, 1.75]
Amin 1984 Arminen 1992 Beasley 1993a	105 21 54	8.76 (5.63)	29 60	11.21 (9.45)		0.5 0.7	-2.45 [-6.65, 1.75] 4.40 [0.91, 7.89]
Amin 1984 Arminen 1992 Beasley 1993a Bramanti 1988	105 21 54 28	8.76 (5.63) 19.50 (9.90) 14.10 (4.83)	29 60 29	11.21 (9.45) 15.10 (9.00) 11.45 (4.28)	 	0.5 0.7 1.5	-2.45 [-6.65, 1.75] 4.40 [0.91, 7.89] 2.65 [0.28, 5.02]
Amin 1984 Arminen 1992 Beasley 1993a Bramanti 1988 Bremner 1994	105 21 54 28 16	8.76 (5.63) 19.50 (9.90) 14.10 (4.83) 1.69 (0.87)	29 60 29 19	11.21 (9.45) 15.10 (9.00) 11.45 (4.28) 2.89 (0.94)		0.5 0.7 1.5 23.0	-2.45 [-6.65, 1.75] 4.40 [0.91, 7.89] 2.65 [0.28, 5.02] -1.20 [-1.80, -0.60]
Amin 1984 Arminen 1992 Beasley 1993a Bramanti 1988 Bremner 1994 Byerley 1988	105 21 54 28 16 20	8.76 (5.63) 19.50 (9.90) 14.10 (4.83) 1.69 (0.87) 12.80 (7.70)	29 60 29 19 24	 11.21 (9.45) 15.10 (9.00) 11.45 (4.28) 2.89 (0.94) 13.70 (8.50) 		0.5 0.7 1.5 23.0 0.4	-2.45 [-6.65, 1.75] 4.40 [0.91, 7.89] 2.65 [0.28, 5.02] -1.20 [-1.80, -0.60] -0.90 [-5.69, 3.89]
Amin 1984 Arminen 1992 Beasley 1993a Bramanti 1988 Bremner 1994 Byerley 1988 Cohn 1984	105 21 54 28 16 20 35	8.76 (5.63) 19.50 (9.90) 14.10 (4.83) 1.69 (0.87) 12.80 (7.70) 14.72 (8.81)	29 60 29 19	 11.21 (9.45) 15.10 (9.00) 11.45 (4.28) 2.89 (0.94) 13.70 (8.50) 14.54 (8.85) 		0.5 0.7 1.5 23.0	-2.45 [-6.65, 1.75] 4.40 [0.91, 7.89] 2.65 [0.28, 5.02] -1.20 [-1.80, -0.60] -0.90 [-5.69, 3.89] 0.18 [-4.09, 4.45]
Amin 1984 Arminen 1992 Beasley 1993a Bramanti 1988 Bremner 1994 Byerley 1988 Cohn 1984 Cohn 1990a	105 21 54 28 16 20	8.76 (5.63) 19.50 (9.90) 14.10 (4.83) 1.69 (0.87) 12.80 (7.70) 14.72 (8.81) 15.90 (7.36)	29 60 29 19 24 31	 11.21 (9.45) 15.10 (9.00) 11.45 (4.28) 2.89 (0.94) 13.70 (8.50) 14.54 (8.85) 14.15 (7.29) 		0.5 0.7 1.5 23.0 0.4 0.5	-2.45 [-6.65, 1.75] 4.40 [0.91, 7.89] 2.65 [0.28, 5.02] -1.20 [-1.80, -0.60] -0.90 [-5.69, 3.89] 0.18 [-4.09, 4.45] 1.75 [-1.79, 5.29]
Amin 1984 Arminen 1992 Beasley 1993a Bramanti 1988 Bremner 1994 Byerley 1988 Cohn 1984	105 21 54 28 16 20 35 35	8.76 (5.63) 19.50 (9.90) 14.10 (4.83) 1.69 (0.87) 12.80 (7.70) 14.72 (8.81)	29 60 29 19 24 31 31	 11.21 (9.45) 15.10 (9.00) 11.45 (4.28) 2.89 (0.94) 13.70 (8.50) 14.54 (8.85) 		0.5 0.7 1.5 23.0 0.4 0.5 0.7	-2.45 [-6.65, 1.75] 4.40 [0.91, 7.89] 2.65 [0.28, 5.02] -1.20 [-1.80, -0.60] -0.90 [-5.69, 3.89] 0.18 [-4.09, 4.45]
Amin 1984 Arminen 1992 Beasley 1993a Bramanti 1988 Bremner 1994 Byerley 1988 Cohn 1984 Cohn 1990a Dominguez 1985	105 21 54 28 16 20 35 35 16	8.76 (5.63) 19.50 (9.90) 14.10 (4.83) 1.69 (0.87) 12.80 (7.70) 14.72 (8.81) 15.90 (7.36) 2.40 (1.30)	29 60 29 19 24 31 31 19	 11.21 (9.45) 15.10 (9.00) 11.45 (4.28) 2.89 (0.94) 13.70 (8.50) 14.54 (8.85) 14.15 (7.29) 2.70 (1.00) 		0.5 0.7 1.5 23.0 0.4 0.5 0.7 13.6	-2.45 [-6.65, 1.75] 4.40 [0.91, 7.89] 2.65 [0.28, 5.02] -1.20 [-1.80, -0.60] -0.90 [-5.69, 3.89] 0.18 [-4.09, 4.45] 1.75 [-1.79, 5.29] -0.30 [-1.08, 0.48]
Amin 1984 Arminen 1992 Beasley 1993a Bramanti 1988 Bremner 1994 Byerley 1988 Cohn 1984 Cohn 1984 Cohn 1990a Dominguez 1985 Feighner 1989a	105 21 54 28 16 20 35 35 16 52	8.76 (5.63) 19.50 (9.90) 14.10 (4.83) 1.69 (0.87) 12.80 (7.70) 14.72 (8.81) 15.90 (7.36) 2.40 (1.30) 17.69 (9.20)	29 60 29 19 24 31 31 19 45	11.21 (9.45) 15.10 (9.00) 11.45 (4.28) 2.89 (0.94) 13.70 (8.50) 14.54 (8.85) 14.15 (7.29) 2.70 (1.00) 16.04 (9.20)		0.5 0.7 1.5 23.0 0.4 0.5 0.7 13.6 0.6	-2.45 [-6.65, 1.75] 4.40 [0.91, 7.89] 2.65 [0.28, 5.02] -1.20 [-1.80, -0.60] -0.90 [-5.69, 3.89] 0.18 [-4.09, 4.45] 1.75 [-1.79, 5.29] -0.30 [-1.08, 0.48] 1.65 [-2.02, 5.32]
Amin 1984 Arminen 1992 Beasley 1993a Bramanti 1988 Bremner 1994 Byerley 1988 Cohn 1984 Cohn 1984 Cohn 1990a Dominguez 1985 Feighner 1989a Gonella 1990	105 21 54 28 16 20 35 35 16 52 20	8.76 (5.63) 19.50 (9.90) 14.10 (4.83) 1.69 (0.87) 12.80 (7.70) 14.72 (8.81) 15.90 (7.36) 2.40 (1.30) 17.69 (9.20) 19.00 (9.51)	29 60 29 24 31 31 19 45 20	 11.21 (9.45) 15.10 (9.00) 11.45 (4.28) 2.89 (0.94) 13.70 (8.50) 14.54 (8.85) 14.15 (7.29) 2.70 (1.00) 16.04 (9.20) 20.90 (7.56) 		0.5 0.7 1.5 23.0 0.4 0.5 0.7 13.6 0.6 0.3	-2.45 [-6.65, 1.75] 4.40 [0.91, 7.89] 2.65 [0.28, 5.02] -1.20 [-1.80, -0.60] -0.90 [-5.69, 3.89] 0.18 [-4.09, 4.45] 1.75 [-1.79, 5.29] -0.30 [-1.08, 0.48] 1.65 [-2.02, 5.32] -1.90 [-7.22, 3.42]
Amin 1984 Arminen 1992 Beasley 1993a Bramanti 1988 Bremner 1994 Byerley 1988 Cohn 1984 Cohn 1984 Cohn 1980 Dominguez 1985 Feighner 1989a Gonella 1990 Guelfi 1983	105 21 54 28 16 20 35 35 16 52 20 59	8.76 (5.63) 19.50 (9.90) 14.10 (4.83) 1.69 (0.87) 12.80 (7.70) 14.72 (8.81) 15.90 (7.36) 2.40 (1.30) 17.69 (9.20) 19.00 (9.51) 11.00 (9.00)	29 60 29 19 24 31 31 19 45 20 68	11.21 (9.45) 15.10 (9.00) 11.45 (4.28) 2.89 (0.94) 13.70 (8.50) 14.54 (8.85) 14.15 (7.29) 2.70 (1.00) 16.04 (9.20) 20.90 (7.56) 13.60 (12.20)		0.5 0.7 1.5 23.0 0.4 0.5 0.7 13.6 0.6 0.3 0.6	-2.45 [-6.65, 1.75] 4.40 [0.91, 7.89] 2.65 [0.28, 5.02] -1.20 [-1.80, -0.60] -0.90 [-5.69, 3.89] 0.18 [-4.09, 4.45] 1.75 [-1.79, 5.29] -0.30 [-1.08, 0.48] 1.65 [-2.02, 5.32] -1.90 [-7.22, 3.42] -2.60 [-6.30, 1.10]
Amin 1984 Arminen 1992 Beasley 1993a Bramanti 1988 Bremner 1994 Byerley 1988 Cohn 1984 Cohn 1984 Cohn 1990a Dominguez 1985 Feighner 1989a Gonella 1990 Guelfi 1983	105 21 54 28 16 20 35 35 16 52 20 59 9	8.76 (5.63) 19.50 (9.90) 14.10 (4.83) 1.69 (0.87) 12.80 (7.70) 14.72 (8.81) 15.90 (7.36) 2.40 (1.30) 17.69 (9.20) 19.00 (9.51) 11.00 (9.00) 12.70 (8.20)	29 60 29 24 31 31 19 45 20 68 14	 11.21 (9.45) 15.10 (9.00) 11.45 (4.28) 2.89 (0.94) 13.70 (8.50) 14.54 (8.85) 14.15 (7.29) 2.70 (1.00) 16.04 (9.20) 20.90 (7.56) 13.60 (12.20) 10.40 (6.80) 		0.5 0.7 1.5 23.0 0.4 0.5 0.7 13.6 0.6 0.3 0.6 0.2	-2.45 [-6.65, 1.75] 4.40 [0.91, 7.89] 2.65 [0.28, 5.02] -1.20 [-1.80, -0.60] -0.90 [-5.69, 3.89] 0.18 [-4.09, 4.45] 1.75 [-1.79, 5.29] -0.30 [-1.08, 0.48] 1.65 [-2.02, 5.32] -1.90 [-7.22, 3.42] -2.60 [-6.30, 1.10] 2.30 [-4.13, 8.73]

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Study	Treatment		Control		Weighted Mean Difference (Fixed)	Weight	Weighted Mean Difference (Fixed)
	Ν	Mean(SD)	Ν	Mean(SD)	95% CI	(%)	95% CI
Nielsen 1991	11	3.00 (7.00)	12	13.00 (5.00)		0.3	0.00 [-5.01, 5.01]
Norton 1984	33	11.45 (6.48)	30	.3 (6.38)		0.8	0.14 [-3.04, 3.32]
Ohrberg 1992	61	8.59 (7.00)	59	9.10 (6.67)		1.4	-0.5 [-2.96, .94]
Robertson 1994	76	14.10 (7.20)	77	13.20 (6.80)		1.7	0.90 [-1.32, 3.12]
Rosenberg 1994	380	10.65 (6.80)	85	10.70 (6.40)	_	3.6	-0.05 [-1.57, 1.47]
Roth 1990	27	17.20 (9.00)	24	18.40 (9.30)		0.3	-1.20 [-6.24, 3.84]
Stark 1985	185	16.50 (10.10)	186	16.20 (10.10)		2.0	0.30 [-1.76, 2.36]
Stratta 1991	14	7.10 (4.80)	9	7.40 (11.70)		0.1	-0.30 [-8.35, 7.75]
Tollefson 1994	14	7.10 (4.80)	9	7.40 (11.70)		0.1	-0.30 [-8.35, 7.75]
Subtotal (95% CI)	1312		1021		•	54.8	-0.47 [-0.86, -0.08]
Test for heterogeneity	chi-squan	e=30.25 df=24 p=	0.181=2	20.7%			
Test for overall effect z	=2.38 p	=0.02					
Total (95% CI)	2994		2577		•	100.0	-0.11 [-0.40, 0.18]
Test for heterogeneity	chi-squan	e=91.31 df=62 p=	0.009 =	=32.1%			
Test for overall effect z	=0.75 p	=0.5					
					-10.0 -5.0 0 5.0 10.0		

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