

Selective serotonin reuptake inhibitors (SSRIs) versus other antidepressants for depression (Review)

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TABLE OF CONTENTS

ABSTRACT	1
PLAIN LANGUAGE SUMMARY	1
BACKGROUND	2
OBJECTIVES	2
CRITERIA FOR CONSIDERING STUDIES FOR THIS REVIEW	2
SEARCH METHODS FOR IDENTIFICATION OF STUDIES	2
METHODS OF THE REVIEW	3
DESCRIPTION OF STUDIES	3
METHODOLOGICAL QUALITY	3
RESULTS	4
DISCUSSION	4
AUTHORS' CONCLUSIONS	5
NOTES	5
POTENTIAL CONFLICT OF INTEREST	5
ACKNOWLEDGEMENTS	5
SOURCES OF SUPPORT	5
REFERENCES	6
TABLES	13
Characteristics of included studies	13
Characteristics of excluded studies	54
ANALYSES	54
Comparison 01. SSRIs versus alternative antidepressants	54
Comparison 02. SSRIs versus tricyclic antidepressants	55
Comparison 03. SSRI versus Tricyclics in Inpatients	55
Comparison 04. Tricyclics and related drugs versus SSRIs	55
Comparison 05. SSRIs v. Tricyclics	55
Comparison 06. SSRIs v. sedating/non-sedating tricyclic antidepressants	55
INDEX TERMS	55
COVER SHEET	55
GRAPHS AND OTHER TABLES	56
Analysis 01.01. Comparison 01 SSRIs versus alternative antidepressants, Outcome 01 Efficacy	57
Analysis 02.01. Comparison 02 SSRIs versus tricyclic antidepressants, Outcome 01 Efficacy	61
Analysis 03.01. Comparison 03 SSRI versus Tricyclics in Inpatients, Outcome 01 Efficacy	64
Analysis 04.01. Comparison 04 Tricyclics and related drugs versus SSRIs, Outcome 01 Efficacy	65
Analysis 05.01. Comparison 05 SSRIs v. Tricyclics, Outcome 01 Drug efficacy by trial design	70
Analysis 06.01. Comparison 06 SSRIs v. sedating/non-sedating tricyclic antidepressants, Outcome 01 SSRIs v. TCAs group in sedating v. non-sedating categories	73

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ABSTRACT

Background

The relatively new class of antidepressant, the selective serotonin reuptake inhibitors (SSRIs), may be better tolerated than the older tricyclic antidepressants. This review compares the efficacy of SSRIs with other antidepressants.

Objectives

To examine the relative efficacy of selective serotonin reuptake inhibitors (SSRIs) compared to other antidepressants.

Search strategy

The search strategy included a search of (a) Electronic bibliographic databases (MEDLINE, EMBASE); (b) reference lists of related reviews (c) reference lists of all located studies (d) contact with the manufacturer and (e) the Cochrane Group register of controlled trials

Selection criteria

Randomised controlled trials comparing selective serotonin reuptake inhibitors with other kinds of antidepressants in the treatment of patients with depressive disorders. The outcome measures assessed included measures of the severity of depression.

Data collection and analysis

Data were collected from each study the main outcome measure from each study. These included: mean Hamilton depression rating scale, mean Montgomery & Asberg depression rating scale, Clinical Global Impression rating scale. An analysis of standardised mean difference of these scales was performed using Review Manager 3.1 software. The presence of heterogeneity of treatment effect was assessed

Main results

Ninety-eight trials contributed data to the analysis of the relative efficacy of SSRIs and related drugs with comparator antidepressants (Figure 3 & Appendix 3). Analysis of efficacy was based upon 5044 patients treated with an SSRI or related drug, and 4510 treated with an alternative antidepressant. The standardised effect size for SSRIs and related drugs together versus alternative antidepressants using a fixed effects model was 0.035 (95% CI -0.006 to 0.076; $Q = 149.25$, $df = 97$, $p < 0.001$).

Authors' conclusions

There are no clinically significant differences in effectiveness between selective serotonin reuptake inhibitors and tricyclic antidepressants. Treatment decisions need to be based on considerations of relative patient acceptability, toxicity and cost.

PLAIN LANGUAGE SUMMARY

The efficacy of a new group of antidepressants (selective serotonin reuptake inhibitors-SSRIs), were compared to other tricyclic antidepressants (TCAs) for the treatment of depressive illness.

Ninety-eight randomised comparative trials were undertaken, where neither the patient nor the treating doctor knew which treatment was being given. This method provides the best estimates of treatment effect. Pooling the results from the trials, no clinically significant differences in efficacy were found between SSRIs and tricyclic antidepressants. Thus, the researchers suggest that treatment decisions between the two types of drug are to be based on considerations of drug toxicity, patient acceptability, and cost.

BACKGROUND

The development of a new and innovative group of antidepressants, the selective serotonin reuptake inhibitors, led to considerable interest in their relative effectiveness and efficiency in the treatment of depressive illness (EHC 1993; Song 1993; Freeman-tle 1994; Montgomery 1994; Montgomery 1994; Jonsson 1994; Owens 1994; Harrison 1994; Anon 1993; Anderson 1996; Hotopf 1996). Depressive disorders are common, affecting 5% of people seen in primary care settings in the UK (Blacker 1988). Depressive disorders are the fourth most important cause of disability world wide and are expected to become the second most important cause by 2020 (Murray 1997a; Murray 1997b). For the majority of people episodes of depression are short lived, but a minority experience a range of severe psychological and biological symptoms which may persist. Depression is one of the most common single reasons for attending a general practitioner and the majority of depressed people who receive treatment do so in the primary care setting (Goldberg 1992).

Although the relative tolerability of antidepressants has been examined by a number of investigators in meta analyses the issue of relative efficacy has received little attention (Song 1993). While it appears that SSRIs may be better tolerated than tricyclic antidepressants (Anderson 1996), it is not clear whether this may be at the cost of reduced efficacy (Song 1993).

OBJECTIVES

The objective of this review is to examine the relative efficacy of SSRIs compared to other antidepressant drugs. The main hypothesis to be tested is that SSRIs are more effective than alternative antidepressants.

CRITERIA FOR CONSIDERING STUDIES FOR THIS REVIEW

Types of studies

High quality randomised comparative trials that are conducted double blind (i.e. where neither the patient nor treating health professional knows which treatment is given) provide the best estimates of treatment effect of different pharmaceuticals as they enable comparisons to be made across groups that differ only in the

exact compound ingested, and the play of chance. One investigation of the effects of blinding in systematic reviews found a 17% difference in the effect size between double blind and unblinded studies (Schulz 1995). The comparison of effects across trials (e.g. between two separate placebo controlled trials of different pharmaceuticals) is open to substantial bias, and unlikely to provide reliable estimates of treatment effect (Pocock 1983). Therefore, only double blind randomised controlled trials that compare directly an SSRI or related drug and a different antidepressant in the treatment of depression were included.

Types of participants

Patients suffering from major depressive illnesses diagnosed according to explicit criteria in a range of health care settings (primary/secondary/ inpatient/outpatient). This review focuses on the studies examining efficacy in uncomplicated major depressive disorder. In general studies in this area exclude patients with significant comorbidity. Although the reviewers did not plan a priori to exclude any age group, the majority of studies in this area focused on the 18-65 age group

Types of intervention

Trials were selected that directly compared a selective serotonin reuptake inhibitor (SSRI) or related drug and a different antidepressant.

Types of outcome measures

The main outcome measures used for the review were those used by the majority of studies as the primary endpoints. These included: mean Hamilton depression rating scale, mean Montgomery & Asberg depression rating scale, Clinical Global Impression rating scale.

SEARCH METHODS FOR IDENTIFICATION OF STUDIES

See: methods used in reviews.

a) Primary research

Electronic bibliographic databases were searched using optimally sensitive search terms:

1. text word '<SSRI drug name>' in title or abstracts without language restrictions in MEDLINE (from 1966-1998). Animal studies were excluded.
2. text word '<SSRI drug name>' across the basic index fields without language restrictions in EMBASE (from 1974-1998).

All studies that appeared to meet our entry criteria on the basis of the title and abstract were located and assessed. Where data necessary for the analyses or describing the context of a trial were not reported, the study authors were written to, with reminders sent to non-responders after approximately one month.

(b) Secondary research

Reviews of related topics as a potential source of additional citations were identified.

(c) Citation lists

The reference lists of all located articles were checked for relevant references.

(d) Manufacturer

The manufacturers of all available SSRIs were contacted - data from any additional unpublished studies was requested.

(e) Cochrane Group Register of Trials

The Cochrane Group's register of trials was searched using the phrase '<SSRI drug name>'

METHODS OF THE REVIEW

DATA COLLECTION

In addition to including only randomised comparative double blind trials, the quality of included studies was assessed by NF primarily through the assessment of concealment of allocation during the randomisation process (Schulz 1995). Deviations from study protocols (such as inclusion of different patients from those stated in the protocol) is reported in the included trials table. Where studies are so compromised by faults in design or implementation (such as lack of randomisation) these were excluded from the analysis, and details reported in the excluded trials table.

Data were collected directly onto a computer database from each study using a checklist of items derived for this purpose. Questions include: mode of randomisation, comparison made, country, number randomised to each group, number discontinuing trial before end of treatment protocol, mean and standard deviation of main depression outcome scale for each patient group, setting of care (e.g. inpatient), planned age range.

STUDY QUALITY

The main quality criteria noted was reporting of the concealment of random allocation, which has been found to be related to study effect (Schulz 1995). Studies were given a quality rating ranging from C

(poorest quality) to A (best quality). C = inadequately concealed (e.g. via alternation or reference to an open random number table). B = no adequate details about how the randomisation procedure was carried out were given a rating of B. A = trials that were reported to have taken adequate measures to conceal allocation (e.g. serially numbered, opaque, sealed envelopes; numbered or coded bottles or containers).

DATA SYNTHESIS

An analysis of standardised mean difference of the primary study outcome measure (Cochrane Handbook 1996) was performed using Review Manager 3.1 software. The presence of heterogeneity of treatment effect was assessed using the Q statistic which approximates the chi square statistic with n - 1 degrees of freedom (DerSimonian 1986). A fixed effects model was used as the primary analysis, unless substantial heterogeneity was discovered in which case a random effects model was used as the primary analysis. The robustness of findings to the analysis used was assessed through sensitivity analyses.

Although the primary analyses examined comparisons between SSRIs and both tricyclic and other more recently developed drugs, we also undertook sensitivity analyses of this approach to determine the robustness of the analyses to the assumptions made, particularly limiting the comparison group to tricyclics.

DESCRIPTION OF STUDIES

We identified 126 studies, of which 98 contributed usable data for this review. The majority of the studies were small, phase three, double-blind randomised controlled trials. The duration was short - rarely longer than 6 weeks. There were 38 studies comparing fluoxetine to other antidepressants, 25 studies investigating the effectiveness of fluvoxamine, 8 studies on citalopram, 2 studies on nefazodone, 18 on paroxetine, 4 on venlafaxine and 4 on sertraline. Comparator antidepressants used in the trials included amineptine (1 study); amitriptyline (23 studies); clomipramine (12 studies); desipramine (2 studies); dothiepin (3 studies); imipramine (23 studies); lofepramine (1 study); maprotiline (6 studies); mianserin (8 studies); moclobemide (8 studies); trazodone (3 studies).

The majority of studies used on or other version of the Hamilton rating scale although the Montgomery-Asberg and Clinical Global Impression scale were also used in a small minority of studies.

Out of a total of 7032 (27.7%) treated with an SSRI or related drug, 1948 patients dropped out of a trial prematurely, compared with 2072 treated with an alternative antidepressant out of a total treated of 6334 (32.7%); relative risk 0.87 (95% CI 0.80 to 0.95). That is a pooled risk difference using a random effects model of 4.1% (95% CI: 1.5% to 6.8%; Q = 376.95, df = 122, p < 0.0001) in absolute rate of drop-out (North of England Guidelines, in press).

METHODOLOGICAL QUALITY

Description of concealment of allocation was rated as B in all studies. We are currently obtaining the unpublished company reports for the trials - those we have obtained so far suggest that an adequate method of centrally concealed allocation was often used. Our findings will be reported in a future version of this review.

RESULTS

Comparative Efficacy

In the analyses, negative standardised mean differences (falling to the left of the midline) favour SSRIs. Positive standardised mean differences favour the alternative.

Ninety-nine trials contributed data to the analysis of the relative efficacy of SSRIs and related drugs with comparator antidepressants. Analysis of efficacy was based upon 5044 patients treated with an SSRI or related drug, and 4510 treated with an alternative antidepressant. The standardised effect size for SSRIs and related drugs together versus alternative antidepressants using a fixed effects model was 0.035 (95% CI -0.006 to 0.076; $Q = 149.25$, $df = 97$, $p < 0.001$).

This result was fairly robust to the assumptions on inclusion: the standardised effect size for SSRIs alone compared with tricyclics was 0.030 (95% CI -0.018 to 0.092; $Q = 88.64$, $df = 66$, $p = 0.03$). Results were also robust to the type of analysis used, with a standardised effect size for SSRIs and related antidepressants versus alternative antidepressants using a random effects model of 0.046 (95% CI -0.010 to 0.103), and the standardised effect size for SSRIs alone versus tricyclic antidepressants of 0.044 (95% CI -0.020 to 0.107). There was therefore no evidence of statistically or clinically significant differences between the drugs.

Analysis of the comparative efficacy of SSRIs and tricyclic antidepressants in inpatients (judged likely to be a more severely affected group) provided a slightly larger estimate of effect favouring tricyclic antidepressants, though this may be explained merely by chance. The overall estimate of effect in this grouping of studies (using a random effects model) was 0.10 (95% CI: -0.072 to 0.272; $Q = 49.1$, $df = 22$, $p = 0.0008$), equivalent to about one Hamilton Depression Rating Scale point.

We undertook further analyses comparing the 5 SSRIs currently licensed in the UK (citalopram, fluoxetine, fluvoxamine, paroxetine, sertraline) as a group, with individual alternative antidepressants. Twenty-three trials compared an SSRI with amitriptyline, and 23 with imipramine. The pooled standardised effect size for SSRIs versus amitriptyline was 0.057 (95% CI -0.027 to 0.140; $Q = 21.03$, $df = 22$, $p = 0.49$ - fixed effects), and for SSRIs versus imipramine was -0.040, (95% CI -0.126 to 0.046; $Q = 25.47$, $df = 21$, $p = 0.227$ - fixed effects).

Comparative efficacy data of last observation carried forward (closest to intention to treat, since the last available data from patients contributes to the final result, regardless of completion of the full trial period) were available only for 18 out of 64 trials of SSRIs versus tricyclics (these trials contributed nearly half of the statistical information in the meta analyses). Three studies had to be excluded from this analysis because it was not possible to detect if their analyses were last observation carried forward of endpoint.

Although in some ways preferable to endpoint analysis, as all patients with some outcome data available contribute to the analysis, the results by last observation carried forward are confounded by the substantial improvement over time experienced by all patients regardless of treatment allocation, and the small systematic difference in treatment tolerability between SSRIs and related drugs and older antidepressants. These results are also further confounded when using a dimensionless outcome, as standardised effect sizes are based upon the trial variance which may be increased in those trials where a mixture of endpoints measured at different times in treatment are used. Consequently, we further analysed trials grouped by method of analysis (e.g. endpoint or last observation carried forward), and found a possible, but non-significant trend towards a greater effect in trials analysed by endpoint: standardised effect size 0.011 (95% CI -0.060 to 0.081; $Q = 22.48$, $df = 17$; $p = 0.167$) for last observation carried forward versus 0.045 (95% CI -0.023 to 0.113; $Q = 55.74$, $df = 45$, $p = 0.13$) for endpoint (see Figure 5). Thus, it is likely that high drop-out in the last observation carried forward trials (intention to treat) has led to an underestimate of the true treatment effect at a common time period.

The sub-analysis comparing SSRIs with sedating (standardised mean difference 0.058; 95% CI -0.012 to 0.128) and non-sedating tricyclic drugs (standardised mean difference 0.005; 95% CI -0.080 to 0.090) revealed no clinically important effects.

In view of the substantial heterogeneity in the overall principal analysis of SSRIs v. alternative antidepressants, it is noteworthy that the sub-analyses of the individual SSRIs did not reveal any important differences between the drugs.

DISCUSSION

1. Methodological considerations

The majority of studies used continuous measure of depressive symptomatology as the primary outcome measure. It is uncertain how these translate into clinically meaningful measures. Some studies dichotomised the continuous measures into participants who experienced an arbitrary percentage reduction in symptoms. For example, a greater than 50% reduction in the total Hamilton score is often used. We have not used this approach in this review because, apart from being basically arbitrary and of uncertain clinical relevance, this approach sacrifices statistical power. In view of the relatively small differences that it would be realistic to expect between TCAs and SSRIs, we chose to use the most powerful method of analysis to give us a better chance of picking up any small, but clinically significant, differences.

However, there is a need for the use of more clinically meaningful, valid outcome measures in trials of antidepressants. "Hard" outcomes, such as suicide, are probably too rare to use. However deliberate self harm might be feasible to use in some studies, especially

in high risk samples. But other outcomes such as ability to work or admission to hospital are events which may be more clinically meaningful to patients and clinicians. Another approach which has sometimes been used is to count the number of participants who score below a pre-stated level on the continuous measure (for example <7 on the Hamilton) and to consider these as 'recovered'. The Macarthur Foundation Research Network have proposed an approach to defining remission, recovery, relapse and recurrence in depressive disorder and have also suggested cut points on commonly used scales such as the Hamilton and Beck for rating these events (Frank 1991). This approach may be fruitful because it avoids the arbitrary and relative nature of dichotomising around a percentage reduction.

Despite the large number of comparative trials, the total number of patients randomised is under 10,000. The mean size of each trial is therefore less than one hundred participants. Individually, each trial is underpowered for the purposes of demonstrating equivalence. Furthermore, most trials are very short - usually 6 weeks or less. This review highlights the need for better designed studies in this area. Other studies of the quality of this population of trials have been performed with similar findings (Hotopf 1996). It is possible that long-term differences would emerge in controlled trials of longer duration.

2. Quantitative findings

In the short-term, there does not appear to be a clinically significant difference in the effectiveness of selective serotonin reuptake inhibitors and any of the older antidepressants (including tricyclics such as clomipramine that are sometimes believed to be particularly effective). Treatment decisions therefore need to be based on the relative toxicity of the drugs, their tolerability and side effect profiles, and their costs.

In a separate review, we have used drop-out from trials as a proxy measure for patient acceptability, SSRIs appear to be slightly more acceptable (Eccles 1999). However, the difference is small: about 25 patients would need to be treated with an SSRI compared to an alternative drug to prevent one drop-out. A Cochrane systematic review of the relative drop-out from SSRI and alternative antidepressants is currently underway.

We have not assessed the relative costs of SSRIs and other antidepressants in this review. Previous economic studies (North of England Guidelines Group, in press; Trindade 1997) have concluded that the increased acquisition costs of SSRIs with limited benefit do not justify their routine first-line use. A more cost-effective strategy seems to be to use TCAs as a first-line treatment and to reserve SSRIs for patients in whom TCAs are medically contraindicated, who cannot tolerate them or, perhaps, those who have failed to respond to first-line SSRI treatment.

AUTHORS' CONCLUSIONS

Implications for practice

The main conclusion of this review is that there are no large differences between selective serotonin reuptake inhibitors and tricyclic antidepressants in terms of efficacy in the short-term treatment of depression. It is possible that differences may emerge in the longer term - we plan to investigate this issue in a future review of maintenance phase treatment of depression.

We have not investigated the comparative acceptability to patients and/or tolerability of these drugs in this review. These issues are the subjects of a complementary Cochrane review by Barbui et al (in preparation)

Implications for research

Trials comparing two or more active treatments need to be much larger than the studies that we identified for this review. Primary outcome measures in trials need to be clinically meaningful. In summary, there is a need for large, simple trials with meaningful outcome measures and heterogeneous subjects to ensure that the results are reliable and relevant to as many future patients as possible.

NOTES

This review is currently being updated, and is being split into a number of separate reviews of head to head drug comparisons.

POTENTIAL CONFLICT OF INTEREST

JG has received research funding and support from Sanofi-Aventis and GlaxoSmithKline and is currently in discussion with several other companies that manufacture SSRIs about collaboration on planned independent trials and systematic reviews.

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TABLES**Characteristics of included studies**

Study	Ahlfors 1988
Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Endpoint Active Treatment: 4 weeks
Participants	Inclusion Criteria: 'patients of either sex... referred to a psychiatric hospital for a depression requiring treatment' Age: 18-70 Country: Finland Setting: Inpatients & outpatients
Interventions	Citalopram versus mianserin
Outcomes	MADRS* Drop Out*

Characteristics of included studies (Continued)

Notes * includes unpublished data

Allocation concealment B

Study **Amin 1984**

Methods Double Blind RCT
Concealment of Allocation: Unclear
Analysis: Intention to treat
Active Treatment: 6 weeks

Participants Inclusion Criteria: DSM III R Depression (Major depression single or recurrent episodes, bipolar disorder with or without melancholia), 15+ HMD
Age: 18+
Country: Canada, USA, UK, Netherlands
Setting: Inpatients & outpatients

Interventions Fluvoxamine versus imipramine

Outcomes HMD
Drop Out

Notes

Allocation concealment B

Study **Amore 1989**

Methods Double Blind RCT
Concealment of Allocation: Unclear
Analysis: Not Applicable
Active Treatment: 4 weeks

Participants Inclusion Criteria: DSM III R Major Depression without psychotic features. 21+ on 21 item HMD
Age: 20-70
Country: Italy
Setting: Inpatients

Interventions Fluvoxamine versus imipramine

Outcomes Drop Out

Notes

Allocation concealment B

Study **Anonymous 1986**

Methods Double Blind RCT
Concealment of Allocation: Unclear
Analysis: Not Applicable
Active Treatment: 5 weeks

Participants Inclusion Criteria: HMD 18+
Age: 19-65
Country: Denmark
Setting: Inpatients (some with outpatient follow up)

Interventions Citalopram versus clomipramine

Outcomes Drop Out

Notes

Allocation concealment B

Characteristics of included studies (Continued)

Study	Anonymous 1988
Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Endpoint Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III major depressive episode, 17+ HMD Age: 16-70 Country: Wales Setting: Inpatients & outpatients
Interventions	Fluoxetine versus dothiepin
Outcomes	HMD Drop Out
Notes	
Allocation concealment	B

Study	Anonymous 1990
Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Endpoint Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R major depressive disorder, 18+ HMD, 9+ Hamilton depression subscale Age: 19-68 Country: Denmark Setting: Inpatient
Interventions	Paroxetine versus clomipramine
Outcomes	HMD* Drop Out
Notes	*Includes unpublished data
Allocation concealment	B

Study	Ansseau 1994
Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Intention to treat Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R moderate or severe major depression or bipolar disorder depressed, and 27+ MADRS Age: 24-79 Country: Belgium Setting: Inpatients
Interventions	Nefazodone versus amitriptyline
Outcomes	HMD Drop Out
Notes	
Allocation concealment	B

Study	Arminen 1992
Methods	Double Blind RCT

Characteristics of included studies (Continued)

	Concealment of Allocation: Unclear Analysis: Endpoint Active Treatment: 12 weeks
Participants	Inclusion Criteria: DSM III R major depression, 18+ HMD Age: 18-70 Country: Finland Setting: Inpatients
Interventions	Paroxetine versus imipramine
Outcomes	*HMD *Drop Out
Notes	Includes unpublished data
Allocation concealment	B

Study	Barrelet 1991
Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Intention to treat Active Treatment: 4 weeks
Participants	Inclusion Criteria: DSM III Major Depression, 18+ points on HMD Age: mean 54 years Country: Switzerland Setting: Inpatients & outpatients
Interventions	Fluvoxamine versus moclobemide
Outcomes	HMD Drop Out
Notes	
Allocation concealment	B

Study	Bascara 1989
Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Not Applicable Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R major depressive episode, 18+ HMD (21 item) Age: mean age 33 Country: Phillipines Setting: Not Clear
Interventions	Paroxetine versus amitriptyline
Outcomes	Drop Out
Notes	
Allocation concealment	B

Study	Battegay 1985
Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Intention to treat Active Treatment: 6 weeks

Characteristics of included studies (Continued)

Participants	Inclusion Criteria: DSM III R major depressive episode, 20+ HMD Age: 18-60 Country: Switzerland Setting: Outpatients
Interventions	Paroxetine versus amitryptiline
Outcomes	HMD* Drop Out
Notes	* includes unpublished data
Allocation concealment	B

Study Beasley 1991

Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Intention to treat Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III criteria for nonpsychotic major depressive episode for 4 weeks, 20 + HMD(21), >20 HMD 21 at end of wash out period, and less than 20% improvement. Age: 18+ Country: US Setting: Outpatients
Interventions	Fluoxetine versus trazodone
Outcomes	HMD (21 item) Drop Out
Notes	
Allocation concealment	B

Study Beasley 1993a

Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Intention to treat Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III major depressive disorder, 20+ HMD (21 item), no more than 20% decrease in HMD during placebo week, Raskin score of at least 8, and higher than covi score Age: 18-70 Country: US Setting: Inpatients for at least 3 days
Interventions	Fluoxetine versus imipramine
Outcomes	HMD (21 item) Drop Out
Notes	
Allocation concealment	B

Study Beasley 1993b

Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Intention to treat Active Treatment: 5 weeks
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Characteristics of included studies (Continued)

Participants	Inclusion Criteria: RDC Major depressive disorder, 20+ HMD (21 item), no more than 20% decrease in HMD during placebo week, Raskin score of at least 8, and higher than Covi score Age: 21-70 Country: US & Canada Setting: Outpatients
Interventions	Fluoxetine versus amitriptyline
Outcomes	HMD Drop Out
Notes	
Allocation concealment	B

Study **Benkert 1996**

Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Not Applicable Active Treatment: 6 weeks
Participants	Inclusion Criteria: Major Depression DSM III R. 30+ MADRS at baseline & symptoms of depression for at least 1 month. Age: 18-70 Country: Germany Setting: Inpatients
Interventions	Venlafaxine versus imipramine
Outcomes	Drop Out*
Notes	* Unpublished data
Allocation concealment	B

Study **Bersani 1994**

Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Endpoint Active Treatment: 8 weeks
Participants	Inclusion Criteria: DSM III R, major depression Age: 21-69 Country: Italy Setting: Outpatients
Interventions	Sertraline versus amitriptyline
Outcomes	HMD (21 item) Drop Out
Notes	
Allocation concealment	B

Study **Besancon 1993**

Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Endpoint Active Treatment: 8 weeks
Participants	Inclusion Criteria: DSM III major depressive episode, 25+ MADRS

Characteristics of included studies (Continued)

	Age: 18-65 Country: France Setting: Outpatients
Interventions	Fluoxetine versus mianserin
Outcomes	MADRS Drop Out
Notes	
Allocation concealment	B

Study	Bocksberger 1993
Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Endpoint Active Treatment: 4 weeks
Participants	Inclusion Criteria: DSM III R, major Depression, and 20+ MADRS Age: over 65 Country: Switzerland Setting: inpatient
Interventions	Fluvoxamine versus moclobemide
Outcomes	MADRS Drop Out
Notes	
Allocation concealment	B

Study	Bouchard 1987
Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Endpoint Active Treatment: 6 weeks
Participants	Inclusion Criteria: 'patients ...who suffered from a depression which required drug treatment', 15+ on the MADRS post wash out Age: 18-75 Country: France Setting: Inpatients for at least the first 2 weeks.
Interventions	Citalopram versus maprotiline
Outcomes	MADRS Drop Out
Notes	
Allocation concealment	B

Study	Bougerol 1992
Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Intention to treat Active Treatment: 4 weeks
Participants	Inclusion Criteria: DSM III R, major depression, 17+ on HMD Age: 18+ Country: Switzerland & France

Characteristics of included studies (*Continued*)

	Setting: Inpatients & outpatients
Interventions	Fluvoxamine versus moclobemide
Outcomes	HMD Drop Out
Notes	
Allocation concealment	B

Study	Bowden 1993
Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Not Applicable Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R major depressive disorder, 20+ HMD (21) at admission to study, 18+ HMD (21) at beginning of active treatment phase, less than a 20% decrease in HMD (21) during washout phase. Age: 18-60 Country: US Setting: Inpatients & outpatients
Interventions	Fluoxetine versus desipramine
Outcomes	Drop Out
Notes	
Allocation concealment	B

Study	Bramanti 1988
Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Intention to treat Active Treatment: 4 weeks
Participants	Inclusion Criteria: DSM III R major depression, 18+ 21 item HMD Age: 18+ Country: Italy Setting: Not Clear
Interventions	Fluvoxamine versus imipramine.
Outcomes	HMD 21 item Drop Out
Notes	
Allocation concealment	B

Study	Bremner 1994
Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Endpoint Active Treatment: 5 weeks
Participants	Inclusion Criteria: RDC major depressive disorder, at least 'moderately depressed', 20+ HMD (version unclear), 8+ Raskin and greater than Covi. Age: 23-69 Country: US Setting: Outpatients

Characteristics of included studies (Continued)

Interventions	Fluoxetine versus imipramine
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Outcomes	CGI Drop Out
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Notes	
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Allocation concealment	B
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Study **Byerley 1988**

Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Endpoint Active Treatment: 6 weeks
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Participants	Inclusion Criteria: DSM III R major depression of at least 1 month 20+ HMD (21) Age: mean age 39 Country: US Setting: Outpatients
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Interventions	Fluoxetine versus imipramine
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Outcomes	HMD (21 item) Drop Out
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Notes	
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Allocation concealment	B
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Study **Cohn 1984**

Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Endpoint Active Treatment: 6 weeks
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Participants	Inclusion Criteria: DSM III major depression, 18+ HMD, less than 20% reduction in HMD during washout period. Age: Mean 42 Country: US Setting: Outpatients
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Interventions	Fluoxetine versus imipramine
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Outcomes	HMD Drop out
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Notes	
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Allocation concealment	B
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Study **Cohn 1985**

Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Not Applicable Active Treatment: 6 weeks
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Participants	Inclusion Criteria: DSM III R major depression for 1 month, 20+ HMD (version unclear) Age: 20-64 Country: US Setting: Outpatients
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Characteristics of included studies (Continued)

Interventions	Fluoxetine versus imipramine
Outcomes	Drop Out
Notes	
Allocation concealment	B

Study Cohn 1989

Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Not Applicable Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III bipolar disorder, 20+ HMD (21), 8+ Raskin score, At least 1 distinct manic episode in last 5 years. Age: 18-70 Country: US Setting: Outpatients
Interventions	Fluoxetine versus imipramine
Outcomes	Drop Out
Notes	
Allocation concealment	B

Study Cohn 1990

Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Endpoint Active Treatment: 8 weeks
Participants	Inclusion Criteria: DSM III R major depressive episode, 18+ HMD (17) without 25% reduction during washout, higher score on Raskin than Covi. Age: 65+ Country: US Setting: Outpatients
Interventions	Sertraline versus amitriptyline
Outcomes	HMD Drop Out
Notes	
Allocation concealment	B

Study Cohn 1990a

Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Endpoint Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III r major depressive disorder, recurrent or single episode 18 + HMD (no more than 20% improvement during washout period) Age: 18+ Country: US Setting: outpatients
Interventions	Paroxetine versus imipramine

Characteristics of included studies (*Continued*)

Outcomes	HMD* Drop Out*
Notes	*Includes unpublished data
Allocation concealment	D

Study	Corne 1989
Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Endpoint Active Treatment: 6 weeks
Participants	Inclusion Criteria: RDC primary unipolar major depressive disorder, 17+ HMD Age: 18-70 Country: UK Setting: Family practice
Interventions	Fluoxetine versus dothiepin
Outcomes	HMD Drop Out
Notes	
Allocation concealment	B

Study	Cunningham 1994
Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Not Applicable Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R major Depression, HMD 21 item 20+ Age: 18+ Country: USA + Canada Setting: Not Clear
Interventions	Venlafaxine versus trazodone
Outcomes	HMD (21 item)* Drop Out
Notes	* includes unpublished data
Allocation concealment	B

Study	Dalery 1992
Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Endpoint Active Treatment: 90 days
Participants	Inclusion Criteria: DSM III R major depressive disorder, single or recurrent episode Age: 18-70 Country: France Setting: Outpatients
Interventions	Fluoxetine versus amineptine
Outcomes	MADRS Drop Out

Characteristics of included studies (Continued)

Notes

Allocation concealment B

Study De Wilde 1983

Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Endpoint Active Treatment: 4 weeks
Participants	Inclusion Criteria: 4+ Feighner Criteria, 16+ HMD, Endogenously depressed Age: 18-70 Country: Belgium Setting: Outpatients
Interventions	Fluvoxamine versus clomipramine
Outcomes	HMD* Drop Out*
Notes	* includes unpublished data
Allocation concealment	D

Study De Wilde 1985

Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Intention to treat Active Treatment: 6 weeks
Participants	Inclusion Criteria: RDC Endogenous depression or chronic dystymic disorder. 25+ on 10 item CPRS. Age: 18-70 Country: Belgium Setting: Inpatients
Interventions	Citalopram versus mainserin
Outcomes	CGI Drop Out
Notes	
Allocation concealment	B

Study Dick 1983

Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Endpoint Active Treatment: 4 weeks
Participants	Inclusion Criteria: 16+ HMD, Persistent depressed mood accompanied by at least 5 Feighner Criteria Age: mean 49 Country: Switzerland Setting: Inpatients
Interventions	Fluvoxamine versus clomipramine
Outcomes	HMD Drop Out
Notes	
Allocation concealment	B

Characteristics of included studies (Continued)

Study	Dominguez 1985
Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Endpoint Active Treatment: 4 weeks
Participants	Inclusion Criteria: DSM III R major depressive disorder (single or recurrent), 15+ HMD Age: 21-65 Country: US Setting: Outpatients
Interventions	Fluvoxamine versus imipramine
Outcomes	CGI Drop Out
Notes	
Allocation concealment	B

Study	Dorman 1992
Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Endpoint Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R unipolar depression, 17+ HMD Age: 65+ Country: UK Setting: Outpatients
Interventions	Paroxetine versus mainserin
Outcomes	HMD* Drop Out
Notes	*Includes unpublished data
Allocation concealment	B

Study	Dowling 1990
Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Not Applicable Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III major depressive disorder, unipolar illness. 17+ HMD (version unclear) Age: mean 43 Country: Eire Setting: Not Clear
Interventions	Fluoxetine versus dothiepin
Outcomes	Drop Out
Notes	
Allocation concealment	B

Study	Fabre 1991
Methods	Double Blind RCT Concealment of Allocation: Unclear

Characteristics of included studies (Continued)

	Analysis: Not Applicable Active Treatment: 5 weeks
Participants	Inclusion Criteria: DSM III R major depression (single episode or recurrent), 18-27 HMD (number of items unclear) Age: 18-65 Country: US Setting: Outpatients
Interventions	Fluoxetine versus nortriptyline
Outcomes	Drop Out
Notes	
Allocation concealment	B

Study **Falk 1989**

Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Intention to treat Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III major depressive episode, unipolar either single or recurrent, current episode at least 4 weeks, 20+ 21 item HMD Age: 62+ Country: US Setting: Outpatients
Interventions	Fluoxetine versus trazodone
Outcomes	HMD (21 item) Drop Out
Notes	
Allocation concealment	B

Study **Feighner 1985a**

Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Not Applicable Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R major depression, at least 1 month, 20+ HMD (number of items unclear) Age: 61+ Country: US Setting: Outpatients
Interventions	Fluoxetine versus doxepin
Outcomes	Drop Out
Notes	
Allocation concealment	B

Study **Feighner 1989a**

Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Endpoint Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III major depression, 20+ HMD (21), 8+ Raskin scale, and greater than Covi

Characteristics of included studies (*Continued*)

	Age: 18-70 Country: US Setting: Outpatients
Interventions	Fluoxetine versus imipramine
Outcomes	HMD (21 item) Drop Out
Notes	
Allocation concealment	B

Study	Feighner 1989d
Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Not Applicable Active Treatment: 6 weeks
Participants	Inclusion Criteria: RDC Endogenous Major Depression, DSM III Major Depression with Melancholia. 18+ HMD Age: 27-64 Country: US Setting: Outpatients
Interventions	Nefazodone versus imipramine
Outcomes	Drop Out
Notes	
Allocation concealment	B

Study	Feighner 1993
Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Not Applicable Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R major depressive episode, 18+ HMD, Raskin score higher than Covi score. Age: 18-65 Country: US Setting: Outpatients
Interventions	Paroxetine versus imipramine
Outcomes	Drop Out
Notes	
Allocation concealment	B

Study	Ferreri 1989
Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Not Applicable Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III major depressive disorder, 18-25 HMD (21) Age: 18-65 Country: France Setting: Outpatients

Characteristics of included studies (Continued)

Interventions	Fluoxetine versus amineptine
Outcomes	Drop Out
Notes	
Allocation concealment	B

Study	Fontaine 1994
Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Intention to treat Active Treatment: 6 weeks
Participants	Inclusion Criteria: RDC Major Depressive Disorder, 22+ HMD Age: 18-65 Country: Canada Setting: Outpatients
Interventions	Nefazodone versus imipramine
Outcomes	HMD* Drop Out
Notes	* unpublished data
Allocation concealment	B

Study	Fudge 1990
Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Endpoint Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III Major depressive disorder unipolar affective illness, 20+ HMD (21) Age: 18+ Country: USA Setting: Outpatients
Interventions	Fluoxetine versus trazodone
Outcomes	HMD* Drop Out*
Notes	* Includes unpublished data
Allocation concealment	B

Study	Gattaz 1995
Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Intention to treat Active Treatment: 4 weeks
Participants	Inclusion Criteria: DSM III R Major Depression, and HMD 18 + Age: 18-65 Country: Germany Setting: Inpatients
Interventions	Fluoxetine versus moclobemide
Outcomes	HMD Drop Out

Characteristics of included studies (Continued)

Notes

Allocation concealment B

Study **Geerts 1994**

Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Endpoint Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R Major Depression without psychotic features. 17+ on 17 item HMD Age: 18 - 70 Country: Belgium Setting: inpatients & outpatients
Interventions	Fluoxetine versus moclobemide
Outcomes	HMD Drop Out

Notes

Allocation concealment B

Study **Geretsegger 1995**

Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Endpoint Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R major depressive episode, 18+ HMD, Inpatient at least 3 weeks Age: 65+ Country: Germany & Austria Setting: Inpatient for at least 3 weeks
Interventions	Paroxetine versus amitriptyline
Outcomes	HMD* Drop Out

Notes * Includes unpublished data

Allocation concealment B

Study **Ginestet 1989**

Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Not Clear Active Treatment: 8 weeks
Participants	Inclusion Criteria: DSM III major depressive disorder with melancholia, 20+ HMD 21 Age: 18-70 Country: France Setting: Inpatients
Interventions	Fluoxetine versus clomipramine.
Outcomes	HMD (21 item)

Notes

Allocation concealment B

Characteristics of included studies (Continued)

Study	Gonella 1990
Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Intention to treat Active Treatment: 4 weeks
Participants	Inclusion Criteria: DSM III R major depressive episode, 15+ HMD (21 item) Age: 20-70 Country: Italy Setting: Outpatients
Interventions	Fluvoxamine versus imipramine
Outcomes	HMD (21 item) Drop Out
Notes	
Allocation concealment	B
Study	Gravem 1987
Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Endpoint Active Treatment: 6 weeks
Participants	Inclusion Criteria: 'all patients can be regarded as severely depressed.' Age: 19-74 Country: Norway Setting: Inpatients & outpatients
Interventions	Citalopram versus amitriptyline
Outcomes	CGI Drop Out
Notes	
Allocation concealment	B
Study	Guelfi 1983
Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Endpoint Active Treatment: 4 weeks
Participants	Inclusion Criteria: Depressed patients 'with a clear and relatively persistent major depression', 25+ HMD (26 item) Age: Not Clear Country: France Setting: Inpatients
Interventions	Fluvoxamine versus imipramine
Outcomes	HMD (26 item) Drop Out
Notes	
Allocation concealment	B
Study	Guillibert 1989
Methods	Double Blind RCT

Characteristics of included studies (Continued)

	Concealment of Allocation: Unclear Analysis: Not Applicable Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R major depressive disorder, 20+ HMD (21 itemn) - declining less than 20% in washout period, Newcastle Scale score 6+ Age: 65+ Country: France Setting: Outpatients
Interventions	Paroxetine versus clomipramine
Outcomes	HMD* Drop Out
Notes	*Includes unpublished data
Allocation concealment	B

Study Harris 1991

Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Endpoint Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R Major Depressive Episode, 17+ HMD Age: 18-65 Country: UK Setting: Outpatients
Interventions	Fluvoxamine versus amitriptyline
Outcomes	HMD Drop Out
Notes	
Allocation concealment	B

Study Hutchinson 1992

Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Endpoint Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R major depressive episode, 18+ hmd (21 ITEM) Age: 65+ Country: UK Setting: Family practice
Interventions	Paroxetine versus amitriptyline.
Outcomes	HMD* Drop Out
Notes	*Includes unpublished data
Allocation concealment	B

Study Itil 1983

Methods	Double Blind RCT Concealment of Allocation: Unclear
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Characteristics of included studies (Continued)

	Analysis: Endpoint Active Treatment: 4 weeks
Participants	Inclusion Criteria: RDC Major Affective Disorder Age: 21-68 Country: US Setting: Outpatients
Interventions	Fluvoxamine versus imipramine
Outcomes	HMD (16 item) Drop Out
Notes	
Allocation concealment	B

Study	Judd 1993
Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Endpoint Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R major depressive disorder, 1 month episode minimum, 17+ on HMD Age: 21-63 Country: Australia Setting: Inpatients and outpatients
Interventions	Fluoxetine versus amitriptyline
Outcomes	HMD Drop Out
Notes	
Allocation concealment	B

Study	Kasper 1990
Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Intention to treat Active Treatment: 4 weeks
Participants	Inclusion Criteria: Age: 28-71 Country: Germany Setting: Inpatients
Interventions	Fluvoxamine versus maprotiline
Outcomes	HMD (version unclear) Drop Out
Notes	Total sleep deprivation at day 1 and 8 for all patients (why?)
Allocation concealment	B

Study	Keegan 1991
Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Not Applicable Active Treatment: 6 weeks

Characteristics of included studies (Continued)

Participants	Inclusion Criteria: unipolar major depression on DSM III R or DIS, 20+ HMD (21) on entry to active treatment, and no more than 20% decrease during washout period, Raskin had to be higher than Covi Age: 18-70 Country: Canada Setting: Not Clear
Interventions	Fluoxetine versus amitriptyline
Outcomes	Drop Out
Notes	
Allocation concealment	B

Study **Kerkhofs 1990**

Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Endpoint Active Treatment: 6 weeks
Participants	Inclusion Criteria: RDC, 17+ HMD (?) and less than 20% improvement during washout phase, Not receiving oxazepam within 5 days of sleep assessment. Age: 18-64 Country: Belgium Setting: Inpatient for at least part of time
Interventions	Fluoxetine versus amitriptyline
Outcomes	HMD (version unclear) Drop Out
Notes	
Allocation concealment	B

Study **Klok 1981**

Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Endpoint Active Treatment: 4 weeks
Participants	Inclusion Criteria: 'vital depressive syndrom' comparable to endogenous depression, female Age: 23-66 Country: Netherlands Setting: Inpatients
Interventions	Fluvoxamine versus clomipramine
Outcomes	Drop Out HMD*
Notes	* Unpublished data
Allocation concealment	B

Study **Kuha 1991**

Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Not Applicable Active Treatment: 5 weeks
Participants	Inclusion Criteria: RDC unipolar major depressive disorders, 17+ HMD, 8+ Raskin

Characteristics of included studies (*Continued*)

	Age: 18-65 Country: Finland Setting: inpatients & outpatients
Interventions	Fluoxetine versus maprotiline
Outcomes	Drop Out
Notes	
Allocation concealment	B

Study	Kuhs 1989
Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Endpoint Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R major depressive illness, 18+ HMD (21 item) Age: 18-65 Country: Germany Setting: Inpatients
Interventions	Paroxetine versus amitriptyline.
Outcomes	HMD* Drop Out
Notes	* includes unpublished data
Allocation concealment	B

Study	La Pia 1992
Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Endpoint Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R major depressive disorders, 18+ HMD 21, 20+ Mini Mental State. Age: 60-80 Country: Italy Setting: Outpatients & inpatients
Interventions	Fluoxetine versus mianserin
Outcomes	HMD* Drop Out
Notes	* includes unpublished data
Allocation concealment	B

Study	Laakmann 1988
Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Endpoint Active Treatment: 5 weeks
Participants	Inclusion Criteria: depressive syndromes, 17+ HMD (17 item), 8+ raskin. Age: 19-74 Country: Germany Setting: Outpatients

Characteristics of included studies (Continued)

Interventions	Fluoxetine vs amitriptyline
Outcomes	HMD (21 item)* Drop Out*
Notes	* includes unpublished data
Allocation concealment	B

Study Laakmann 1991

Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Endpoint Active Treatment: 6 weeks
Participants	Inclusion Criteria: ICD 9 Endogenous Depression, HMD 17+, Raskin 8+ Age: 18-70 Country: Germany Setting: Inpatients
Interventions	Fluoxetine versus amitriptyline
Outcomes	HMD* Drop Out*
Notes	Includes unpublished data
Allocation concealment	B

Study Lapierre 1987

Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Endpoint Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R major depressive disorder, 15+ HMD Age: 20-69 Country: Canada Setting: Inpatients
Interventions	Fluvoxamine versus imipramine
Outcomes	HMD* Drop Out
Notes	* includes unpublished data
Allocation concealment	B

Study Laursen 1985

Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Endpoint Active Treatment: 6 weeks
Participants	Inclusion Criteria: ICD 8 manic depressive psychoses, 15+ HMD Age: 18+ Country: Denmark Setting: Inpatients initially
Interventions	Paroxetine versus amitriptyline.

Characteristics of included studies (Continued)

Outcomes HMD
Drop Out

Notes

Allocation concealment B

Study Levine 1989

Methods Double Blind RCT
Concealment of Allocation: Unclear
Analysis: Not Applicable
Active Treatment: 6 weeks

Participants Inclusion Criteria: RDC major depressive illness, 17+ HMD (?)
Age: Not Clear
Country: UK
Setting: Not Clear

Interventions Fluoxetine versus imipramine

Outcomes Drop Out

Notes

Allocation concealment B

Study Lonnqvist 1994

Methods Double Blind RCT
Concealment of Allocation: Unclear
Analysis: Intention to treat
Active Treatment: 6 weeks

Participants Inclusion Criteria: DSM III R predominantly Major Depression, 16+ HMD
Age: 18+ years
Country: Finland
Setting: Mostly outpatients

Interventions Fluoxetine versus moclobemide

Outcomes HMD
Drop Out

Notes

Allocation concealment B

Study Lydiard 1989

Methods Double Blind RCT
Concealment of Allocation: Unclear
Analysis: Endpoint
Active Treatment: 6 weeks

Participants Inclusion Criteria: DSM III R Major Depression, 22+ HMD
Age: 18+
Country: US
Setting: Outpatients

Interventions Fluvoxamine versus imipramine

Outcomes HMD*
Drop Out*

Notes * includes unpublished data

Characteristics of included studies (Continued)

Allocation concealment B

Study	Mahapatra 1996
Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Intention to treat Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R major depression with symptoms of depression for at least one month prior to study entry, at least 18 on HMD 21 item, minimum prestudy score of 23 on the Mini-Mental Status Examination Age: 64-87 Country: UK & Netherlands Setting: Inpatients, Outpatients, day treatment centre patients
Interventions	Venlafaxine versus dothiepin
Outcomes	HMD* Drop Out*
Notes	* includes unpublished data

Allocation concealment D

Study	Manna 1989
Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Intention to treat Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III major depressive disorder, 18+ HMD Age: mean 48 Country: Italy Setting: Inpatients
Interventions	Fluoxetine versus clomipramine
Outcomes	HMD
Notes	

Allocation concealment B

Study	March 1990
Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Not Applicable Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R major affective disorder, illness duration 1-18 months, 22+ HMD Age: 18-67 Country: US Setting: Outpatients
Interventions	Fluvoxamine versus imipramine
Outcomes	Drop Out
Notes	

Allocation concealment B

Characteristics of included studies (*Continued*)

Study	Mertens 1988
Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Intention to treat Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R major depressive episode - unipolar or bipolar, HMD (21 item) 18+ Age: 18-80 Country: Belgium Setting: Inpatient initially
Interventions	Paroxetine versus mianserin.
Outcomes	HMD (21 item) Drop Out
Notes	
Allocation concealment	B
Study	Moller 1993
Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Endpoint Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R major depression, 18+ HMD (21 item) Age: Not Clear Country: Germany + Hungary Setting: Inpatients
Interventions	Paroxetine versus amitriptyline
Outcomes	HMD Drop Out
Notes	
Allocation concealment	B
Study	Moon 1994
Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Not Applicable Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM IIIR Major Depressive Disorder, 18+ HMD, 16+ Hamilton Rating Scale for Anxiety, Age: 18-70 Country: England Setting: Family Practice
Interventions	Sertraline versus clomipramine
Outcomes	Drop Out
Notes	
Allocation concealment	B
Study	Muijen 1988
Methods	Double Blind RCT Concealment of Allocation: Unclear

Characteristics of included studies (Continued)

	Analysis: Endpoint Active Treatment: 6 weeks
Participants	Inclusion Criteria: RDC major depressive illness or bipolar illness depressive phase, 17+ HMD Age: 18-65 Country: UK Setting: Outpatients
Interventions	Fluoxetine versus mianserin
Outcomes	HMD Drop Out
Notes	
Allocation concealment	B

Study Mullin 1988

Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Endpoint Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R major depressive episode, 17+ HMD Age: 18-70 Country: UK Setting: Outpatients
Interventions	Fluvoxamine versus dothiepin
Outcomes	HMD* Drop Out
Notes	* includes unpublished data
Allocation concealment	B

Study Nathan 1990

Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Not Clear Active Treatment: 4 weeks
Participants	Inclusion Criteria: DSM III R major depressive episode, 15+ HMD, 7+ Raskin Severity of Depression Scale Age: mean 39.7 Country: US Setting: Inpatients
Interventions	Fluvoxamine versus desipramine
Outcomes	HMD
Notes	
Allocation concealment	B

Study Nielsen 1991

Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Endpoint Active Treatment: 12 weeks*
Participants	Inclusion Criteria: DSM III Major depressive episode, 18+ HMD Age: 18-70

Characteristics of included studies (Continued)

	Country: Denmark Setting: Inpatient & outpatients
Interventions	Paroxetine versus imipramine
Outcomes	HMD Drop Out
Notes	*Efficacy result at 4 weeks
Allocation concealment	B

Study Nielsen 1993

Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Not Applicable Active Treatment: 8 weeks
Participants	Inclusion Criteria: DSM III major depressive disorder, Bech-Rafaelsen Melancholia Scale, 18+ HMD (21), remains 18+ after washout period, or less than 20% improvement. Age: 18-70 Country: Denmark Setting: Outpatients
Interventions	Fluoxetine versus imipramine
Outcomes	Drop Out
Notes	
Allocation concealment	B

Study Noguera 1991

Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Intention to treat Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III major unipolar depression, 17+ HMD, less than 20% reduction in hmd during washout period, 8+ Raskin, and > covi. Age: 18-65 Country: Spain Setting: Outpatients
Interventions	Fluoxetine versus clomipramine
Outcomes	HMD Drop Out
Notes	
Allocation concealment	B

Study Norton 1984

Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Endpoint Active Treatment: 4 weeks
Participants	Inclusion Criteria: RDC for Major Depressive Disorder (probable or definite), 15+ HMD Age: 18-65 Country: UK

Characteristics of included studies (Continued)

	Setting: Outpatients
Interventions	Fluvoxamine versus imipramine
Outcomes	HMD* Drop Out
Notes	* includes unpublished data
Allocation concealment	B

Study Ohrberg 1992

Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Endpoint Active Treatment: 6 weeks
Participants	Inclusion Criteria: Depressed patients of either sex requiring medical treatment Age: 18-70 Country: Denmark Setting: Outpatients
Interventions	Paroxetine versus imipramine
Outcomes	HMD* Drop Out
Notes	*Includes unpublished data
Allocation concealment	B

Study Ottevanger 1995

Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Intention to treat Active Treatment: 4 weeks
Participants	Inclusion Criteria: Depression (Feighner Criteria), 17+ HMD, Age: mean 49 Country: Netherlands Setting: Inpatients
Interventions	Fluvoxamine versus clomipramine
Outcomes	HMD Drop Out
Notes	
Allocation concealment	B

Study Pakesch 1991

Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Last observation carried forward Active Treatment: 4 weeks
Participants	Inclusion Criteria: Kielholz/Poeldinger scheme for depression, 11+ on 14 item HMD, 20% improvement in HMD during washout phase led to exclusion. Age: 19-79 Country: Germany Setting: Outpatients

Characteristics of included studies (*Continued*)

Interventions	Fluoxetine versus clomipramine
Outcomes	HMD* Drop Out*
Notes	* unpublished data
Allocation concealment	B

Study **Pelicier 1993**

Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Not Applicable Active Treatment: 5 weeks
Participants	Inclusion Criteria: Reactive Depression according to Feighner criteria Age: 60+ Country: France Setting: Outpatients
Interventions	Paroxetine versus clomipramine
Outcomes	Drop Out
Notes	
Allocation concealment	B

Study **Perez 1990**

Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Not Applicable Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R major depressive episode, 30+ MADRS Age: 18+ Country: UK Setting: Not Clear
Interventions	Fluvoxamine versus mianserin
Outcomes	Drop Out
Notes	
Allocation concealment	B

Study **Peselow 1989**

Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Not Applicable Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R major depressive disorder, 18+ HMD, 9+ Raskin score, which is higher than covi score. Age: Not Clear Country: US Setting: Not Clear
Interventions	Paroxetine versus imipramine
Outcomes	Drop Out
Notes	

Characteristics of included studies (Continued)

Allocation concealment B

Study **Peters 1990**

Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Endpoint Active Treatment: 5 weeks
Participants	Inclusion Criteria: 17+ HMD, 8+ Raskin, higher than Covi Age: 25-63 Country: Germany Setting: Outpatients
Interventions	Fluoxetine versus amitriptyline
Outcomes	HMD Drop Out

Notes

Allocation concealment B

Study **Phanjo 1991**

Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Endpoint Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R Major Depression, 30+ MADRS Age: 65+ Country: Scotland Setting: Inpatients & outpatients
Interventions	Fluvoxamine versus mianserin
Outcomes	MADRS* Drop Out

Notes * includes unpublished data

Allocation concealment B

Study **Poelinger 1989**

Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Intention to treat Active Treatment: 4 weeks
Participants	Inclusion Criteria: Kielholz/Poelinger scheme for depression, 14+ on 14 item HMD Age: 21-67 Country: Switzerland and Austria Setting: Outpatients & family practice
Interventions	Fluoxetine vs maprotiline
Outcomes	HMD (14 item) Drop Out

Notes

Allocation concealment B

Characteristics of included studies (Continued)

Study	Rahman 1991
Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Endpoint Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R Major Depression, 30+ MADRS Age: 65+ Country: UK Setting: Inpatients
Interventions	Fluvoxamine versus dothiepin
Outcomes	MADRS* Drop Out
Notes	* includes unpublished data
Allocation concealment	B

Study	Ravindran 1995
Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Endpoint Active Treatment: 8 weeks
Participants	Inclusion Criteria: DSM III R major depression (mild to moderate severity), 15+ on HMD Age: 18-65 Country: Canada Setting: Outpatients
Interventions	Sertraline versus desipramine
Outcomes	HMD* Drop Out
Notes	* includes unpublished data
Allocation concealment	B

Study	Ravindran 1997
Methods	Double-blind RCT
Participants	Patients with depression and associated anxiety MADRS score >20 and Clinical Anxiety score >11
Interventions	Paroxetine 20-40mg/day Clomipramine 75-150mg/day
Outcomes	MADRS CGI
Notes	
Allocation concealment	B

Study	Reimherr 1990
Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Intention to treat Active Treatment: 8 weeks

Characteristics of included studies (Continued)

Participants	Inclusion Criteria: DSM III R major depressive episode, 18+ HMD (18) without 25% reduction during washout, higher score on Raskin than Covi Age: 18-65 Country: US Setting: Outpatients
Interventions	Sertraline versus amitriptyline
Outcomes	HMD Drop Out
Notes	
Allocation concealment	B

Study **Remick 1989**

Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Not Applicable Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III major depressive disorder, 20+ HMD (21) (including after washout week) Age: mean 43 Country: Canada Setting: Outpatients & inpatients
Interventions	Fluoxetine versus doxepin
Outcomes	Drop Out
Notes	
Allocation concealment	B

Study **Remick 1993**

Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Endpoint Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R major depressive disorder for 1 month minimum, 20+ HMD (21), 20% or below 20 on HMD after wash out led to exclusion. Age: 18-65 Country: Canada Setting: Outpatients & inpatients
Interventions	Fluoxetine versus desipramine
Outcomes	HMD (21 item)* Drop Out
Notes	* includes unpublished data
Allocation concealment	B

Study **Remick 1994**

Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Intention to treat Active Treatment: 7 weeks
Participants	Inclusion Criteria: DSM III R major depressive episode, 20+ HMD

Characteristics of included studies (Continued)

	Age: 18-65 Country: Canada Setting: Outpatients
Interventions	Fluvoxamine versus amitriptyline
Outcomes	HMD* Drop Out
Notes	* unpublished data
Allocation concealment	B

Study	Reynaert 1995
Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Endpoint Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R Major Depression, 16+ on 17 item HMD Age: mean 47 year Country: Belgium Setting: Inpatients & outpatients
Interventions	Fluoxetine versus moclobemide
Outcomes	HMD Drop Out
Notes	
Allocation concealment	B

Study	Rickels 1994
Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Not Applicable Active Treatment: 8 weeks
Participants	Inclusion Criteria: 20+ HMD, DSM III R moderate to severe major depressive disorder or bipolar disorder depressed type but without rapid cycling. Age: 18+ Country: US Setting: Private psychiatric & family practice
Interventions	Nefazodone versus imipramine
Outcomes	Drop Out
Notes	
Allocation concealment	B

Study	Robertson 1994
Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Intention to treat Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R major depression, or bipolar disorder 18+ HMD Age: 18-70

Characteristics of included studies (*Continued*)

	Country: UK Setting: Inpatients & outpatients
Interventions	Fluoxetine versus lofepramine
Outcomes	HMD Drop Out
Notes	
Allocation concealment	B

Study	Ropert 1989
Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Endpoint Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III major depressive disorders, 18-25 HMD (21) Age: 18+ Country: France Setting: Outpatients
Interventions	Fluoxetine versus clomipramine
Outcomes	HMD (21 item) Drop Out
Notes	
Allocation concealment	B

Study	Rosenberg 1994
Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Intention to treat Active Treatment: 6 weeks
Participants	Inclusion Criteria: Assessed as being in need of antidepressant treatment, 14+ HMD Age: 18-65 Country: Denmark, Norway, Sweden, Finland. Setting: Family practice
Interventions	Citalopram 10 mg versus imipramine Citalopram 20 mg versus imipramine
Outcomes	HMD* Drop Out
Notes	* includes unpublished data Data combined across doses
Allocation concealment	B

Study	Roth 1990
Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Endpoint Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R major depressive episode, 22+ HMD Age: 18+

Characteristics of included studies (Continued)

	Country: USA Setting: Outpatients
Interventions	Fluvoxamine versus desipramine
Outcomes	HMD Drop Out
Notes	
Allocation concealment	B

Study	Schweizer 1994
Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Intention to treat Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R Major depression, 20+ 21 item HMD Age: 18+ Country: US Setting: Outpatients
Interventions	Venlafaxine versus imipramine
Outcomes	HMD (21 item) Drop Out
Notes	
Allocation concealment	B

Study	Shaw 1986
Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Intention to treat Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R major depressive illness. 18+ HMD Age: 18-70 Country: South Wales Setting: Inpatients & outpatients
Interventions	Citalopram versus amitriptyline.
Outcomes	HMD Drop Out
Notes	
Allocation concealment	B

Study	Shillingford 1990
Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Not Applicable Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R major depressive disorder, 18+ on HMD Age: Not Clear Country: UK Setting: Family practice

Characteristics of included studies (*Continued*)

Interventions	Paroxetine versus dothiepin
Outcomes	Drop Out
Notes	
Allocation concealment	B

Study **Shrivastava 1994**

Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Intention to treat Active Treatment: 12 months
Participants	Inclusion Criteria: DSM III R Major depression Age: 18+ Country: US Setting: Outpatients
Interventions	Venlafaxine versus imipramine
Outcomes	CGI* Drop Out
Notes	*includes unpublished data
Allocation concealment	B

Study **Staner 1995**

Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Intention to treat Active Treatment: 34 days
Participants	Inclusion Criteria: RDC major Depression, 18+ HMD Age: 18-65 Country: Belgium Setting: Inpatients
Interventions	Paroxetine versus amitriptyline
Outcomes	HMD Drop Out
Notes	
Allocation concealment	B

Study **Stark 1985**

Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Intention to treat Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III major depressive disorder for 4 weeks, 20+ HMD (21), less than 20% reduction in HMD during wash out period, 8+ on Raskin Scale, and greater than Covi scale. Age: 18-70 Country: US Setting: Outpatients
Interventions	Fluoxetine versus imipramine
Outcomes	HMD (21 item)

Characteristics of included studies (Continued)

Drop Out

Notes

Allocation concealment B

Study **Stott 1993**

Methods Double Blind RCT
Concealment of Allocation: Unclear
Analysis: Endpoint
Active Treatment: 8 weeks

Participants Inclusion Criteria: depression and associated anxiety, 16+ MADRS, 11+ Clinical Anxiety Scale
Age: 18-65
Country: UK
Setting: Family practice

Interventions Paroxetine versus amitriptyline

Outcomes MADRS*
Drop Out

Notes *Includes unpublished data

Allocation concealment B

Study **Stratta 1991**

Methods Double Blind RCT
Concealment of Allocation: Unclear
Analysis: Endpoint
Active Treatment: 6 weeks

Participants Inclusion Criteria: atypical depression
Age: mean 35
Country: Italy
Setting: Not Clear

Interventions Fluoxetine versus imipramine

Outcomes HMD (not clear which version)
Drop Out

Notes

Allocation concealment B

Study **Stuppaeck 1994**

Methods Double Blind RCT
Concealment of Allocation: Unclear
Analysis: Endpoint
Active Treatment: 6 weeks

Participants Inclusion Criteria: DSM III major depression, melancholic subtype, 18+ HMD (21item)
Age: 18-65
Country: Austria & Germany
Setting: Inpatients

Interventions Paroxetine versus amitriptyline

Outcomes HMD (21 item)
Drop Out

Notes

Characteristics of included studies (Continued)

Allocation concealment B

Study **Tapani 1989**

Methods Double Blind RCT
Concealment of Allocation: Unclear
Analysis: Not Applicable
Active Treatment: 5 weeks

Participants Inclusion Criteria: RDC unipolar major depression, 17+ on HMD, Raskin at least 8, and equal or higher than Covi
Age: 30-55
Country: Finland
Setting: Inpatients & outpatients

Interventions Fluoxetine versus doxepin

Outcomes Drop Out

Notes

Allocation concealment B

Study **Thompson 1991**

Methods Double Blind RCT
Concealment of Allocation: Unclear
Analysis: Not Applicable
Active Treatment: 6 weeks

Participants Inclusion Criteria: DSM III R major depressive disorder
Age: Not clear
Country: UK
Setting: Not Clear

Interventions Sertraline versus dothiepin

Outcomes Drop Out

Notes

Allocation concealment B

Study **Timmerman 1987**

Methods Double Blind RCT
Concealment of Allocation: Unclear
Analysis: Endpoint
Active Treatment: 4 weeks

Participants Inclusion Criteria: DSM III R major depressive disorder, 18+ HMD
Age: 18-69
Country: Netherlands
Setting: Inpatients (all women)

Interventions Citalopram versus maprotiline

Outcomes HMD
Drop Out

Notes

Allocation concealment B

Characteristics of included studies (Continued)

Study	Tollefson 1994
Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Intention to treat Active Treatment: 8 weeks
Participants	Inclusion Criteria: DSM III R major depressive disorder (unipolar, non psychotic depressed) for 1 month + sub tag 'agitated' according to RDC, 14+ HMD at washout and for first 2 visits, 2+ score on at least 2 items on agitation rating scale. Age: 18-65 Country: US Setting: Outpatients
Interventions	Fluoxetine versus imipramine.
Outcomes	HMD Drop Out
Notes	
Allocation concealment	B

Study	Upward 1988
Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Not Applicable Active Treatment: 4 weeks
Participants	Inclusion Criteria: depressed patients Age: 24-63 Country: UK Setting: Outpatients
Interventions	Fluoxetine versus amitriptyline
Outcomes	Drop Out
Notes	
Allocation concealment	B

Study	Williams 1993
Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Endpoint Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R Major Depression, 17+ on 21 item HMD Age: 20-86 Country: New Zealand Setting: Not Clear
Interventions	Fluoxetine versus moclobemide
Outcomes	HMD* Drop Out
Notes	* unpublished data
Allocation concealment	B

Study	Young 1987
Methods	Double Blind RCT

Characteristics of included studies (Continued)

	Concealment of Allocation: Unclear Analysis: Endpoint Active Treatment: 6 weeks
Participants	Inclusion Criteria: RDC moderately severe unipolar depression, 18+ HMD Age: 20-65 Country: UK Setting: Outpatients
Interventions	Fluoxetine versus amitriptyline
Outcomes	Drop Out HMD*
Notes	* unpublished data
Allocation concealment	B

Study	de Jonghe 1991a
Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Endpoint Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III major depression without psychotic features, 18+ HMD (including after washout period), no more than 20% reductions in HMD during washout period Age: 18-70 Country: Netherlands Setting: Inpatients for first 3 weeks
Interventions	Fluoxetine versus maprotiline
Outcomes	HMD Drop Out
Notes	
Allocation concealment	B

Study	de Jonghe 1991b
Methods	Double Blind RCT Concealment of Allocation: Unclear Analysis: Endpoint Active Treatment: 6 weeks
Participants	Inclusion Criteria: DSM III R Major Depression or Dysthymic Disorder Age: 18-60 Country: Netherlands Setting: Outpatients
Interventions	Fluvoxamine versus maprotiline
Outcomes	HMD Drop Out
Notes	
Allocation concealment	B

HMD: Hamilton Depression Rating Scale- 17 item unless stated
MADRS: Montgomery & Asberg Depression Rating Scale
RDC: Research Diagnostic Criteria
CGI: Clinical Global Impression

Characteristics of excluded studies

Study	Reason for exclusion
Altamura 1989	No interpretable data available
Blanchard 1995	No interpretable data available
Bressa 1989	No interpretable data available No address for correspondence
Chouinard 1985	Included in Beasley 1993b
De Wilde 1982	Repeated in De Wilde 1983
Debus 1988	Included in Beasley 1991
Doogan 1994	No interpretable data available
Dunbar 1991	Included in Feighner 1993
Entsuah 1994	Same study as Schwiezer 1994
Fairweather 1993	No interpretable data available
Feighner 1985b	Included in Beasley 1993b
Feighner 1989b	No interpretable data available
Feighner 1989c	Included in Feighner 1993
Fontaine 1991	No interpretable data available
Gajano 1989	No interpretable data available
Guy 1984	No interpretable data available
Hewer 1994	No interpretable data available
Loeb 1989	No interpretable data available No address for correspondence
Masco 1985	Included in Beasley 1993b
Moon 1989	No interpretable data available
Perry 1989	Included in Beasley 1991
Taneri 1989	No interpretable data available No address for correspondence
Van Moffaert 1994	No interpretable data available

ANALYSES

Comparison 01. SSRIs versus alternative antidepressants

Outcome title	No. of studies	No. of participants	Statistical method	Effect size
01 Efficacy	98	9469	Weighted Mean Difference (Fixed) 95% CI	-0.06 [-0.28, 0.17]

Comparison 02. SSRIs versus tricyclic antidepressants

Outcome title	No. of studies	No. of participants	Statistical method	Effect size
01 Efficacy	66	6767	Weighted Mean Difference (Fixed) 95% CI	-0.09 [-0.37, 0.19]

Comparison 03. SSRI versus Tricyclics in Inpatients

Outcome title	No. of studies	No. of participants	Statistical method	Effect size
01 Efficacy	23	1347	Weighted Mean Difference (Fixed) 95% CI	0.13 [-0.36, 0.62]

Comparison 04. Tricyclics and related drugs versus SSRIs

Outcome title	No. of studies	No. of participants	Statistical method	Effect size
01 Efficacy	89	8478	Weighted Mean Difference (Fixed) 95% CI	-0.12 [-0.37, 0.13]

Comparison 05. SSRIs v. Tricyclics

Outcome title	No. of studies	No. of participants	Statistical method	Effect size
01 Drug efficacy by trial design	64	6674	Weighted Mean Difference (Fixed) 95% CI	-0.12 [-0.39, 0.16]

Comparison 06. SSRIs v. sedating/non-sedating tricyclic antidepressants

Outcome title	No. of studies	No. of participants	Statistical method	Effect size
01 SSRIs v. TCAs group in sedating v. non-sedating categories	63	5571	Weighted Mean Difference (Fixed) 95% CI	-0.11 [-0.40, 0.18]

INDEX TERMS

Medical Subject Headings (MeSH)

Antidepressive Agents [*therapeutic use]; Depressive Disorder [*drug therapy]; Serotonin Uptake Inhibitors [*therapeutic use]

MeSH check words

Humans

COVER SHEET

Title	Selective serotonin reuptake inhibitors (SSRIs) versus other antidepressants for depression
Authors	Geddes JR, Freemantle N, Mason J, Eccles MP, Boynton J
Contribution of author(s)	Information not supplied by author
Issue protocol first published	1997/1
Review first published	1999/4
Date of most recent amendment	16 November 2005
Date of most recent SUBSTANTIVE amendment	15 July 1999

What's New	Information not supplied by author
Date new studies sought but none found	Information not supplied by author
Date new studies found but not yet included/excluded	Information not supplied by author
Date new studies found and included/excluded	Information not supplied by author
Date authors' conclusions section amended	Information not supplied by author
Contact address	<p>Prof John Geddes Professor of Epidemiological Psychiatry Department of Psychiatry University of Oxford Warneford Hospital Oxford OXON OX3 7JX UK E-mail: john.geddes@psych.ox.ac.uk Tel: 01865 226480 Fax: 01865 793101</p>
DOI	10.1002/14651858.CD001851
Cochrane Library number	CD001851
Editorial group	Cochrane Depression, Anxiety and Neurosis Group
Editorial group code	HM-DEPRESSN

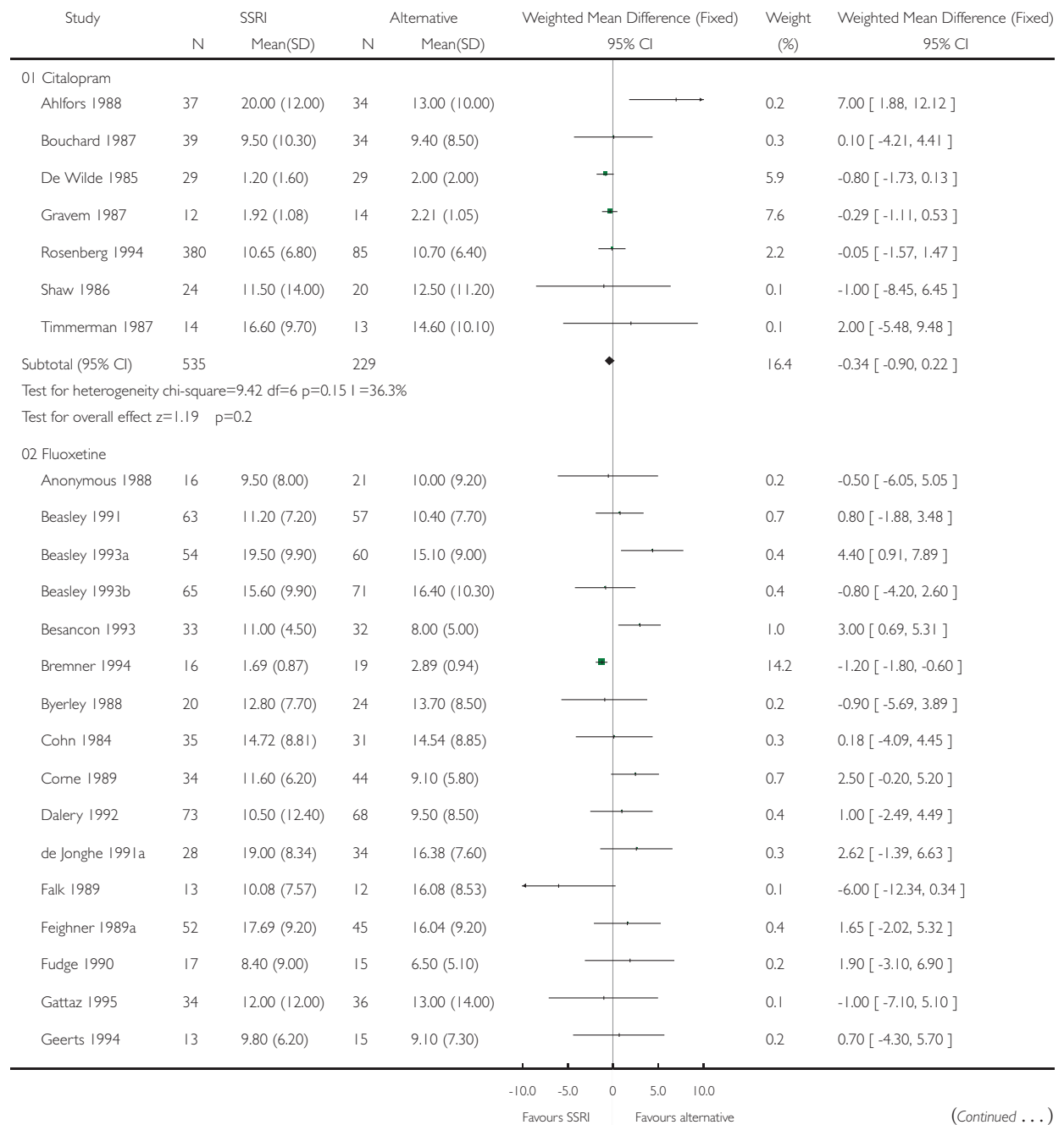
GRAPHS AND OTHER TABLES

Analysis 01.01. Comparison 01 SSRIs versus alternative antidepressants, Outcome 01 Efficacy

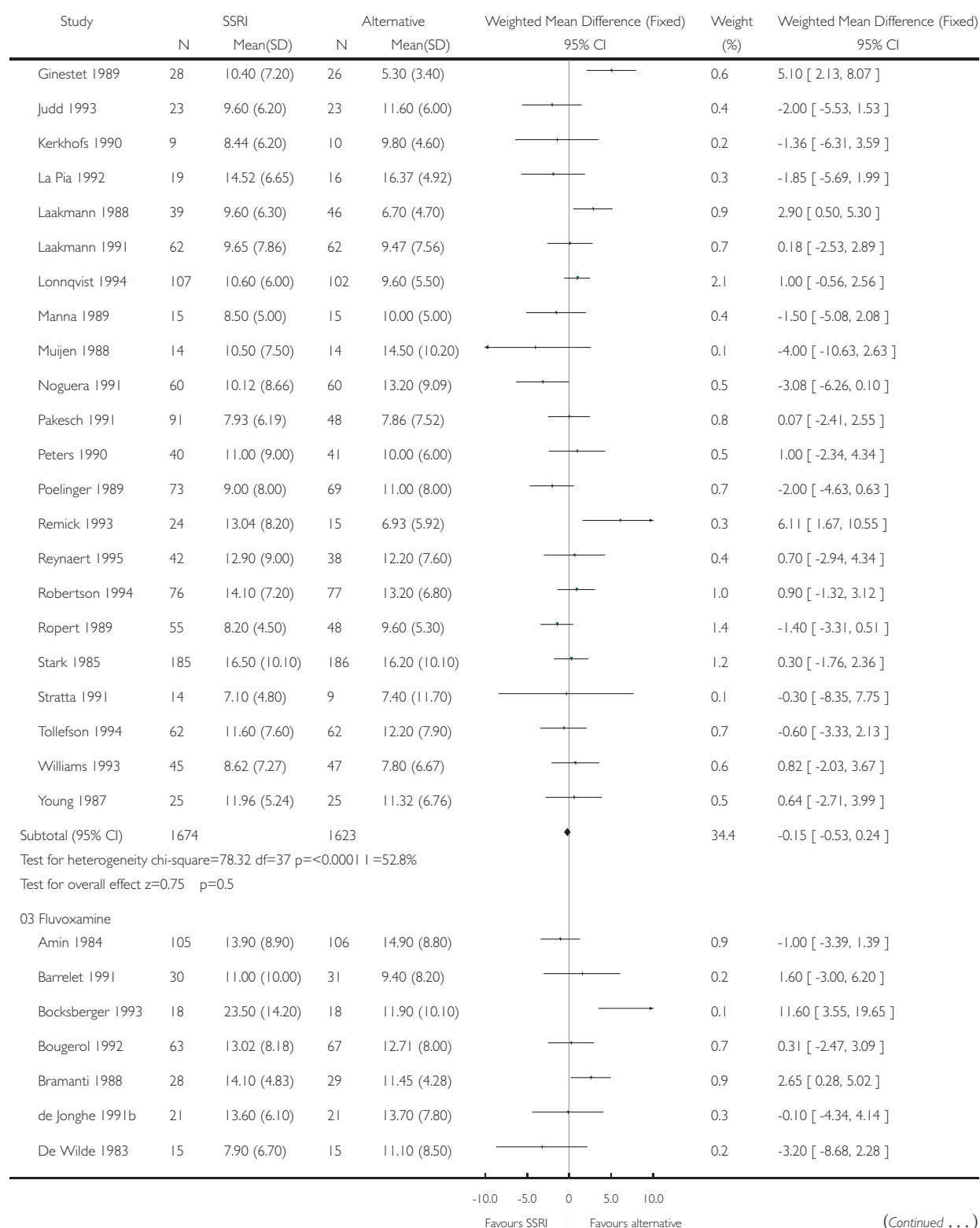
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Comparison: 01 SSRIs versus alternative antidepressants

Outcome: 01 Efficacy

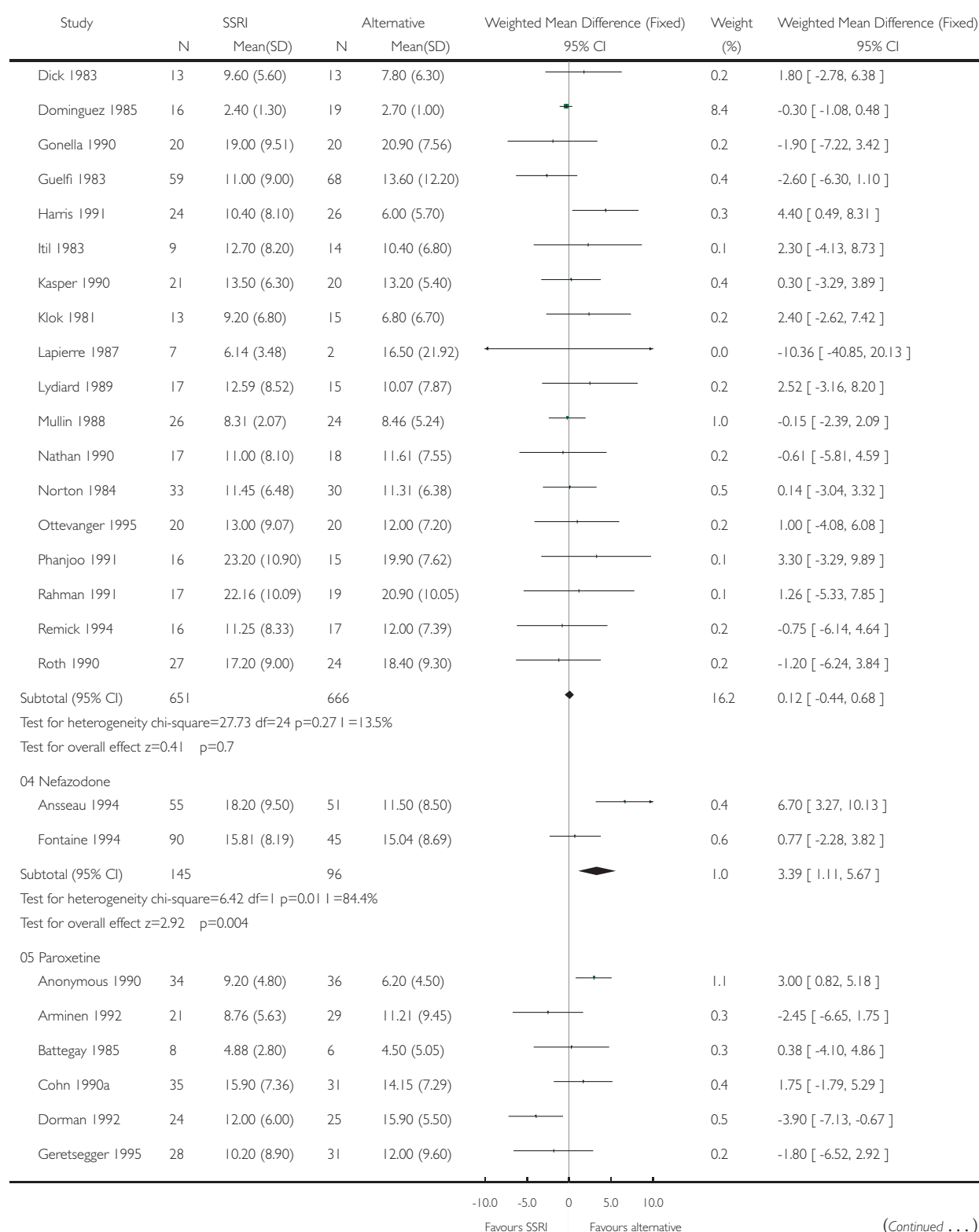


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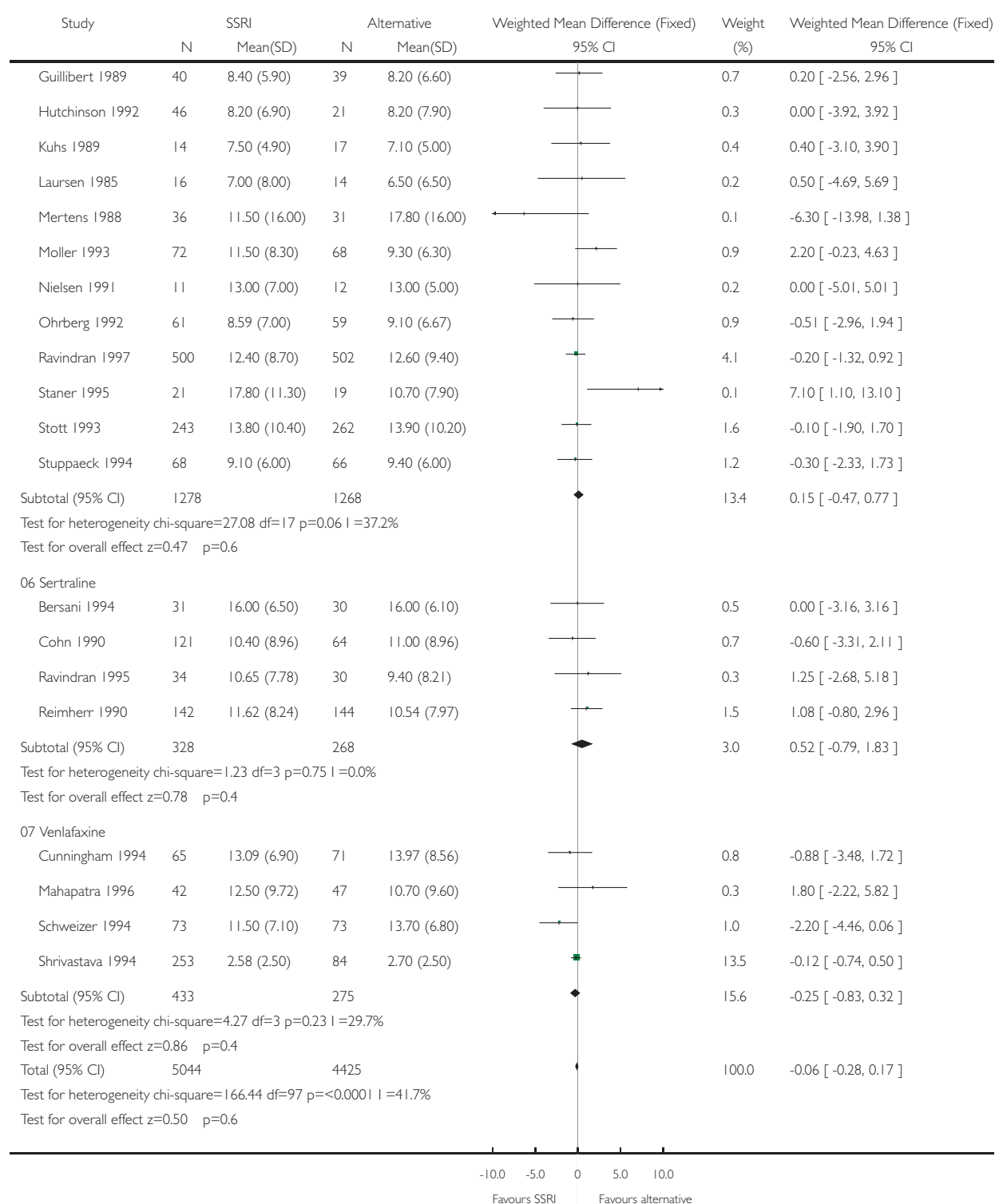
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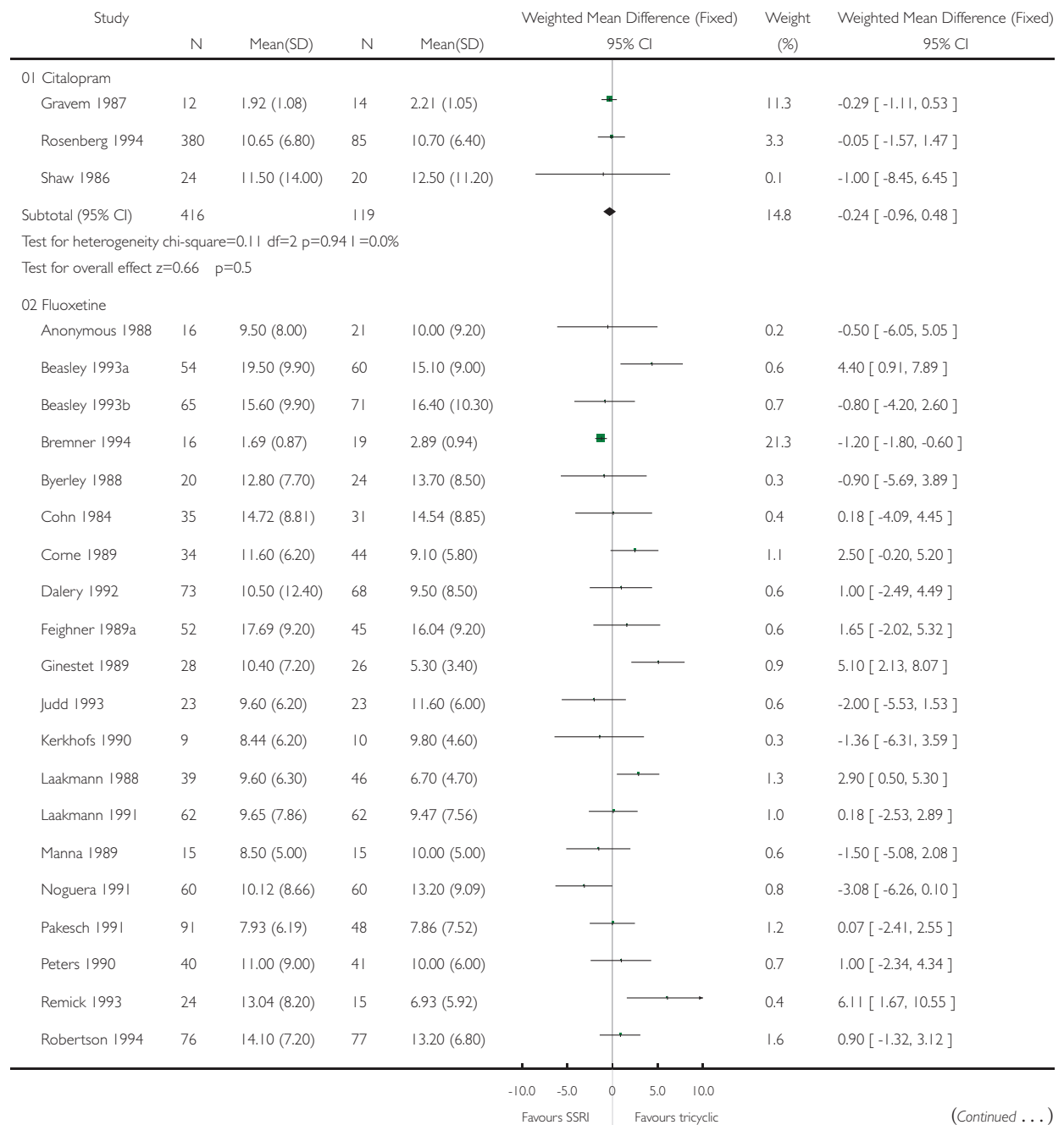


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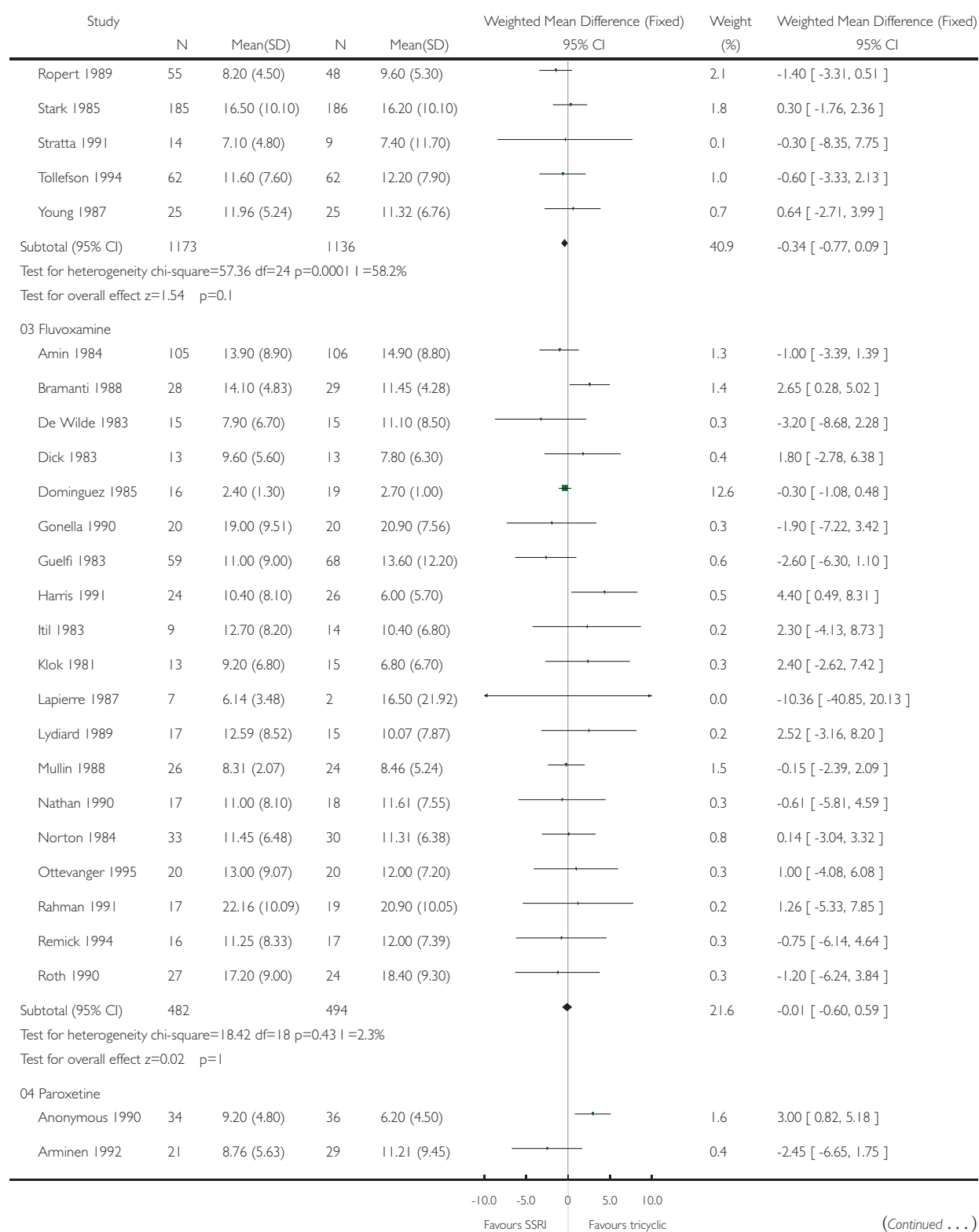
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Comparison: 02 SSRIs versus tricyclic antidepressants

Outcome: 01 Efficacy

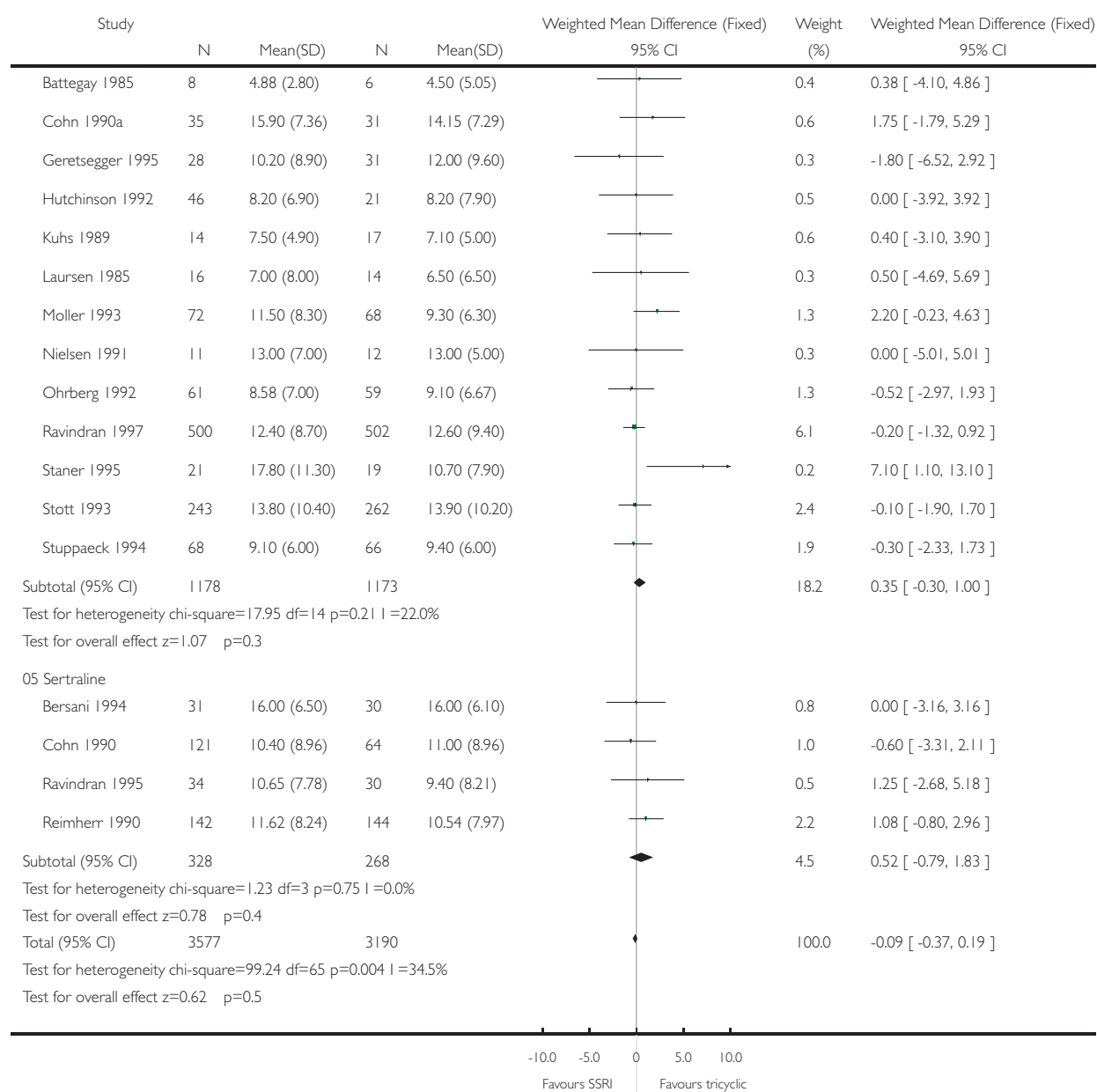


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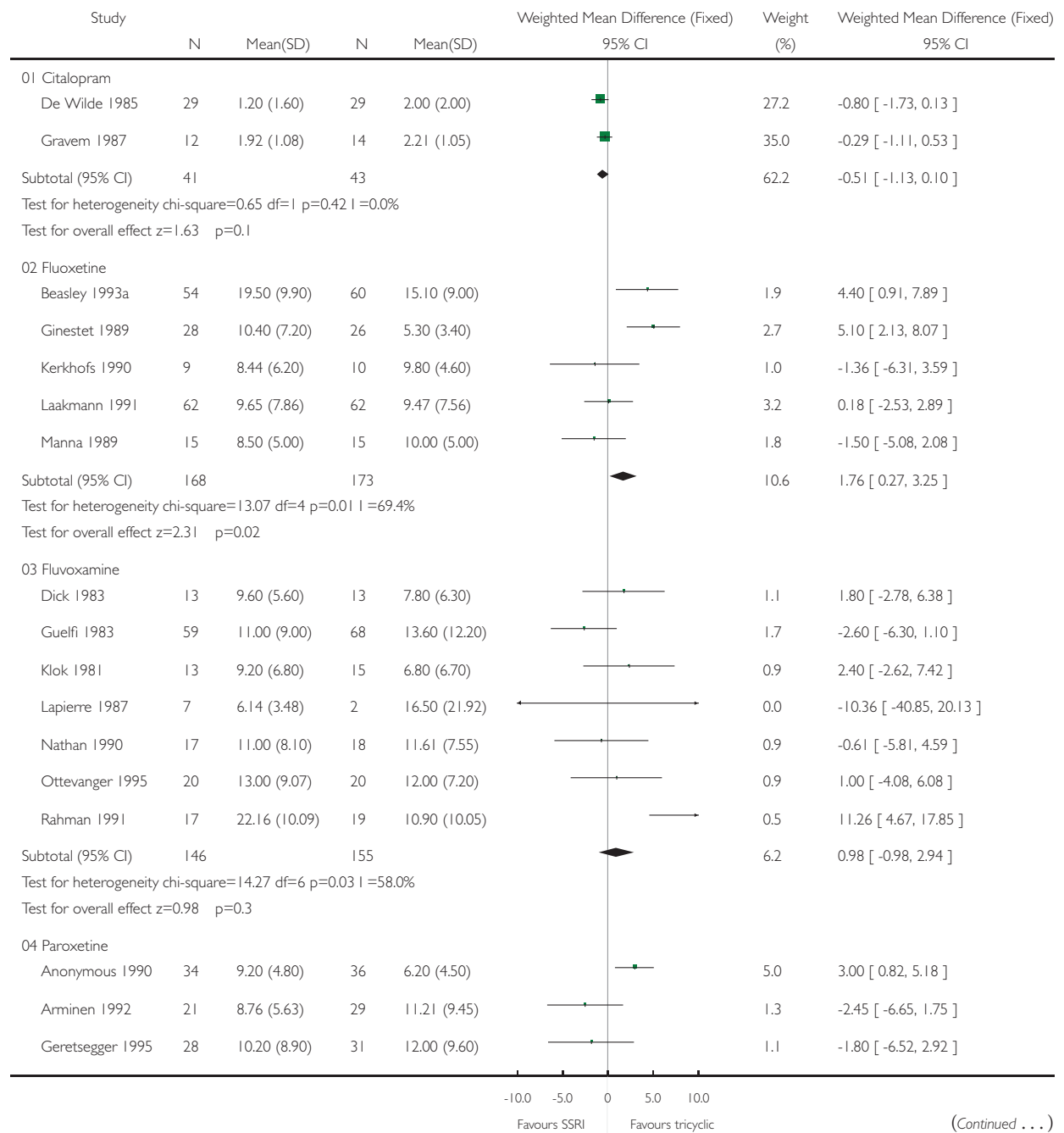


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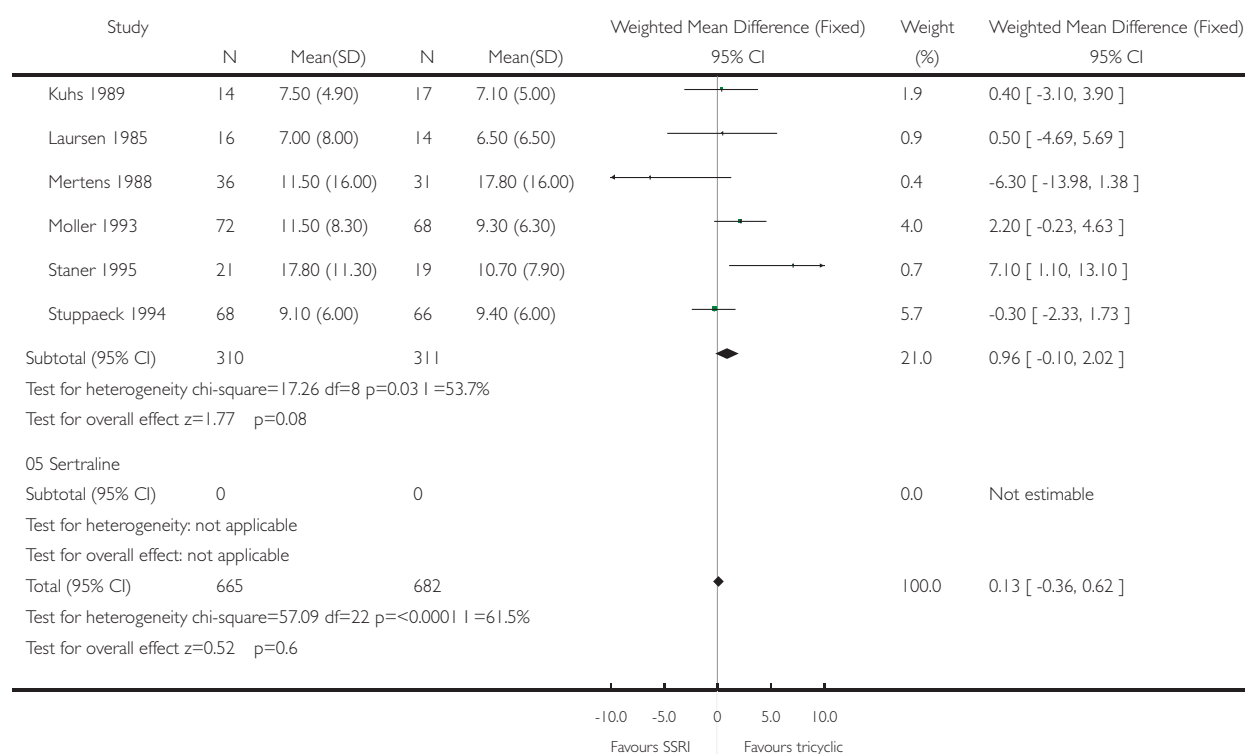
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Comparison: 03 SSRI versus Tricyclics in Inpatients

Outcome: 01 Efficacy



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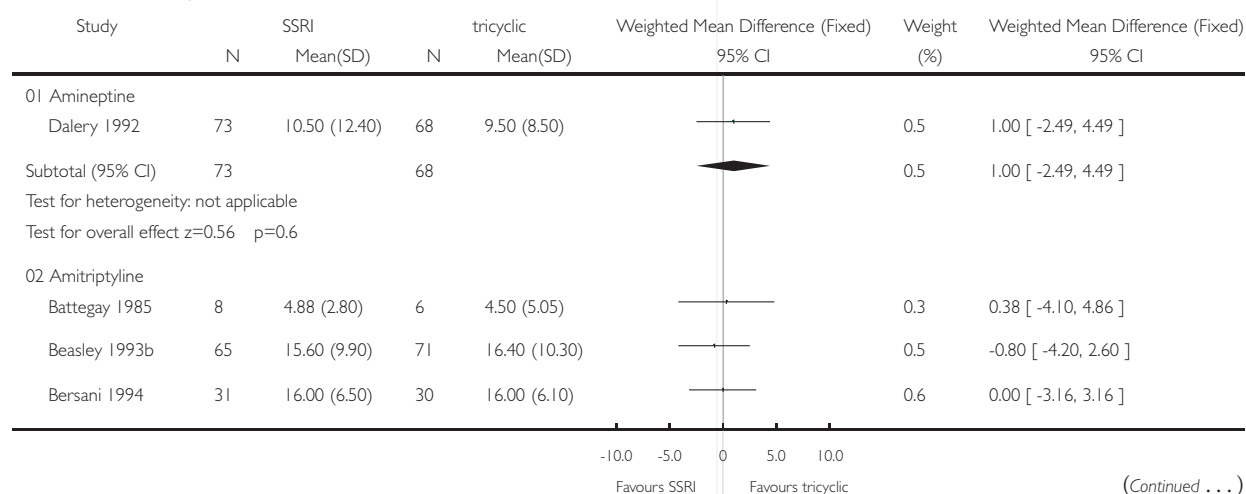


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Review: Selective serotonin reuptake inhibitors (SSRIs) versus other antidepressants for depression

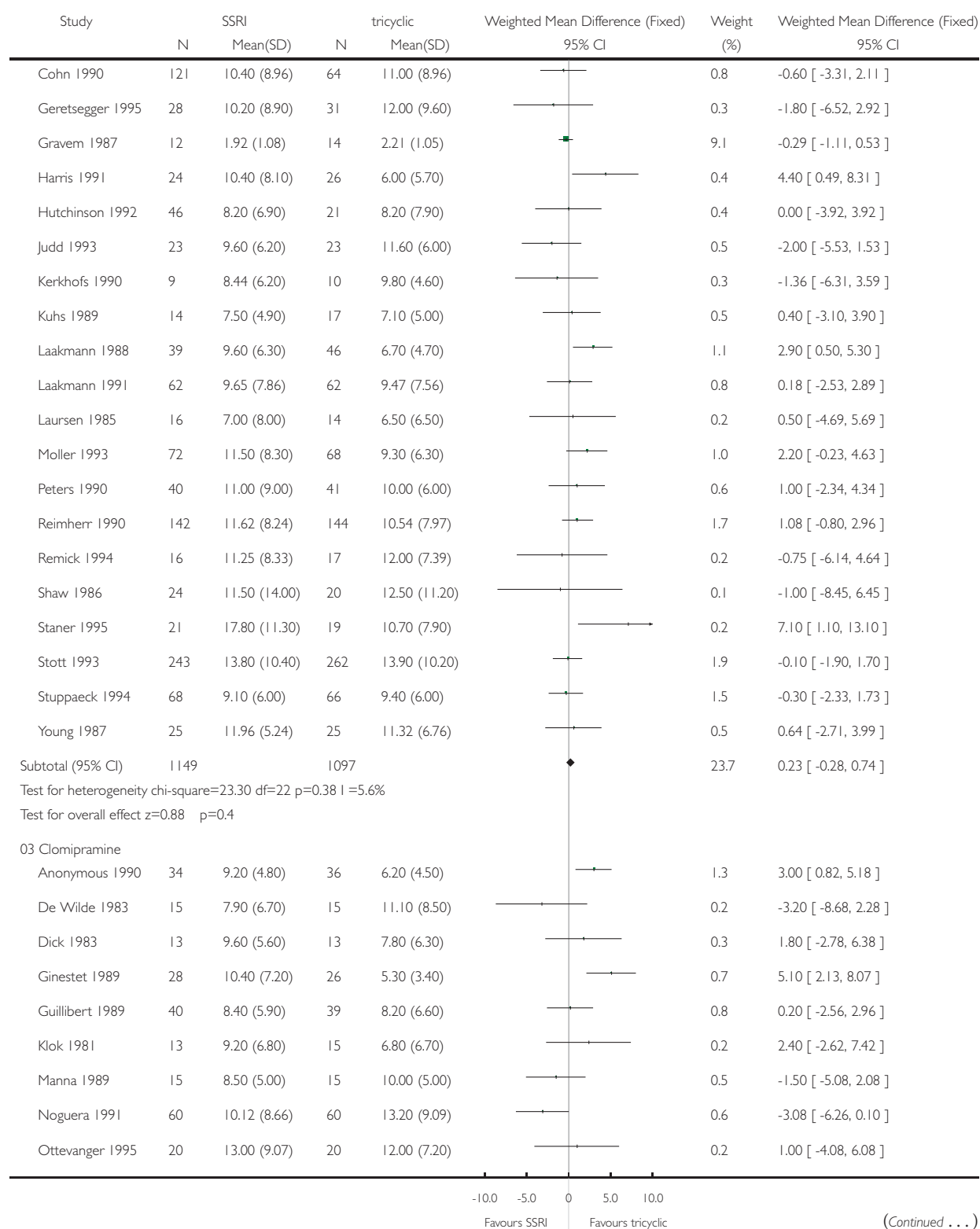
Comparison: 04 Tricyclics and related drugs versus SSRIs

Outcome: 01 Efficacy



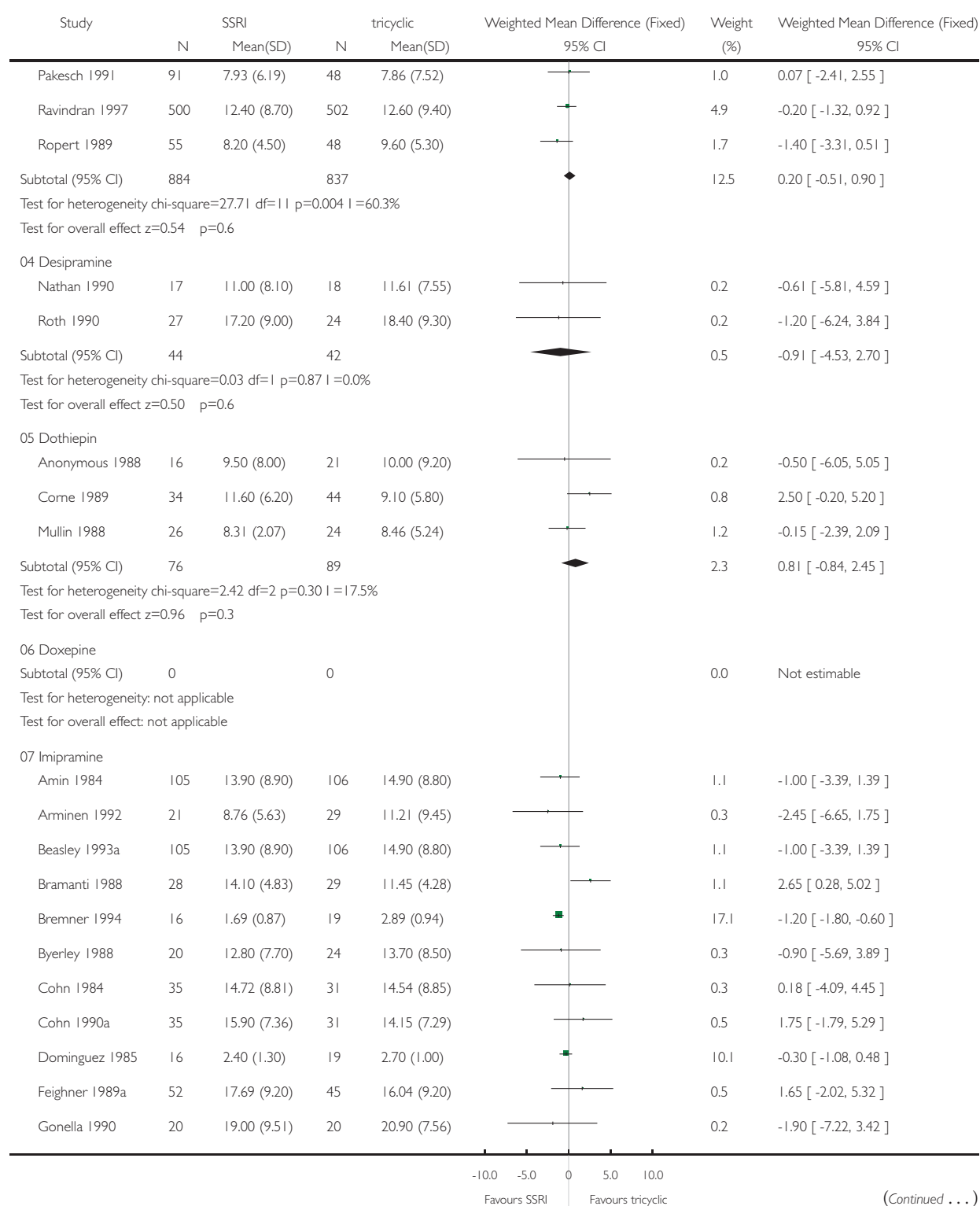
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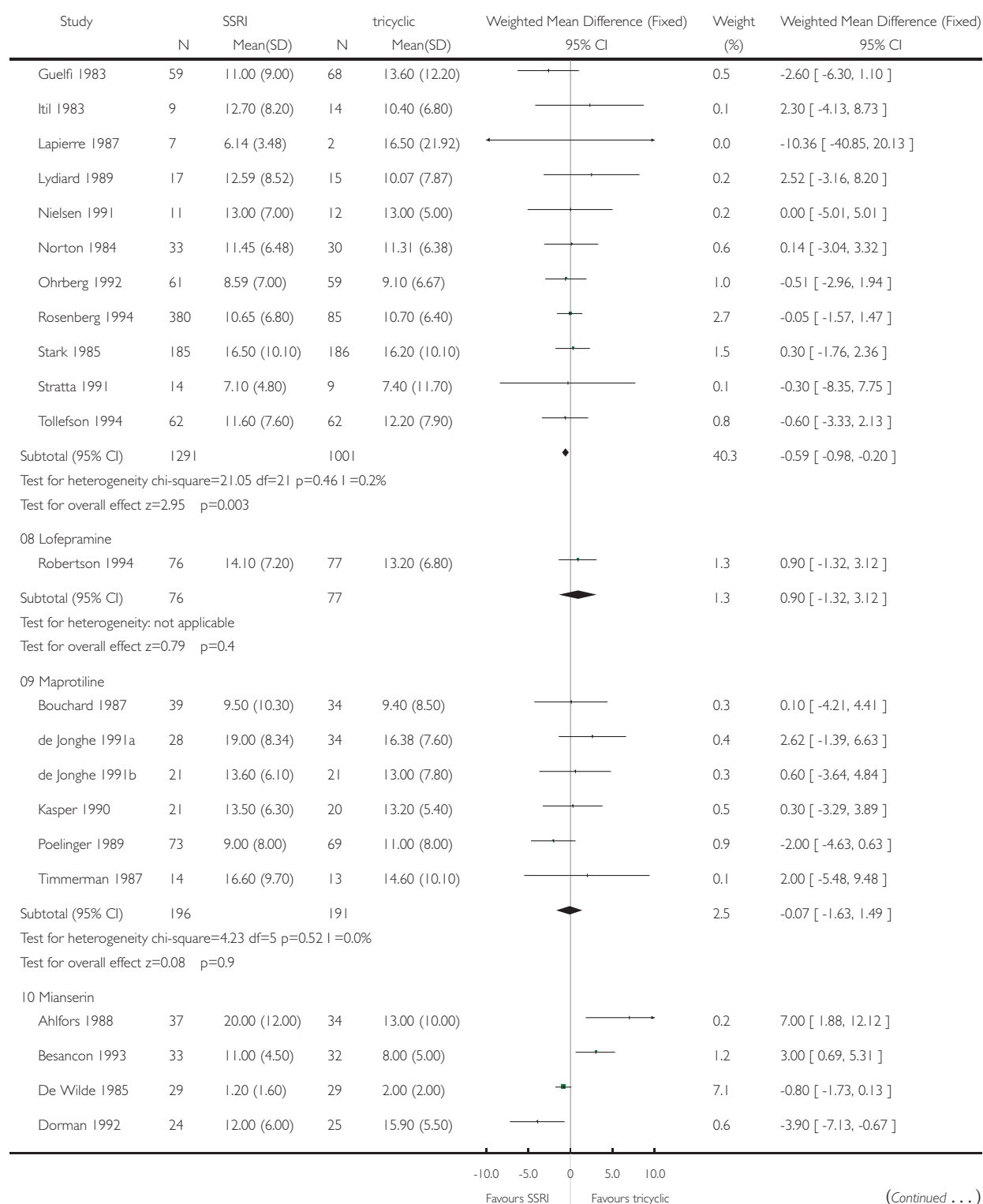
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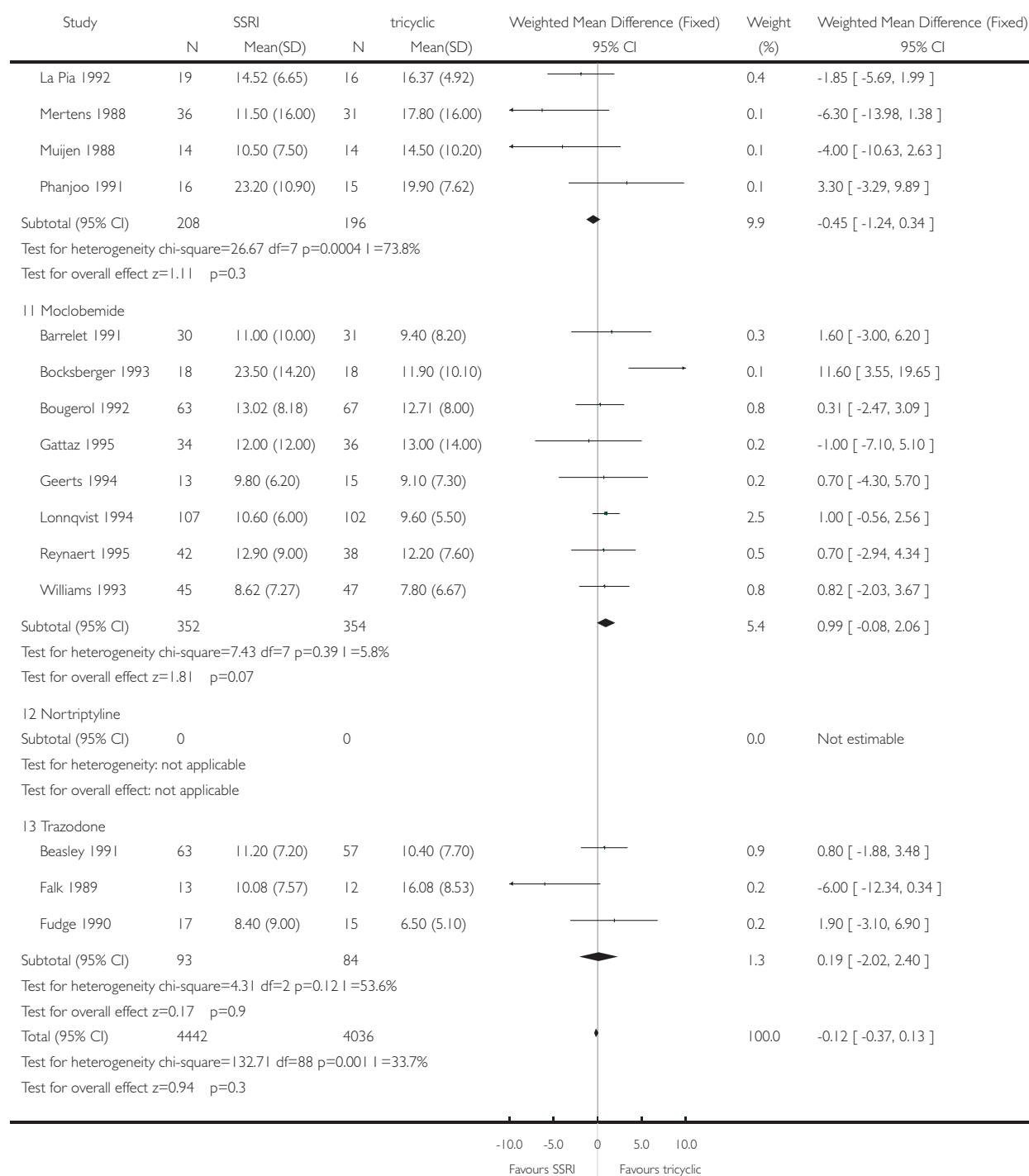
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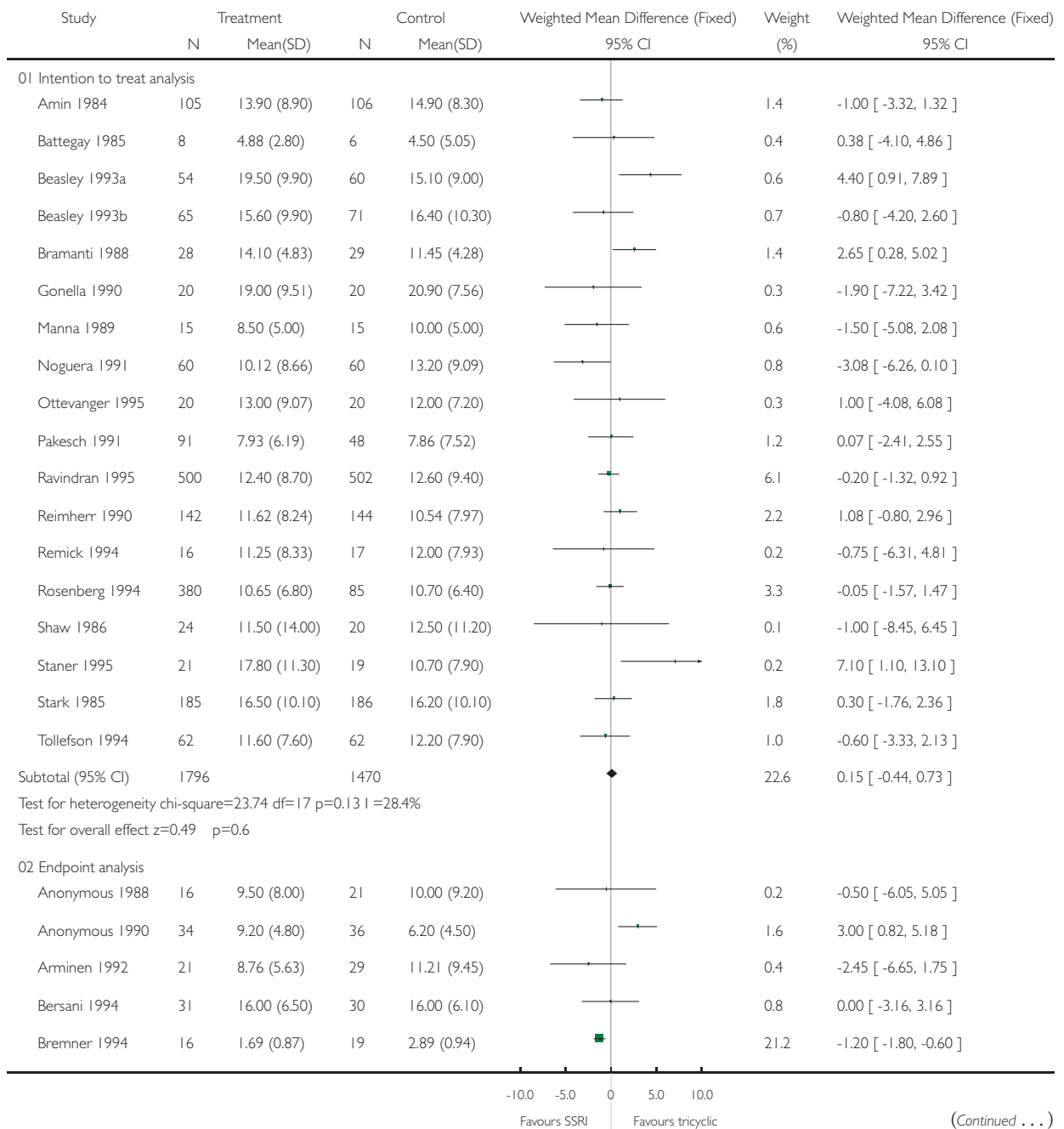


Analysis 05.01. Comparison 05 SSRIs v. Tricyclics, Outcome 01 Drug efficacy by trial design

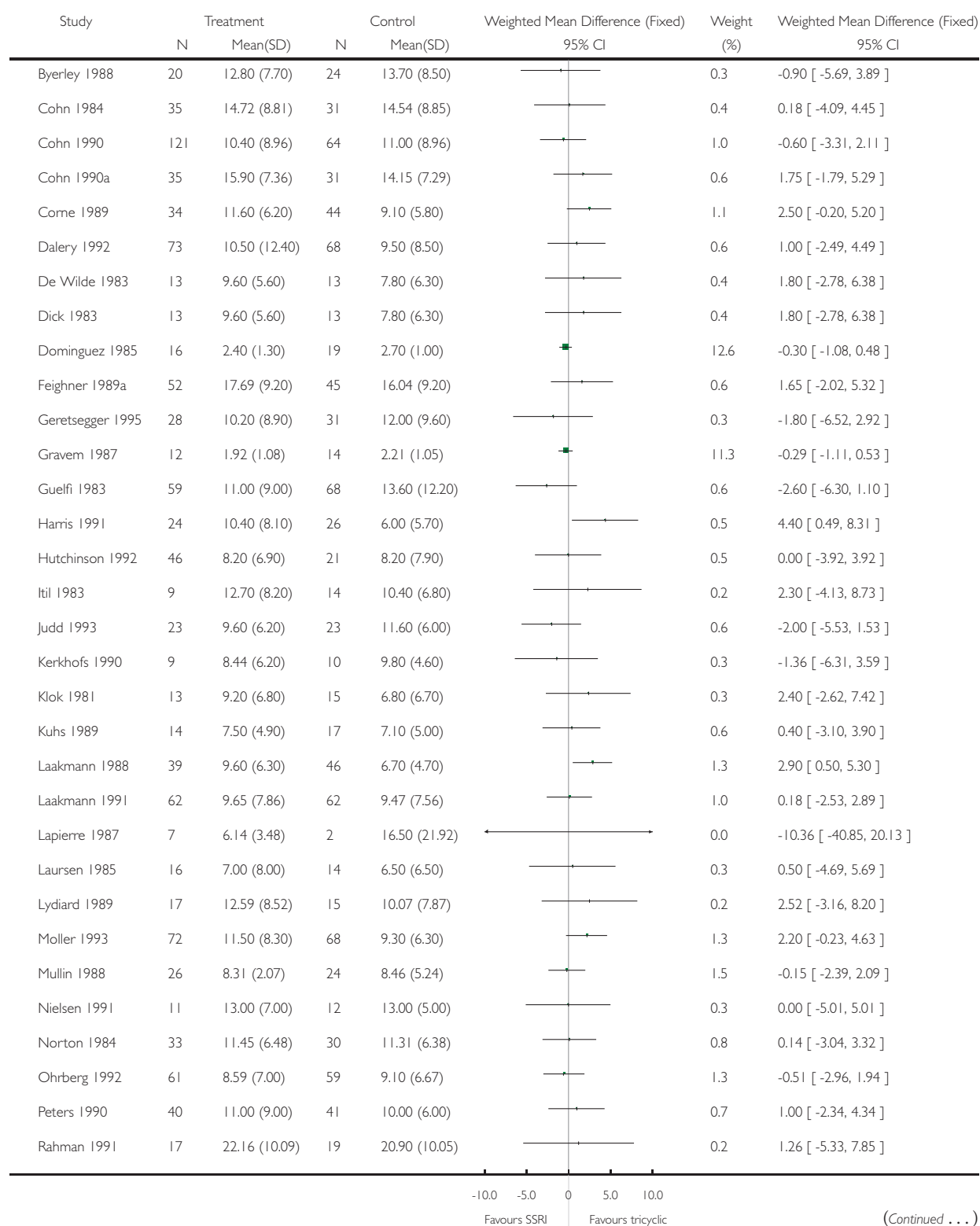
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Comparison: 05 SSRIs v. Tricyclics

Outcome: 01 Drug efficacy by trial design

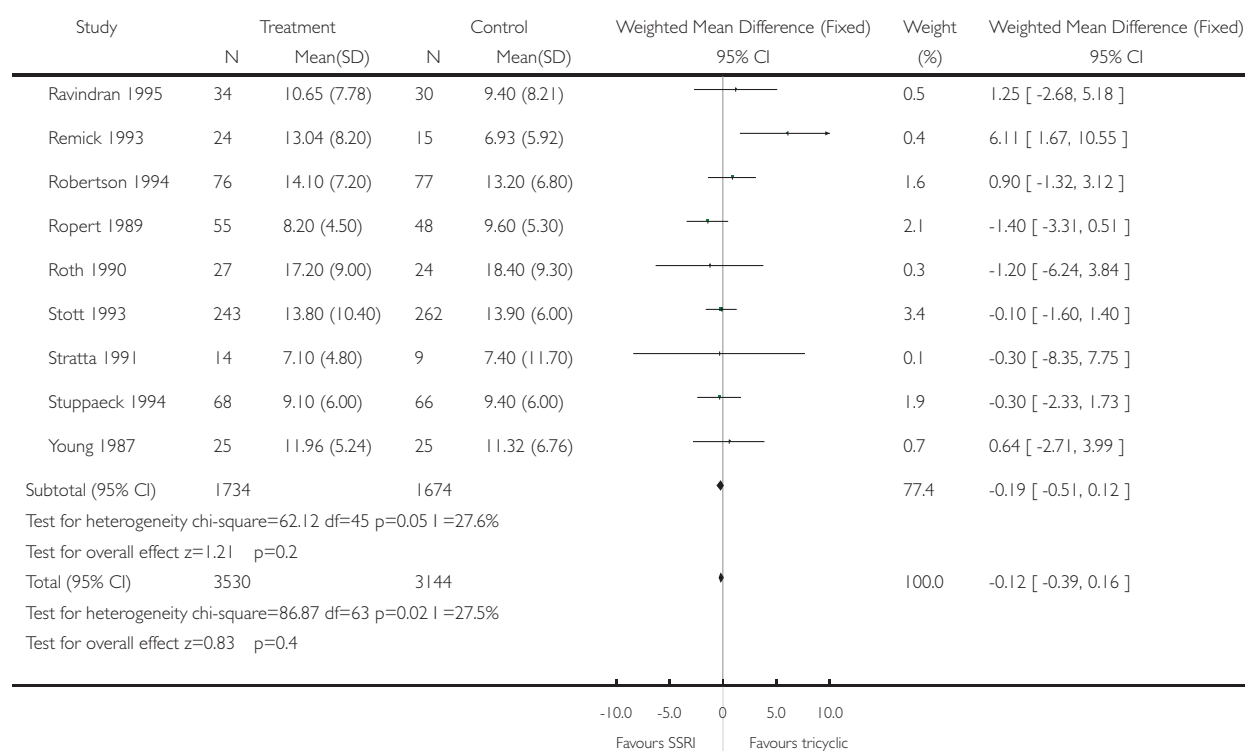


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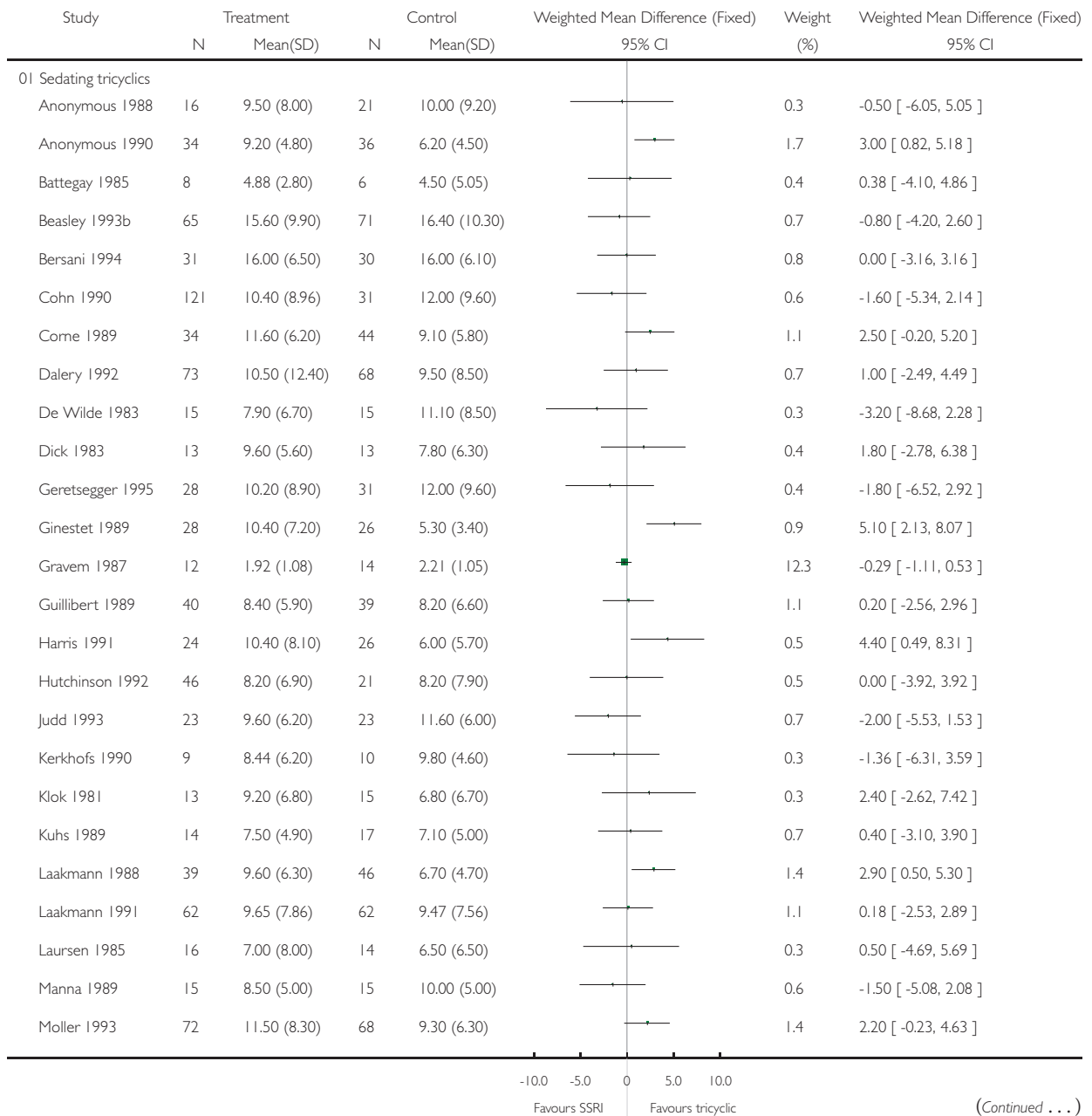


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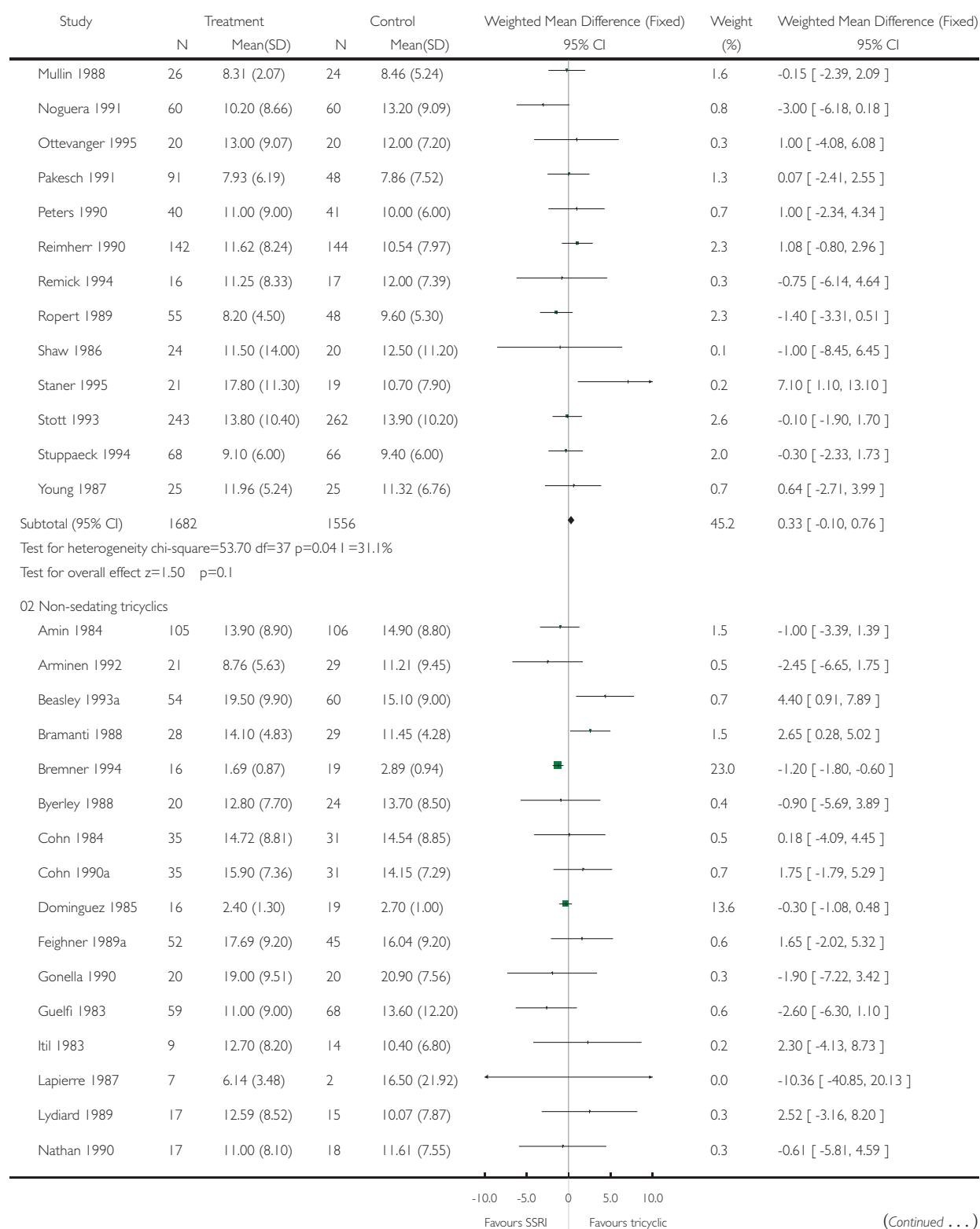
Review: Selective serotonin reuptake inhibitors (SSRIs) versus other antidepressants for depression

Comparison: 06 SSRIs v. sedating/non-sedating tricyclic antidepressants

Outcome: 01 SSRIs v. TCAs group in sedating v. non-sedating categories



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